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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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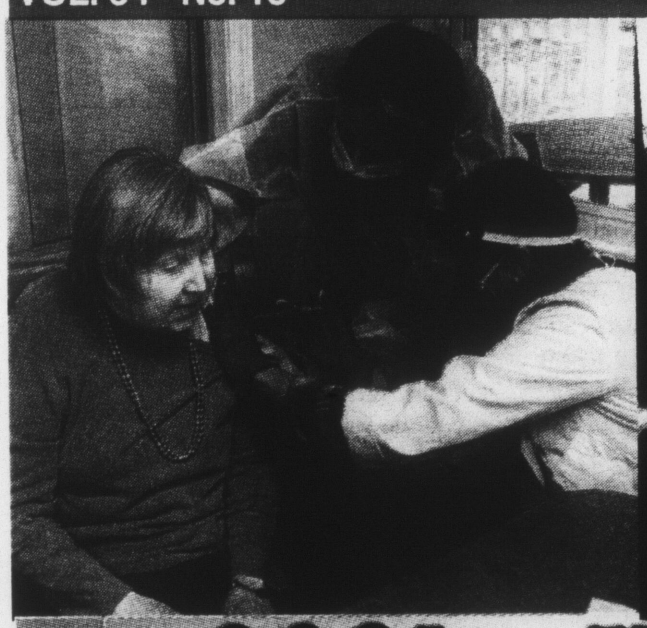
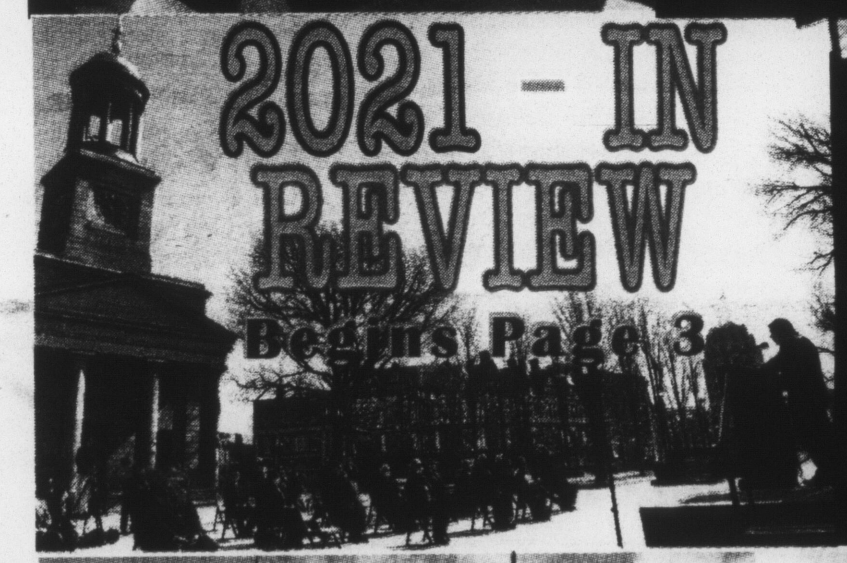




★ City Salutes Seven Generals ★

Over 2,000 Attend Generals Bridge, Park Dedication

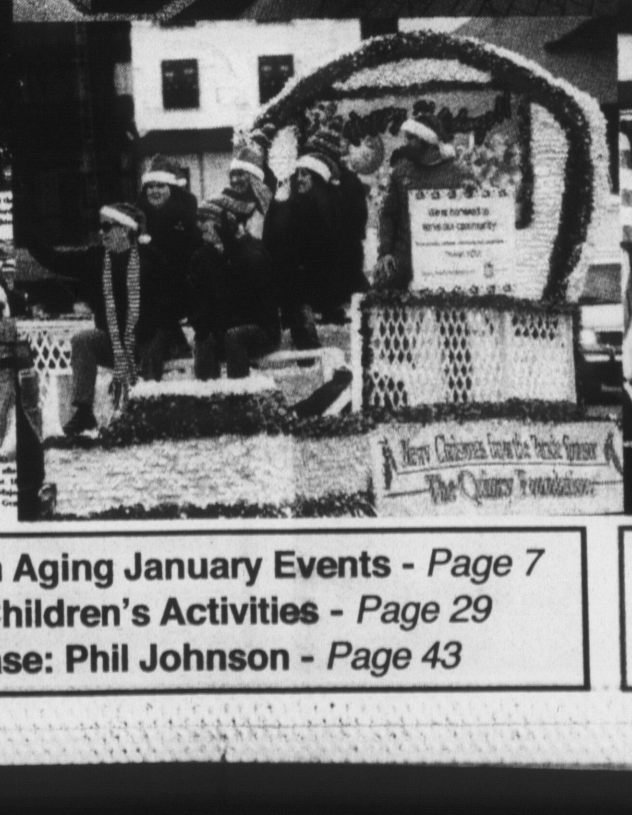
GENERAL JAMES McCONVILLE (second from left) with his sons Ryan (left) and Michael (right) and his father Navy veteran Joseph McConville after a statue in the general's honor was unveiled at a ceremony Sept. 11. General McConville was one of seven generals with local ties who were honored with bronze statues and busts in the newly created Generals Park in Quincy Center.

Quincy Sun Photos/Robert Bosworth

GENERAL JOSEPH DUNFORD, Jr. with family after a statue in his honor was unveiled at the General Bridge and Park dedication Sept. 11. From left to right: son Patrick, General Dunford, the general's wife Ellyn, his father Joseph Dunford, Sr., a Marine Corps veteran and daughter Kathleen.

GENERAL GORDON SULLIVAN (right) pumps his fist in celebration after he and his wife, Lori Boyle (left) unveiled his bronze statue at Generals Park Sept. 11.

WELL-WISHERS GATHER around Major General Francis M. McGinn and his family after a bust in his honor (right) was unveiled at the Generals Bridge and Park dedication Sept. 11. Bronze busts of these other generals with ties to Quincy were also dedicated to the late Major General Stephen T. Kreh, Jr., the late Major General Charles W. Sweeney and Brigadier General Ronald T. Rand. More coverage begins on Page 13.



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The Quincy Sun.com

Maintaining Fast-Twitch Muscle Fibers

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

We are born with a certain number of muscle cells, also known as muscle fibers. Research indicates that we are unable to increase our muscle fiber number, but that with systematic strength training we can increase our muscle fiber size. That is, regular resistance exercise can result in muscle fiber enlargement which is referred to as muscle hypertrophy.

This is an extremely important fact for middle-aged and older adults, because (unless we do resistance exercise) we lose between 5 and 10 pounds of valuable muscle tissue every decade. This progressive muscle loss is called sarcopenia and is always accompanied by bone loss known as osteopenia.

More specifically, our muscles are composed of two types of muscle fibers, namely slow-twitch fibers and fast-twitch fibers. Slow-twitch fibers are smaller in size, and provide the primary force for lower intensity activities such as walking and jogging. Fast-twitch fibers are larger in size, and provide the primary force for higher intensity activities such as sprinting and strength training.

Muscle loss associated with the aging process selectively affects the fast-twitch muscle fibers which experience significant shrinkage during the aging process. Consequently, our ability to perform higher intensity (strength/power) activities declines at a faster rate than our ability to perform lower intensity (endurance) activities.

To best maintain our fast-twitch muscle fiber size and physical power, we must perform activities that stimulate these muscle fibers. The best means for effectively stimulating our fast-twitch muscle fibers are exercises that require relatively high resistance and activities that require relatively fast movements. An example of training with a relatively high resistance would be a strength exercise that you can perform between 8 and 12 repetitions. An example of a relatively fast movement activity would be a 100-yard sprint.

Strength Exercises

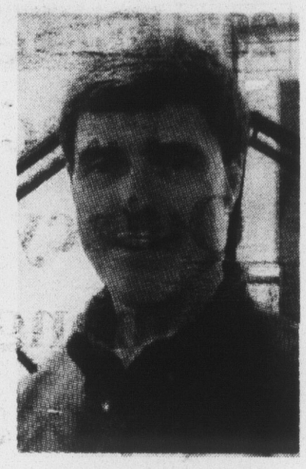
I recommend a progressive approach to higher resistance strength training. The first step is to select about 10 standard strength training exercises that cumulatively engage most of your major muscle groups. My preferred resistance machine exercises are: (1) leg extensions (front thighs); (2) leg curls (rear thighs); (3) leg presses (front thighs, rear thighs, buttocks); (4) chest presses (chest and rear arms); (5) lat pull downs (upper back and front arms); (6) shoulder presses (shoulders and rear arms); (7) biceps curls (front arms); (8) triceps extensions (rear arms); (9) trunk extensions (lower back); (10) trunk flexions (abdominals); and (11) trunk rotations (sides). My preferred free-weight/bodyweight exercises are: (1) dumbbell squats (front thighs, rear thighs, buttocks); (2) dumbbell step-ups (front thighs, rear thighs, buttocks); (3) dumbbell or barbell bench presses (chest and rear arms); (4) dumbbell bench rows (upper back and front arms); (5) dumbbell shoulder presses (shoulders and rear arms); (6) dumbbell triceps extensions (rear arms); (7) dumbbell biceps curls (front arms); (8) body weight trunk extensions (lower back); (9) body weight trunk curls (abdominals).

Depending upon your time availability, train 2 or 3 nonconsecutive days each week. I suggest starting with 1 or 2 sets of each resistance exercise, using weight loads that you can properly perform for about 16 repetitions (approximately 60% of maximum resistance), increasing the resistance as necessary. After 3 weeks of training, switch to slightly heavier weight loads that you can properly perform for about 12 repetitions (approximately 70% of maximum resistance), increasing the resistance as necessary. After 3 more weeks, again switch to slightly heavier weight loads that you can properly perform for about 8 repetitions (approximately 80% of maximum resistance), increasing the resistance as necessary. After this, I recommend training with resistances that you enable you perform your preferred number of repetitions within the 8 to 16 repetition range. Moderate movement speed and full movement range are key form factors for training safely and effectively.

Speed Activities

I suggest a similar progressive approach for performing movement activities that focus on movement speed. You could do your speed development activities 2 or 3 days a week. I do my strength and speed activities on the same days, but you may prefer to perform strength training sessions and speed training sessions on different days. For example, you could begin with a 10-minute interval training protocol on a stationary cycle. After a 5-minute warm-up, do 30 seconds of relatively fast pedaling with a moderate resistance (e.g. 70 RPMs at 100 watts) alternated with 90 seconds of relatively slow pedaling with a low resistance (e.g. 50 RPMs at 50 watts). Repeat for 5 intervals, then do a 5-minute cool-down. After 3 weeks of training, progress to 30 seconds of more challenging cycling (e.g. 75 RPMs at 125 watts) alternated with 90 seconds of less challenging cycling (e.g., 50 RPMs at 50 watts). After 3 more weeks, perform 30 seconds of higher effort cycling (e.g. 80 RPMs at 150 watts) alternated with 90 seconds of less challenging cycling (e.g. 50 RPMs at 50 watts).

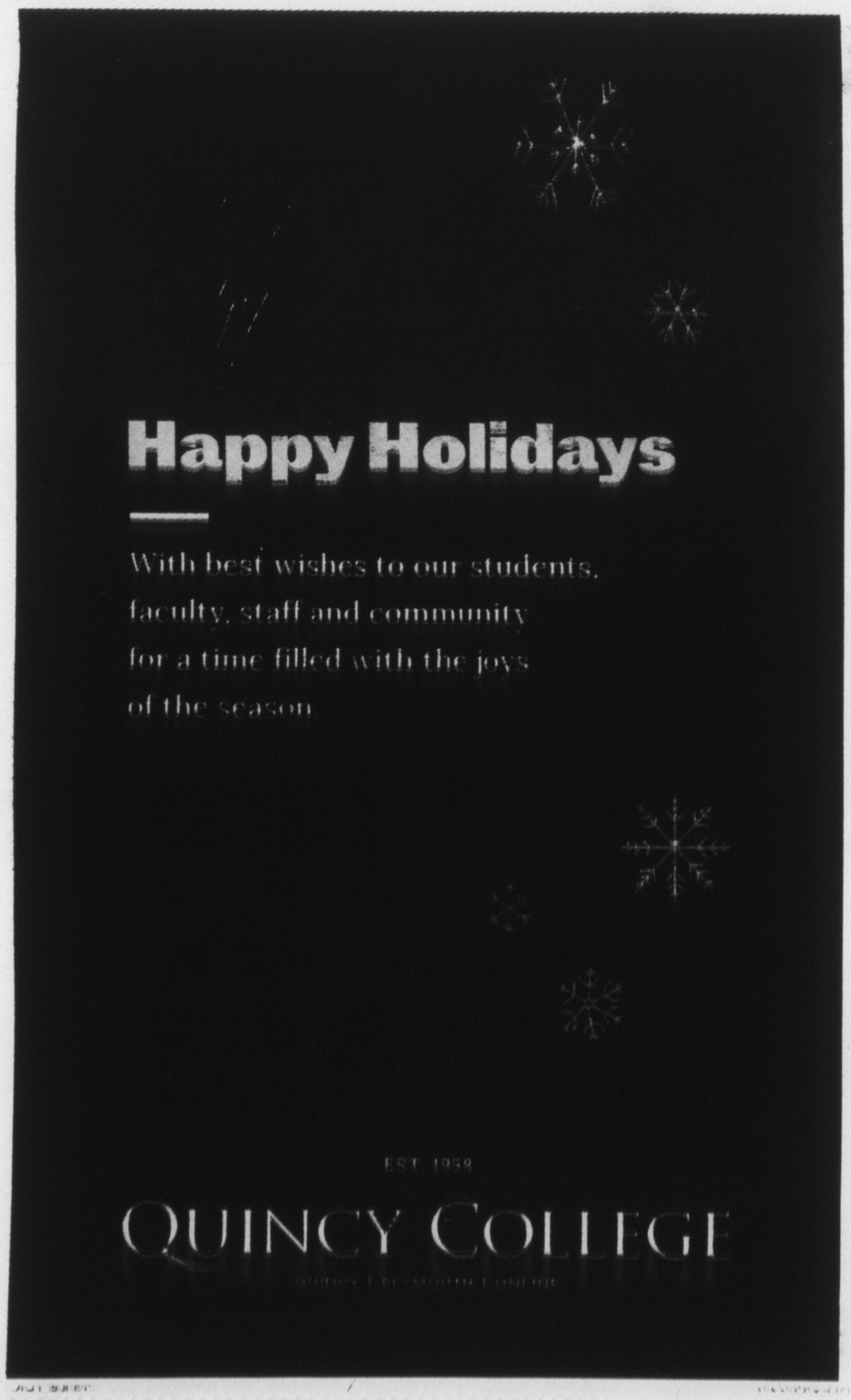
Of course, you could use a similar approach with other activities, such as faster and slower intervals on a rowing machine or stair climbing apparatus. If you chose to use a treadmill, I recommend alternating walking/jogging intervals with moderate-speed running (rather than fast-speed sprints) for safety purposes.



WAYNE WESTCOTT

Combining higher resistance strength training and faster movement activities is a productive approach for maintaining your fast-twitch muscle fibers. It is also an effective means for improving your muscular strength, performance power, and body composition.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne has been a strength training consultant for all 5 United States military forces and for 6 NFL football teams.



Guidelines For Houghs Neck Garden Club Student Award

The Houghs Neck Garden Club (HNGC) is granting $500 awards to two graduating high school seniors who have been residents of Quincy for the last two years and who have been accepted to a school of higher learning.

Additionally, applicants must plan to concentrate in one of the following the fields: conservation, horticulture, botany, oceanography, forestry, city planning, landscape design, land management, environmental studies, or an allied field.

Applications are available from local high school counselors or by contacting a member of the HNGC. Completed, signed applications must be delivered to Carol Johnston, 46 Bay View Ave., Quincy, MA, 02169. The deadline for submitting applications is April 15, 2022.

Each application must include a written statement of the student's educational goals within the environmental studies area (see above). Students should not write their names on the essay page. Upon timely receipt of completed applications, including the cover page and the essay, the HNGC Student Awards Committee will review and consider materials.

Student(s) granted an award will be notified by phone or mail by April 28, 2022, and the award itself will be presented on receipt by Carol Johnston of a photocopy of a paid first semester/term tuition bill.

The Quincy Point Congregational Church, U.C.C. would like to thank all who helped us achieve remarkable results for our recent St. Nicholas Fair and Concert.

We are grateful to the sewers and singers, bakers and makers.

We appreciate the outstanding efforts of all concert performers: Cross Roads Band, Point Trio, South Shore Children's Chorus, South Shore Piano School

We would like to acknowledge wonderful gifts from the business community: Cabot Creamery Cooperative, Coop's Bar and Grille, Fratelli's Bakery, Jersey Mike's Subs, Neon Nails, O'Lindy's Bowling, REI Roofing and Siding, Roxie's, Shaw's, Star Market, Stop and Shop, Thai Noodle Bar, Tobias Hearing

Through spirited support, robust sales and generous gifts, we raised $ 9,000 to be divided evenly among three Quincy Public School initiatives: classroom instruments for Clifford Marshall Elementary and Point Webster Middle School; support for the McKinney-Vento Program assisting unaccompanied minors.

DEC 29 2021

2021 The Year In Review

Pandemic, Quincy College Among Year's Top Local Stories

By SCOTT JACKSON

COVID-19, the top story of 2020, kept making headlines in 2021 as the pandemic entered its second year.

Quincy and the rest of Massachusetts were dealing with a surge of new infections at the beginning of 2021 before cases and hospitalizations fell later in the spring as more and more residents got vaccinated. The decrease in cases and availability of vaccines led state officials to lift all restrictions in May and allowed schools to return to full in-person learning this fall, with students and staff required to mask-up into at least the middle of next month.

Quincy College was back in the headlines this year as well. Mayor Thomas Koch called for a renewed commitment to and investment in the city-owned school in March and later in the spring asked the City Council to borrow funds to purchase the Munroe Building in Quincy Center, where he sought to construct a new building to house the school and municipal offices. That plan was nixed in May, however, amid opposition from councillors; Koch would later buy the building using funds from the federal American Rescue Plan Act and said a public process would determine the site's future use.

The mayor in June also unveiled plans for three new buildings – containing nearly 600 residential units, restaurant space and a performing arts center – that he said would transform the section of Quincy Center between Hancock Street and Burgin Parkway. Meanwhile, FoxRock Properties in September unveiled new plans to redevelop the Ross Lot, but later announced it would revise those plans to remove the residential component.

The last 12 months also saw new members appointed and elected to the City Council and School Committee; the dedication of the new Generals Park and Bridge in Quincy; the demolition of the former Quincy Medical Center; a student walk out to protest racism and hate speech; and the death of former Mayor Francis X. McCauley.

Here is a month-by-month look back at the people and events that made 2021 a year that will not be soon forgotten.

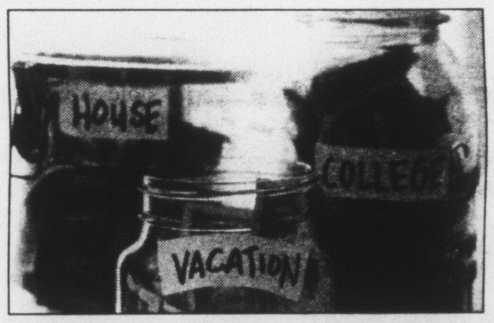
January

Quincy was in the midst of new surge in coronavirus cases following the holiday season, Health Commissioner Ruth Jones told city councillors. Quincy was seeing 60 to 65 new coronavirus cases a day in early January, Jones said, compared to the 40 to 45 new cases a day the city saw during the spring of 2020 when the virus first hit.

Jones said there was light at the end of the tunnel, provided residents adhered to state and federal guidelines to stop the spread of the virus. She called vaccines, the first of which had been authorized in late 2020, the best shot at getting back to normal.

Cont'd On Page 9

MORE THAN 50 residents – including Phyllis Sullivan shown here – and associates at The Atrium at Faxon Woods in Quincy received their first dose of the COVID-19 vaccine Jan. 11 administered in partnership with CVS Health. Spirits were high as residents and associates celebrated their hope for the future. COVID-19 continued to dominate local, regional and world news as the pandemic neared the two-year mark in early 2022. As of Dec. 23, 86,553 or 85 percent of Quincy residents had received at least one dose of the COVID-19 vaccine and 77,150 or 76 percent were fully vaccinated according to the state Department of Public Health. *Photo Courtesy Carol Arnold*



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Closing Time 2 A.M. On New Year's Eve

By SCOTT JACKSON

Revelers looking to celebrate the end of 2021 and beginning of 2022 will have an extra hour to do so at Quincy's bars and restaurants.

The Board of License Commissioners on Dec. 21 voted to extend closing time from 1 a.m. to 2 a.m. on New Year's Eve. Only bars and restaurants allowed to stay open until 1 a.m. will be able to remain open the extra hour.

The extended closing time means last call will be at 1:30 a.m. that evening, City Clerk Nicole Crispo said; no new patrons are allowed into establishments after that point. All patrons must be off the premises by 2:30 a.m.

The board has traditionally extended closing time on New Year's Eve by one hour.

At the same meeting, Crispo also announced the city's ordinance banning most single-use plastic bags is slated to come into effect on April 1, 2022. City councillors in December 2019 voted to ban most single-use plastic bags, effective in March 2020, but the prohibition has been suspended amid the pandemic.

Reusable bags – defined as machine-washable bags made from durable materials like cotton, polyester or polypropylene with a minimum lifetime of 125 uses and capable of carrying at least 22 pounds – are exempt from the ban, as are recyclable paper bags, provided they are 100 percent recyclable and made from at least 40 percent post-consumer recycled content. Such paper bags need be labelled as "recyclable" and "made from 40 percent post-consumer recycled content."

Certain plastic bags are exempt from the ban as well, including bags used to carry produce, meat, seafood or other food items to the point of the sale inside a store or to prevent the items inside from coming into contact with other food. Newspaper bags and laundry and dry-cleaning bags are also be exempt.

In other business on Dec. 21, the Board of License Commissioners:

Granted a common victualler license to Chaji Creamery for the premises at 293 Newport Ave. Alvin Day said the café would offer "Asian-inspired soft-serve ice creams," with flavors like matcha and taro, plus different kinds of coffee and espresso drinks. The café will be open from noon to 10 p.m. and will only offer takeout service.

Continued until Jan. 11 a hearing on the request of Shi Shi Boba for a common victualler license for the premises at 1456 Hancock St. The proposed store would offer bubble tea, coffee and sandwiches. Tam Duc Phan said he also plans to have approximately ten arcade games in the rear section of the store – "The concept is very similar to Dave & Buster's, but in a smaller size," he said. The hearing was continued so board members could take a further look at plans for the arcade area.

Granted a lodging house license to 124 Merrymount Road LLC for the premises at that same address following a change of ownership.

Approved the request of The Clam Box, located at 789 Quincy Shore Dr., for the pledge of the restaurant's beer and wine license, stock/business assets and inventory to Rockland Trust. Attorney Joe Devlin said the operator of The Clam Box had purchased the property and the pledges were required as part of the financing agreement with Rockland Trust.

Indoor Masking Recommended Throughout MA

Gov. Charlie Baker recently announced additional measures – including an updated advisory urging all residents to mask up while indoors in public spaces and the activation of the National Guard – to address a recent rise in COVID-19 cases and to ensure acute care hospitals have sufficient capacity to care for both COVID and non-COVID patients.

The state's healthcare system is facing a critical staffing shortage which has contributed to the loss of approximately 500 medical/surgical and ICU hospital beds since the beginning of the year, state officials said on Dec. 21. Hospitals are also seeing a high level of patients, many due to non-COVID related reasons.

Residents are reminded that getting a vaccine and booster remain the best way to protect against serious illness or hospitalization from COVID. The Department of Public Health on Monday released updated COVID breakthrough data this week showing that 97 percent of COVID breakthrough cases in Massachusetts have not resulted in hospitalization or death. Unvaccinated individuals are five times more likely to contract COVID than fully vaccinated individuals and 31 times more likely to contract COVID than individuals who have a booster.

Massachusetts is a national leader in COVID-19 vaccinations, with over 94 percent of eligible residents having received at least one dose. Over 89 percent of the entire Massachusetts population has at least one dose, and 74 percent of the entire population is fully vaccinated. Massachusetts also leads the nation in vaccinating communities of color, with 68 percent of all black residents and 67 percent of all Hispanic residents receiving at least one dose, compared to 42.0 percent of black residents and 51.7 percent of Hispanic residents nationally.

The DPH released an updated mask advisory on Dec. 21, recommending that all individuals, regardless of vaccination status, wear a mask or face covering in indoor, public spaces.

The department particularly urges this recommendation for individuals who have a weakened immune system, or are at increased risk for severe disease because of age or an underlying medical condition, or if someone in their household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated.

All people in Massachusetts (regardless of vaccination status) are required to continue wearing face coverings in certain settings, including transportation and health care facilities. Please see here for a complete list of venues where face coverings have remained mandatory since May 29, 2021.

The Massachusetts Department of Elementary and Secondary Education's current mask requirement and policy on vaccination rate threshold issued on Sept. 27 is not impacted by this advisory.

In addition to the mask advisory, Baker on Dec. 21 said he would activate up to 500 members of the Massachusetts National Guard to address the non-clinical support needs of hospitals and transport systems. Up to 300 of these Guard members will begin training this week and will support 55 acute care hospitals, as well as 12 ambulance service providers across the state.

The DPH surveyed all hospitals and ambulance service providers, and in concert with the Massachusetts Health and Hospital Association, has identified five key roles that non-clinical Guard personnel can serve in support hospital operations for up to 90 days:

Non-emergency transport between facilities: driving ambulances used to transfer patients between two healthcare locations such as when patients are discharged from a hospital and transferred to a long term care facility.

Patient observers: providing continuous or frequent observation of a patient who is at risk for harm to themselves.

Security support: helping to maintain a safe workplace.

In-hospital transport: bringing patients via wheelchair or, if needed, stretcher, from their patient room to tests such as x-ray or CT scan, or from the emergency department to their inpatient floor.

Food service/tray delivery support: delivering patient meals to their rooms

Guard personnel will be deployed to the field beginning this week.

The DPH on Dec. 21 also released updated guidance to hospitals concerning nonessential, elective invasive procedures. To preserve health care personnel resources, effective this week, all hospitals are directed to postpone or cancel all nonessential elective procedures likely to result in inpatient admission in order to maintain and increase inpatient capacity.

Patients are reminded to still seek necessary care at their hospital or from their health care provider.

Moments in time

THE HISTORY CHANNEL

• On **Jan. 14, 1639**, in Hartford, Connecticut, the first constitution in the American colonies, the "Fundamental Orders," is adopted. The Fundamental Orders declared that "the foundation of authority is in the free consent of the people."

• On **Jan. 13, 1842**, a British army doctor reaches the British sentry post at Jalalabad, Afghanistan, the lone survivor of a 16,000-strong Anglo-Indian expeditionary force that was slaughtered in its retreat from Kabul. He told of a terrible massacre in which the Afghans killed 4,500 soldiers and 12,000 camp followers.

• On **Jan. 14, 1875**, Nobel Prize-winning physician Albert Schweitzer is born in Upper-Alsace, Germany. Schweitzer's philosophy revolved around what he called "reverence for life," the idea that all life must be respected and loved.

• On **Jan. 16, 1919**, the 18th Amendment to the U.S. Constitution, prohibiting the "manufacture, sale, or transportation of intoxicating liquors for beverage purposes," is ratified and becomes law. Large-scale distribution of alcoholic beverages and organized crime flourished anyway.

• On **Jan. 11, 1937**, nearly two weeks into a sit-down strike by General Motors auto workers at the Fisher Body Plant in Flint, Michigan, a riot breaks out when police try to prevent food deliveries to the strikers from supporters on the outside. The melee was later nicknamed the "Battle of the Running Bulls."

• On **Jan. 10, 1946**, the first General Assembly of the United Nations, comprising 51 nations, convenes in London. Then, on Jan. 24, the General Assembly adopted its first resolution, a measure calling for the peaceful uses of atomic energy and the elimination of atomic and other weapons of mass destruction.

• On **Jan. 12, 1981**, prime-time ABC soap opera "Dynasty" debuts. The show's elaborately melodramatic plot lines resembled those of the daytime soap operas (kidnappings, amnesia, characters returning from the dead), and its style fit perfectly with the over-the-top excesses of the 1980s.

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Black-eyed peas Planted in spring, these plants require a sunny location that is sheltered from strong winds. If the soil is rich and well-drained, fertilizing will not be needed. Heat and dry weather are tolerated very well; soggy conditions and poor airflow between plants will cause fungus and rot. A layer of mulch around young plants will inhibit weeds. Some varieties grow as bushes; a vining type will need stakes or a trellis. When the plants are about five inches tall, gently train them on to the supports. - *Brenda Weaver*

Source: gardenerspath.com

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Americanisms

"What the new year brings to you will depend a great deal on what you bring to the new year."
— *Vern McLellan*

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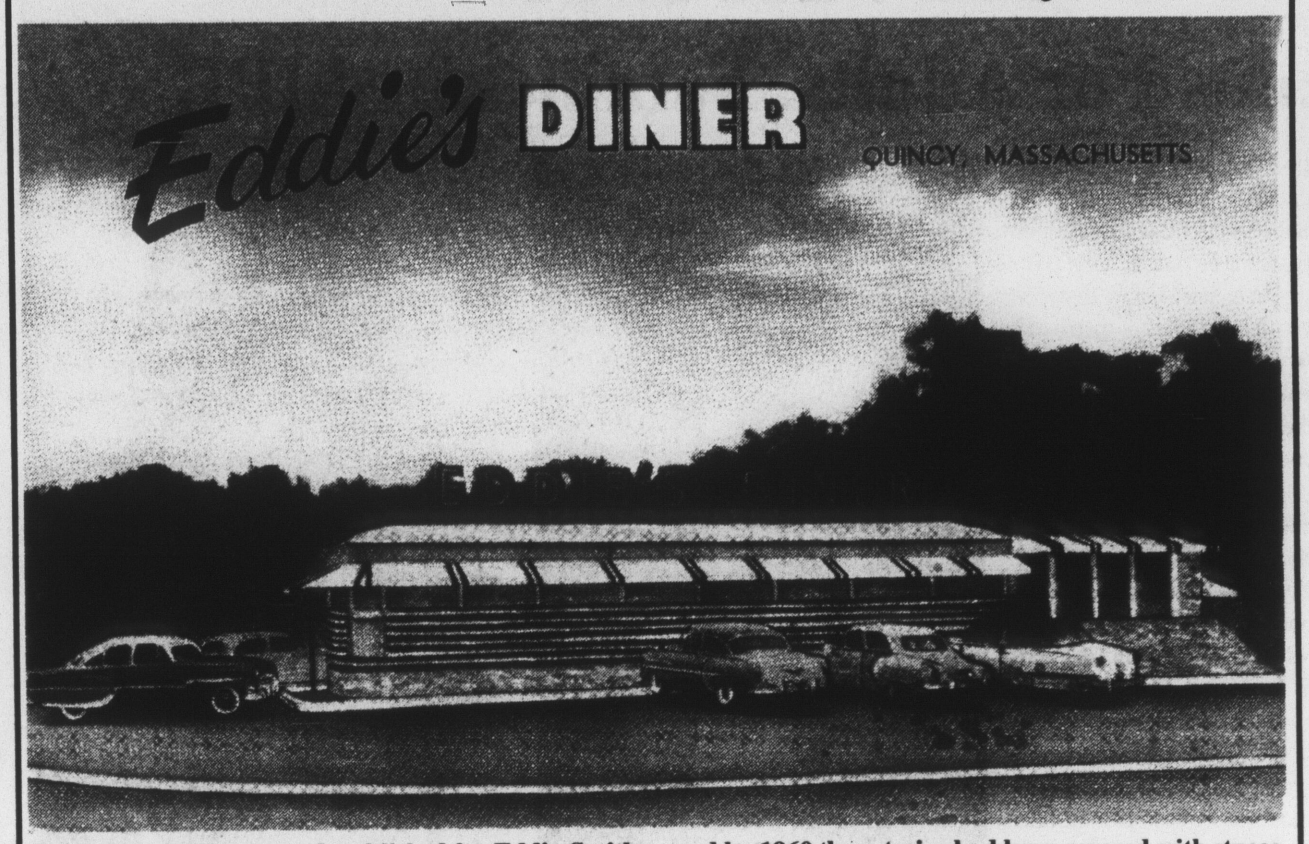
DEC 29 2021

Scenes From Yesterday



THIS IS A 1951 postcard published by Eddie Smith, owner of the old Eddie's Diner that was located at 382 Quincy Ave. in Quincy Point. Smith and his partner, Edgar Eaton, opened the gleaming red-stripped stainless steel diner in 1942. It was situated next to the Southern Artery at the intersection known then as the "Gateway to Cape Cod." The 25-ton, 54-foot-long diner had been prefabricated at the Jerry O'Mahoney Dining Company's factory in Elizabeth, N.J. and it was shipped on a flatbed truck to Quincy. It came complete with all the interior fixtures including stoves, counters, stools, booths and a jukebox. Later owners changed the diner and by 1960 the exterior had been covered with stucco and wood and the 24-room Eddie's Motor Inn was built next door. Aside from the changes, for over 50 years Eddie's was one of Quincy's most treasured eating spots, and it was one of the Boston area's last 24-hour diners when a disastrous fire closed it in 1993. In the 1950s, there were eight diners in Quincy: The Mayflower on Southern Artery, Devoes, The Wheelhouse and Glovers in North Quincy, United in Wollaston, Pilgrim on Quincy Avenue, The Capeway on Washington Street and Russell's on Adams Street.

From the Tom Galvin Postcard Collection

Quincy College To Launch ESOL Program In Quincy, Plymouth

A $277,623 grant will enable Quincy College to launch a major curriculum initiative early next year, offering English to Speakers of Other Languages (ESOL) and High School Equivalency Test (HISET) program free of charge on its campuses in Quincy and Plymouth as well as online.

The comprehensive grant from the Mass. Department of Elementary and Secondary Education and Adult Community Learning Center (ACLS) is designed to benefit those who are underserved, unemployed/underemployed, and bilingual and are seeking to improve their English skills or receive a high school diploma. It covers the costs of books, course materials and technology, in addition to providing transportation assistance for those wishing to attend classes in person.

The curriculum offering includes two higher proficiency levels of ESOL (4-5 and 6-7) as well as two High School Equivalency Test (HiSET) levels (5-8 and 8-12), creating a continuum of services as a pathway for students who want to enter certificate or Associate's degree programs at Quincy College.

"It's a privilege to open our campuses to serve those members of our community who wouldn't otherwise have access to these advanced levels of ESOL and HiSET instruction," said Dr. Richard DeCristofaro, president of Quincy College. "Whether in person or on line, in Quincy or in Plymouth, it's never been easier or more convenient to become more proficient in English, obtain a high school diploma, and establish a necessary foundation for personal and professional success."

Beginning in January and continuing through June, ESOL courses in Quincy will be offered Monday through Thursday mornings in Quincy, and Monday through Thursday evenings in Plymouth. On the Quincy campus, beginning in January, the College will offer a free 37-week HiSET program on Monday, Tuesday, Thursday, and Friday mornings.

"We're pleased to offer all ESOL and HiSET students full access to college services including tutoring, online programs and our library," said Kate Lopci, Quincy College's Associate Vice President of Workforce Development and Community Engagement.

For more information about the programs, contact Michael Hernon at mhernon@quincycollege.edu or call (617) 984-1756.

'Coffee With The Sheriff' Series Starts In January

Norfolk County Sheriff Patrick McDermott announces that he will kick off a series of "Coffee with the Sheriff" visits at local diners to give Norfolk County residents a chance to meet with him one-on-one and discuss issues important to them.

"The Sheriff's Office serves the residents of Norfolk County. I am committed to ensuring that everyone feels safe and supported, which is why I wanted to meet people in their communities to talk about their priorities for public safety," said Sheriff McDermott. "This is also a great opportunity to showcase some of the amazing restaurants across the county."

The Coffee with the Sheriff events will be an ongoing series that will take place at local diners and restaurants across Norfolk County, starting with Pam's Diner in Bellingham on Jan. 3rd from 8 - 9 a.m. The January schedule includes:

- Jan. 3: Pam's Diner (93 Mechanic St., Bellingham) from 8 - 9 a.m.
- Jan. 7: Kristin's Breakfast (349 Washington St., Braintree) from 8 - 9 a.m.
- Jan. 10: Martin's Coffee Shop (35 Harvard St., Brookline) from 8 - 9 a.m.
- Jan. 11: Kelly's Place (110 Washington St., Canton) from 8 - 9 a.m.
- Jan. 14: Big Bear (3 Eastern Ave., Dedham) from 8 - 9 a.m.
- Jan. 20: King St. Café (390 King St., Franklin) from 8 - 9 a.m.
- Jan. 21: Connection Café (40 Union St., Holbrook) from 8 - 9 a.m.
- Jan. 24: The Village Griddle (14 N. Meadows Rd., Medfield) from 8 - 9 a.m.
- Jan. 25: Country Kitchen Donuts (1140 Main St., Millis) from 8 - 9 a.m.
- Jan. 27: Cilla's Coffee House (5 Liberty Ln., Norfolk) from 8 - 9 a.m.
- Jan. 28: Norwood – TBD

A full schedule of locations, dates, and times can be found on the Norfolk County Sheriff's Office website at www.NorfolkSheriff.com/Coffee.

Quincy's Yesterdays

This Week
1987
34 Years Ago

Interim Sludge Facility At Quincy Shipyard

Mayor Francis X. McCauley announced that the city of Quincy had entered into an agreement with the Mass. Water Resources Authority for an interim sludge facility at the Quincy Shipyard at least through 1995.

"We pressed the court case as far as we could," said McCauley, referring to the city's efforts against the purchase of the shipyard by the M.W.R.A.

The agreement was jointly announced by M.W.R.A. Executive Director Paul Levy, Mayor McCauley, DPW Commissioner Paul Anderson and consultant David Stanley.

McCauley and Levy said the agreement would accelerate the Boston Harbor cleanup, provide the city with tax revenue as well as eliminate planned sludge processing activities at the MWRA Nut Island Pollution Control Facility in Houghs Neck.

OVER 1,200 TOUR HISTORIC SITES FOR 'HOLIDAYS IN QUINCY'

Over 1,200 visitors toured Quincy's historical sites during this year's "Holidays in Quincy" festival.

This bi-annual event is sponsored by the Quincy Historical Society, the Society for the Preservation of New England Antiquities, United First Parish Church and the National Park Service. The sites decorated for the holidays included the Adams Academy Building, the Church of the Presidents, the Adams Mansion and the Josiah Quincy House. Involved were the Garden Clubs of Squantum, Wollaston and Germantown.

QUINCYISMS

The Quincy Sun noted Thursday, Dec. 31 was the last day to submit nominations for the Quincy Sun Citizen of the Year 1987... **P.F.C George Kilroy**, son of George Kilroy of 34 Hollis Ave, and Mary F. Kilroy of 42 Freeman St., has completed One Station Unit Training (O.S.U.T.) at the US Army Infantry School, Fort Benning, GA... Quincy Typewriter Service, 5 Maple St., Quincy Center, was offering the Smith Corona P.W.P. (Personal Word Processor) for $599... **Bill Spencer**, president of the AARP, City of Presidents Chapter, appointed **Ernest Aristide** program chairman and director of tours for the organization... **Beverly F. Herman** of Wollaston recently graduated from the Quincy Junior College Practical Nursing Program. Mrs. Herman is married to Edward R. Herman. The couple has four children... Residents of Eventide Home donated over $300 to the Salvation Army Fund as their Christmas project this season... The Quincy Chapter, AARP, was planning a meeting for early January at Pagnano Towers, 109 Curtis Ave. Guest speaker **Arthur Cutler** will speak on the "55 Alive" Program... Seven Quincy residents received special award pins for over 1,000 hours of volunteer service at Quincy Hospital. They were **Ruth Aleksun**, **Lucy Poreca**, **Genevieve Bresnahan**, **Lauretta Canfield**, **Florence Forni**, **Louise Power** and **Terry Skahan**... **John P. (Jake) Comer** was serving a one-year term as National Commander of the American Legion... The Quincy High School Presidents Varsity Cheerleaders placed second in the Regional Massachusetts Seat Belt Coalition/SADD Cheerleading Competition... **Keith Smith** of North Quincy is one of the top scorers for the UMass-Boston hockey team. Smith scored five goals in the team's last two games... The Quincy High girls' basketball team defeated Somerville High to even the team's record at 2-2. In an earlier loss to Everett High, high scorers included **Gayle Morrell**, 12 points; her twin sister **Patti** had eight points... **Bob Seamans** of Quincy ran 59 miles around the Boston Public Garden to raise money for the homeless. Bob ran the 59 miles in more than eight hours... Three new members of the Quincy City Council will be sworn in when the Council organizes in early January. They include **Tim Cahill**, councillor at-large, **Larry Chretien**, Ward Three and **Charles (Chuck) Phelan**, Ward Five Councillor... Agnitti Insurance Agency was asking, "Let us give you a competitive quote on your auto, homeowners, business, life and health insurance"... "It's Simply Italian and Then Some," a book featuring the recipes of **Marie J. D'Olimpio**, was on sale in Quincy restaurants and businesses. Price $5.95.

Arts & Entertainment

January Programs For Adults, Families At MPL

By JEAN HLADY
Milton Public Library

In the month of January, the Milton Public Library has some fun and interesting events for adults and families to consider attending. Some are only virtual via Zoom but several are also now being held in person or as a hybrid event as well so that participants can decide how they would like to attend – in person or online.

If you check the events list at www.miltonlibrary.org, you can see all the details about each program when you go there to sign up.

The first presentation will be via Zoom on Tuesday, Jan, 4, starting at 7 p.m. and it is called "Armchair Travel: A Year in Morocco" with world traveller Barry Pell. The speaker lived one year teaching English in Casablanca and traveling throughout Morocco.

In this online presentation he will take you on a journey through the country's walled cities and their ancient markets, across the rugged Atlas Mountains with traditional Berber villages, and into the desolate and dune-covered Sahara Desert. Join us to see his beautiful photos of the country and its people. Advance registration is required at www.miltonlibrary.org to attend and to receive the Zoom link.

The Library Knitting Group will meet on Thursday, Jan. 6, at 7 p.m. and on Saturday, Jan, 22, at 10 a.m., both in the lower level Conference Room. If you would like to get on the organizer's list to receive email updates about this enjoyable get together where fiber artists are invited to share their work and get advice, email librarian Jean Hlady at jhlady@ocln.org. If you love to knit, we encourage you to join us as this drop-in will continue through the spring twice a month.

Also starting on Thursday, Jan 6, the MPL Walking Club will meet at 12 noon in the parking lot – weather permitting – and this fun activity will continue each Thursday through the month if possible (additional dates are: Jan. 13, Jan. 20 and Jan. 27). Advance registration is required at our website to participate, and this program is part of "Milton Moves" which promotes fitness, wellness and healthy eating. Please come join us for some winter exercise!

The Celebrity Book Club with Sally Lawler and Sara Truog will meet again on Thursday, Jan. 13, starting at 7 p.m. live and in person in the Keys Community Room. Read what the celebrities are reading! This is a fun, relaxed discussion of books recommended by popular celebrities.

The book to be read in advance is: "French Exit" by Patrick DeWitt, recommended by Michelle Pfeiffer. Registration will open on Dec. 30th and is required to attend. Call the Reference Dept. at (617) 898-4964 to place a reserve on the book.

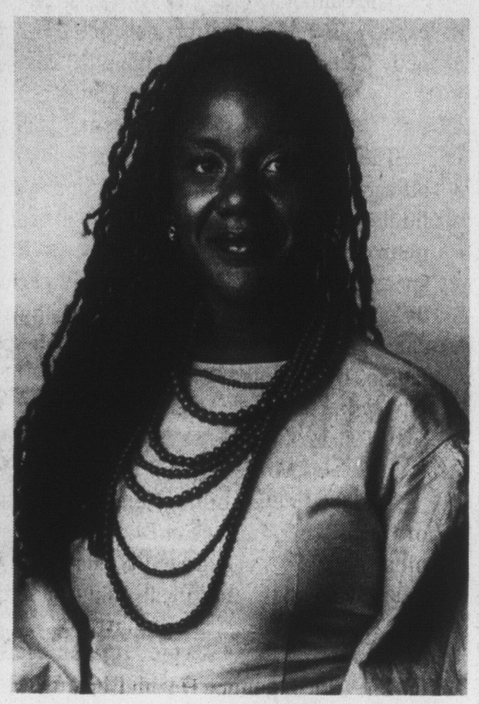
On Saturday, Jan. 15, at 2 p.m., registered dietician and nutrition counselor Jessica Roy of the Waverly Oaks Athletic Club will speak via Zoom about nutrition facts and fiction in a talk called "Nutrition Myths: Separating the Headlines from the Science."

Have you heard that coconut oil is a superfood? Are eggs good or bad for you these days? And what's the deal with the detox diets?

Please join Ms. Roy online as she breaks down some of the most common clickbait nutrition myths. She'll explain the facts behind the headlines and in doing so, will help you make well informed decisions. Advance registration is required at our website and this event is part of our initiative called "Milton Moves" which promotes healthy eating, fitness and wellness.

On Wednesday, Jan. 19, at 7 p.m., author Dr. Regine Michelle Jean-Charles will speak in person in the Keys Community Room about her new book called: "Martin Luther King & the Trumpet of Conscience Today" (Orbis Books, c2021). You may attend this program in person or as an alternative, you may sign up to attend remotely via Zoom. The details for registration options will be at our events list at www.miltonlibrary.org.

This book examines three social justice movements: Black Lives Matter, Me Too, and prison abolition through the lens of King's 1967 "A Call to Conscience." Dr. Jean-Charles is Dean's Professor of Culture and Social Justice and Director of Africana Studies for the Dept. of Cultures, Societies and Global Studies at Northeastern University. Librarian Chris Callaghan will host this event and registration opens for it on Dec. 29th.



MILTON PUBLIC LIBRARY will host a series of programs for adults and families during January. On Saturday, Jan. 15, at 2 p.m. registered dietician and nutrition counselor Jessica Roy (left) of the Waverly Oaks Athletic Club will speak via Zoom about nutrition facts and fiction in a talk called "Nutrition Myths: Separating the Headlines from the Science." On Wednesday, Jan. 19, at 7 p.m., author Dr. Regine Michelle Jean-Charles (right) will speak in person in the Keys Community Room about her new book called: "Martin Luther King & the Trumpet of Conscience Today" (Orbis Books, c2021). *Photos Courtesy Milton Public Library*

The MPL Writer-in-Residence Joan F. Smith will give an open mic program with a literary chat on Wednesday, Jan. 26, from 6:30-8 p.m. Join Joan in person in the Keys Community Room (or alternatively via Zoom) as attendees will be given a writing prompt, the option to read their work (either the in-class exercise or something they have brought with them), and conclude with a Q&A.

Those interested in reading aloud can sign up for a 3-minute slot on a first-come first-served basis, but for more information please go to our events list at www.miltonlibrary.org We hope you will join us to meet this great local author and to gain some writing advice.

The event will also be offered via Zoom for those who would like a hybrid option and will be hosted by staff member Sara Truog.

Courageous Conversations Towards Racial Justice Milton-Mattapan launches Race Reels with Milton's award winning screenwriter and filmmaker Thato Mwosa on Thursday, Jan. 27, from 6:15-8:30 p.m., to view and discuss her film called "Memoir of a Black Girl." Come to the Keys Community Room in person to see this incredible movie which won the 2021 Best Feature Film at the Roxbury International Film Festival as it is a coming-of-age story of a Black high school student confronting the challenges of race, urban education and social/racial tensions that bring impact. Join us early for an introduction and then the screening will start at 6:30 p.m. A panel discussion will follow with Q&A at 7:45 p.m. with the filmmaker and some of the actors.

This will be a hybrid program, with a maximum of 40 in-person attendees, but with unlimited Zoom participants. Registration is required, and you will need to indicate which preference you have for attendance. Please join us for an enlightening film program.

On Saturday, Jan. 29, from 2 to 3:30 p.m., Milton Artist Annie LaVigne will teach a craft in person in our Keys Community Room in a program called: "Adult Felting Workshop: Make a Bird on a Wire." The materials to create this colorful and fun sculpture will be provided free of charge, but you must register in advance at our website to participate. This talented artist is great to work with, and she teaches at the Rhode Island School of Design. Annie has shown her own whimsical work in our Wotiz Gallery in the past and not only paints, but also creates beautiful soft sculpture. Her art depicts animals, people, objects, and more delightful subjects. She also works with animation and felt pieces, 2D artwork, and framed digital illustrations as well as some mixed media ones. She is the founder of Harriet and Mickey, Inc, a creative studio focused on storytelling through illustration, writing, and animation.

For all the details about this very enjoyable craft workshop suitable for adults and teens, please go to our website where you can also register. Please come and make a lovely sculpture with us in January.

All of these events are kindly sponsored by the Friends of the Milton Public Library and are free and open to all.

For more information about any of them, email Jean Hlady at jhlady@ocln.org or call her at the Reference desk at (617) 898-4964. The Milton Public Library is located at 476 Canton Ave. and to access our events list for registration, use this link: https://miltonlibrary.org/events/upcoming-events/.

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617-376-1441
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Public Access Channel 8	Government Access Channel 9
Thursday, December 30	**Thursday, December 30**
6:00pm: Bethany Congregational Church	6:00pm: At Your Library: January Happenings
7:00pm: On the Road with Jazzy Bill	7:00pm: State View: Representative Bruce Ayers
	7:30pm: TCPL Presents: Aging Strong
Friday, December 31	9:00pm: At the Kennedy Center: Fire Prevention
11:30am: AM Quincy: Quincy Fire Dept.	
6:00pm: New Year's Programming Begins	**Friday, December 31**
	10:00am: At the Kennedy Center: Fire Prevention
Saturday, January 1	6:30pm: FYI: QHD Seasonal Flu
New Year's Programming All Day	
	Saturday/Sunday, January 1/2
Sunday, January 2	9:30am: In the Know: Norfolk County Sheriff
11:30am: Good News	10:00am: At Your Library: January Happenings
1:00pm: The Call	10:30am: State View: Representative Bruce Ayers
	4:00pm: Board of License Commissioners 12/21
Monday, January 3	8:00pm: In Concert: Charles River Sinfonietta V
11:30am: LIVE: Currently in Quincy	
5:30pm: State View: Representaive Bruce Ayers	**Monday, January 3**
	9:00am: Nat'l Inst. on Aging: Go4Life Workout
Tuesday, January 4	12:30pm: Finding Strength & Balance w/Maggie
7:00-9:00am: LIVE: AM Quincy w/Joe Catalano	
7:00pm: AM Quincy: Mayor Thomas Koch	**Tuesday, January 4**
	8:00pm: Studio Sessions
Wednesday, January 5	
6:00pm: Good News	**Wednesday, January 5**
7:00pm: The Call	11:00am: TCPL Presents: Aging Strong
	6:30pm: FYI: QHD Seasonal Flu

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

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Council On Aging Events In January

By MARIE FERENT
Assistant Director
Quincy Elder Services

The Quincy Council on Aging, Elder Services, announces the following events are scheduled in January at the Kennedy Center, 440 East Squantum St., North Quincy.

Bluegrass Concert
Friday, Jan. 7th at 12 Noon

The WSU Bluegrass Band is a group of individuals with all acoustic instruments such as guitars, mandolins, banjos, fiddles and upright bass. They have been meeting a minimum of once per week for over 7 years! Playing fundraisers, special events, concerts, and weekly performances at Daddy's Beach Club in Hull. The music is bluegrass and Americana. Great music, a fun band guaranteed to provide some laughs. By the way...WSU stands for "Whoever Shows Up". Always a good time. Please call 617-376-1506 to register.

Friends of the Kennedy Center Bingo
Monday, Jan. 10th at 1:30 P.M.

Join the Friends of the Kennedy Center for an afternoon of Bingo! Try your luck at Bingo and a chance to win a fabulous prize! Space is limited. Registration is required. Don't miss out on all the fun! Please call 617-376-1506 to register.

Aging Strong
Monday, Jan. 10th at 10 A.M.

The City of Quincy Health Department is partnering with Tufts Medical Center to offer a free once a month program called Aging Strong! The program will start on Jan. 10th from 10 to 11 a.m. The program will cover various topics such as: winter safety, healthy habits, preventing scams and etc! Please call 617-376-1506 to register.

Rotary Club Pasta Luncheon
Tuesday, Jan. 11th at 12 Noon

The Quincy Rotary Club will once again prepare and serve a pasta lunch for seniors, a favorite annual event for our members. Come enjoy delicious food, bingo, prizes, and lots of fun and laughs with the Rotary Club members. Registration is required. Please call 617-376-1506 or visit the Kennedy Center to register. Space is limited.

Protecting Your Assets
Wednesday, Jan. 12th at 10 A.M.

Attorney Robert Romano will conduct his Estate Planning Essentials workshop at the Kennedy Center to discuss important issues that affect all seniors, including avoiding probate and protecting your assets from a nursing home. Come and learn about the 5 legal documents that all adults should have! Space is limited. Registration is required. Please call 617-376-1506 to register.

Men's Discussion

Men's discussion group meets the 2nd Thursday of each month at 10 a.m. The speaker for the January meeting is state Sen. John Keenan.

Women's Discussion

Women's Discussion group meets the 2nd Thursday of each month at 1:30 p.m. Women's discussion will resume in person Thursday, Jan. 13th. Roberta Cohen will now be leading the group discussion.

Guangzhou Association of Boston
Cross Cultural Performance
Friday, Jan. 14th at 1 P.M.

Seize the opportunity to experience a one-of-a-kind, cross cultural performance! The singing and dancing troupe from the Guangzhou Association of Boston will perform for you traditional Chinese and Western songs, Tai Chi sword demonstrations, Sway Mambo Line Dance, Qi Pao dance and more. Space is limited and registration is required. Please call 617-376-1506 to register.

Rock Painting
Friday, Jan. 14th at 1:30 P.M.

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. Please call 617-376-1506 to register.

Weigh To Go
Tuesdays from 10 - 11 A.M.

Reaching and maintaining a healthy weight is essential for your overall health. Join the Kennedy Center for a FREE program of 1 hour sessions aimed at helping you lose and maintain your weight. Space is limited and registration is required. To register please call the Kennedy Center at 617-376-1506.

United Healthcare
Tuesday, Jan. 18th at 10 A.M.

Got MassHealth Standard only or MassHealth Standard and Medicare? You could get more benefits at no cost to you. Stop by our event to enjoy: United Healthcare giveaways, Art projects, and find out if you are missing important health benefits. Space is limited. Please call 617-376-1506 to reserve your spot.

Grab N Go Lunch
Wednesday, Jan. 19th from 11 A.M. - 12:30 P.M.

Quincy Council on Aging recently received a nutrition grant through South Shore Elder Services with funds provided by the American Rescue Plan Act (ARPA).

With this funding we will be using a portion for a Grab N Go lunch on Wednesday, Jan. 19th between the hours of 11 a.m. and 12:30 p.m. Mignosa's Fruit Basket will be preparing a turkey wrap with a bag of chip for the lunch. Space is limited and you must be a member of the Kennedy Center. Limit 1 per person. Registration is required, please call 617-376-1506.

Group Crossword Puzzle
Wednesday, Jan. 19th at 11 A.M.

Come join us at the Kennedy Center to take on a giant-sized Crossword Puzzle as a team! Work together to solve crossword puzzles. Space is limited. Registration is required. Please call 617-376-1506 to register.

Trivia Time
Thursday, Jan. 20th at 11 A.M.

Come play trivia and test your knowledge! Have some fun with friends and a chance to win a prize! Space is limited and registration is required. Please call 617-376-1506 to register.

Bingo + Songs = Singo
Friday, Jan. 21st at 1 P.M.

Social

Singo with Jim the DJ! This is not your Grandma's bingo! Singo is bingo where we replace the numbers with your favorite songs. Test your musical knowledge and luck. Have some fun and win some prizes! Sing, dance laugh, Singo is all about a good time. Light refreshments will be served. $5PP due at time of registration,

Nails to You Manicures
Friday, Jan. 21st from 10 A.M - 4 P.M.

Join us for a manicure event at the Kennedy Center. Manicures will be $15 payable to Nails to You on the day of the event. Please call 617-376-1506 to schedule your appointment.

Quincy's Memory Café Hosted
by Standish Village at the Kennedy Center
Monday, Jan. 24th at 12 Noon

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Please call 617-376-1243 to register for the café or with any questions.

Acrylics Class
Tuesday, Jan. 25th at 1 P.M.

Join Karen Kelly, a local crafter from Dedham in welcoming winter and painting a lovely, winter landscape on canvas. It is a fun, easy project, NO experience necessary and all materials are included. It is an easy project, yet it will not look it when you are through. You will leave class with a beautiful, one of a kind masterpiece. Please wear old clothes as creating can sometimes get messy! $18 pp due at registration. Space is limited.

Alzheimer's Support Group
Wednesday, Jan. 26th at 1 P.M

The Alzheimer's Support group will now meet on the 4th Wednesday of the month at 1 p.m. For more information about the group, please call Marge Donaher at 617-376-1243.

Heart to Home Meals
Friday, Jan. 28th at 12:30 P.M.

Come join Heart to Home for an introduction to their home delivery meal service. The team at Heart to Home will be providing a free hot lunch to introduce their product. The company provides a selection of over 160 healthy and nutritious meals, soups, and desserts, hand delivered by local drivers directly to homes. The service can be adapted to suit dietary preferences, with free delivery and no contract or minimum commitment. Space is limited and registration is required. Please call 617-376-1506 to register.

COVID-19 Clinic
Saturday, Jan. 29th 10 A.M. - 2 P.M.

The City of Quincy Health Department in partnership with The Kraft Center for Community Health and Mass General Brigham will be holding a Covid 19 Clinic at the Kennedy Center. 1st Dose, 2nd Dose, Boosters & Free Testing will be available for ages 5+ with parental consent. Boosters Available: Pfizer. No appointment needed!

Crane Library Children's Events In January Page 29

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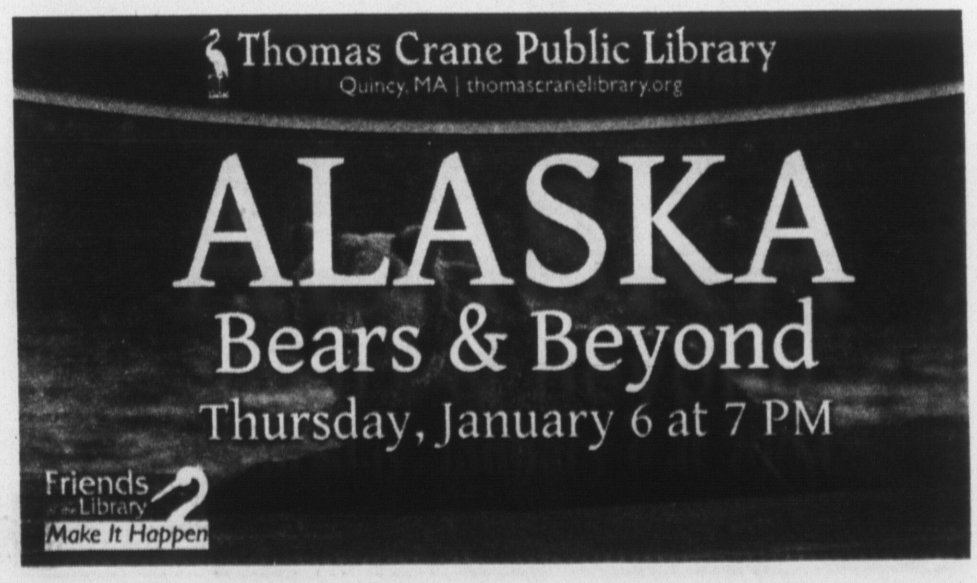
Alaska, Bears And Beyond Program At Jan. 6 Thomas Crane Public Library

See Alaska, the last frontier and one of the last places to see numerous large wildlife, with Naturalist and photographer Joy Marzolf and the Thomas Crane Public Library on Monday, Jan. 6, from 7 - 8 p.m.

Through the Kenai fjords, small boats allow close access to thundering, calving glaciers, breaching humpback whales, dozing Steller sea lions and playful sea otters. Along the way bald eagles, puffins, murres and other sea birds abound. Accessible only by bush plane, the ocean beaches of the Lake Clark National Wildlife Refuge are a little-known area for brown bear viewing. In this open landscape, brown bears can be easily observed fishing, playing, napping and raising their young. Just north of Anchorage, the landscape shifts between fertile valley fields and the majestic views and crystal-clear streams of mountain glaciers.

Capacity for this event will be limited and masks are recommended. Doors will open 15 minutes before the start of the program.

The program is sponsored by the Friends of the Thomas Crane Public Library.



Movie Review: 'Spider-Man: No Way Home'

By BOB GARVER

"Spider-Man: No Way Home" was the #1 movie the weekend of Dec. 18. Let me rephrase that – "Spider-Man: No Way Home" became the #1 movie of 2021 the weekend of Dec. 18, its opening weekend, when it made an estimated $253 million at the domestic box office. As if that weren't enough, the film made for the most immersive theater experience I've had in years, with the audience cheering and screaming at every turn.

When we last saw Peter Parker aka Spider-Man (Tom Holland), his secret identity had been revealed by no-good newscaster J. Jonah Jameson (J.K. Simmons). Thanks to a very good lawyer, no criminal charges can be pressed for presumed misdeeds from the last film, but there are still consequences. For example, Peter and his friends M.J. (Zendaya) and Ned (Jacob Batalon) are rejected from M.I.T. for their role in the controversy. But then Peter remembers that he has friends that can pull some strings with the entire upturning of his life.

He goes to see Doctor Strange (Benedict Cumberbatch), and asks him to perform a spell that can make people forget that he's Spider-Man. Strange agrees, but Peter tries to make him change the spell midway through, which screws things up. Things go so sideways that a hole is torn in the universe, and Spider-Man adversaries are brought in from other dimensions. Thus, Peter has to contend with Green Goblin (Willem Dafoe), Dr. Octopus (Alfred Molina), Sandman (Thomas Haden Church), Lizard (Rhys Ifans), and Electro (Jamie Foxx). Strange can send the villains back to their own dimensions, which will kill them, but Peter's Aunt May (Marisa Tomei) tells Peter that he owes it to them to try to cure them of what makes them evil. After all, it was Great Power that brought them to this world…

It's a ball to see Peter interact with the five returning characters. Not all of them are crazy about the idea of being "cured," but they go along with it as opposed to the immediate death that Strange would bring. Fortunately, most of their origins come from lab accidents that can be countered with science. Still, the situation spins out of control pretty quickly. Peter needs some help, and it's a poorly-kept secret at this point that the multiverse provides. And that's when the fun interactions really begin.

The biggest strength of the film is its humor, especially with the banter among three dimensions' worth of characters (though bits with Ned and Peter's other classmates and teachers don't add much). I've heard other critics complain that these scenes go on too long, but they never got old for me. I might even argue that the film could use more, as I couldn't get enough of them.

Negatives include some pretty standard MCU action (outside of a cool kaleidoscope-y Doctor Strange sequence), a failure to commit to a twist in the third act, and a need to see 20 years' worth of Spider-Man movies for this film to make sense. I told my mom that I loved the movie, but then I was saddened when I realized that she'd be lost if she saw it for herself. Also, and this is a nitpick, but there's too much suspense built around the characters opening college response letters when the envelopes are thin. Maybe it depends on the school, but my understanding is that acceptance letters traditionally come with a packet like mine did.

Cracks emerge if you think about them, but as with much of the MCU, it is incredibly easy to ignore the cracks, as there is something heart-pounding around every corner. And if you see it early enough, it will be with such a huge crowd that your hearts will pound in unison. "Spider-Man: No Way Home" isn't quite the best movie of the year, but it's likely to be the best time you'll have at the movies all year.

Grade: B

"Spider-Man: No Way Home" is rated PG-13 for sequences of action/violence, some language and brief suggestive comments. Its running time is 148 minutes.

Contact Bob Garver at rrg251@nyu.edu.

WHAT'S COOKING with Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO

Tuna Potato Puffs

By MARIE

One thing I know for sure is not many of us have not had a tuna sandwich, right? And fresh tuna is popular also.

Today's recipe turns out to be another way including the versatile tuna – a tuna puff with mashed potatoes.

Directions and Ingredients

Preheat oven to 350 degrees; grease six custard cups

2 cans of tuna (white or dark)
1 and ½ cups mashed potatoes
2 eggs yolks beaten
1/3 teaspoon salt and pepper to taste
1 tablespoon of sliced mall onion, diced
2 egg whites slightly beaten

Drain and flake the tuna then mix with the potatoes stir in the egg yolks.

Add salt pepper and onion. Fold in the egg whites.

Put mixture in a 6 greased custard cups . Bake 350 degrees for 20 minutes.

Breakfast Sausage

By SUZIE

Here is another recipe from Elana's Pantry for a quick, healthy and completely delicious breakfast sausage. It will take you just about 5 minutes to prepare and 10 minutes at the most to cook.

If you make the patties the night before, all you have to do is cook them up in the morning. The kids love these with eggs, toast, and fruit. Sometimes I just make these with an English muffin and they are good to go.

Loaded with healthy protein and seasonings, these are sure to be a winner. Who knew cooking healthy could be so easy and delicious!?

Ingredients:
1 1/2 pounds organic ground turkey
2 tablespoons minced fresh sage
1 tablespoon minced fresh rosemary
1 tablespoon honey
1 1/2 teaspoons sea salt
1 teaspoon freshly ground black pepper
1 tablespoon olive oil

Directions:

In a large bowl, combine the ground meat, sage, rosemary, oil, honey, salt, and pepper, using your hands to mix the ingredients thoroughly.

Using a 1/3-cup measuring cup, form the mixture into 8 patties, each about 2-1/4 inches in diameter.

Heat some olive oil in a large skillet over medium-low heat. Cook the patties, turning them once and gently pressing them down to flatten, for 5 to 8 minutes per side, until golden brown and crispy. Transfer the patties to a paper towel–lined plate and serve.

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DEC 29 2021

Council Votes 8-1 In Favor Of Creating Department Of Social Justice, Equity

Cont'd From Page 3

2021 The Year In Review

"People need to understand this is an important vaccine. When my turn comes up to get it, I will get vaccinated," Jones said. "I think it is our best bet to get some sense of normalcy back, to get some sort of herd immunity."

Ward 2 Councillor Brad Croall announced he planned to resign from the City Council. Croall, who was first elected in 2011, said he wanted to spend more time with his family and focus on new opportunities.

"Through careful thought and consideration, and careful thought and consideration with my wife, I've come to the conclusion that I will be stepping down," Croall said. "It's a tough decision, but I believe it is the right one. It will allow me to have more family time and focus my energy on some other opportunities."

Patrick McDermott, a Quincy Democrat, was sworn in as the sheriff of Norfolk County. The new sheriff said he wants to embrace being county's chief public safety officer and work to prevent crime while also addressing systemic racism.

"Public safety is more than putting criminals in jail. It has to be, and we all know it," McDermott said. "Public safety means creating an environment where everyone in a community is safe to live, grow, and thrive. These are the principles I believe in and that will guide my mission as your sheriff."

Supt. Kevin Mulvey said school officials were looking to expand in-person learning opportunities for students. The district, he said, would not wait until all teachers were fully vaccinated to do so.

"We are looking at plans to bring back students earlier. The vaccination will certainly help with that, but we're not going to wait," Mulvey said. "We're working now with the re-entry task force and our principals to develop plans to expand student in-person participation as much as possible as soon as possible."

City councillors voted 8-1 in favor of creating a new Department of Social Justice and Equity. The council approved an ordinance establishing the new department that would consist of a single employee, a director, who would be tasked to, "create equity and inclusion among all populations in Quincy." More than 30 residents voiced their support for the proposed department during a public hearing.

Ward 4 Councillor Brian Palmucci – who cosponsored the ordinance along with Councillors Noel DiBona and Nina Liang – said, "Quincy has always been and must always be a city with open arms and a loving heart," that has welcomed generations of immigrants from the around the world.

"This legislation does nothing more than codify that principle and put someone in charge of ensuring that we carry those ideals forward for the next 100 years," he said.

Mayor Thomas Koch said he was unsure if would approve the creation of the department. He said the city might not have the funding to pay the director's salary and also suggested councillors' goals could be realized without adding the department.

"There may be a way to accomplish what they want to do without creating a new department," he said.

City councillors chose Anthony Andronico to serve out the remainder of Croall's term as the Ward 2 councillor. Andronico, a member of the School Committee for the past three years, was chosen over four other candidates who nominated themselves for the seat. Andronico said his experience on the School Committee prepared him for the role of a city councillor.

"Serving as vice chair of the School Committee over the past year has been no easy task – we conducted a superintendent search for the first time in 20 years, worked to reopen schools amidst COVID-19, and acted quickly to better respond to the issue of racial bias in our community," Andronico said during his pitch to councillors. "With each of these major actions, I advocated for the one thing I find most important when making decisions: public input."

With coronavirus cases and hospitalizations trending in the right direction, Gov. Charlie Baker lifted the state's overnight stay-at-home advisory and an order requiring many businesses to close at 9:30 p.m. The governor noted COVID-19 related hospitalizations had decreased by 10 percent since they peaked earlier in January while the seven-day average of new cases was down 30 percent.

"We all know we are not out of the woods yet by any means, but things do appear to be getting better here in Massachusetts," Baker said. "We believe it is OK and it is time to start a gradual easing of some of the restrictions we put in place in the fall."

City officials unveiled a new redevelopment plan for Wollaston Center. The new proposal was based in part on redevelopment efforts previously undertaken in Quincy Center.

Jones, the city's health commissioner since April 2019, retired from her position in January. She thanked a number of people for their assistance during the pandemic over the previous 11 months, including her staff, Quincy Public Schools nurses, Manet Community Health Center, city councillors and residents, who Jones said did everything from volunteering their time to sending cards and letters of support to her staff.

"Those might have seemed like little things to them, but they were huge to my staff and myself and honestly they did not go unnoticed," Jones said.

Koch said Jones' "leadership, compassion, and tireless work ethic during the most serious public health challenge of our lifetimes is truly a shining example of the very best of what it means to be a public servant, and our community has been remarkably well-served by her and the entire staff of the Health Department."

Liang, the council president, said "We've been very lucky here in the city to have somebody like Ruth at the helm of this to really juggle

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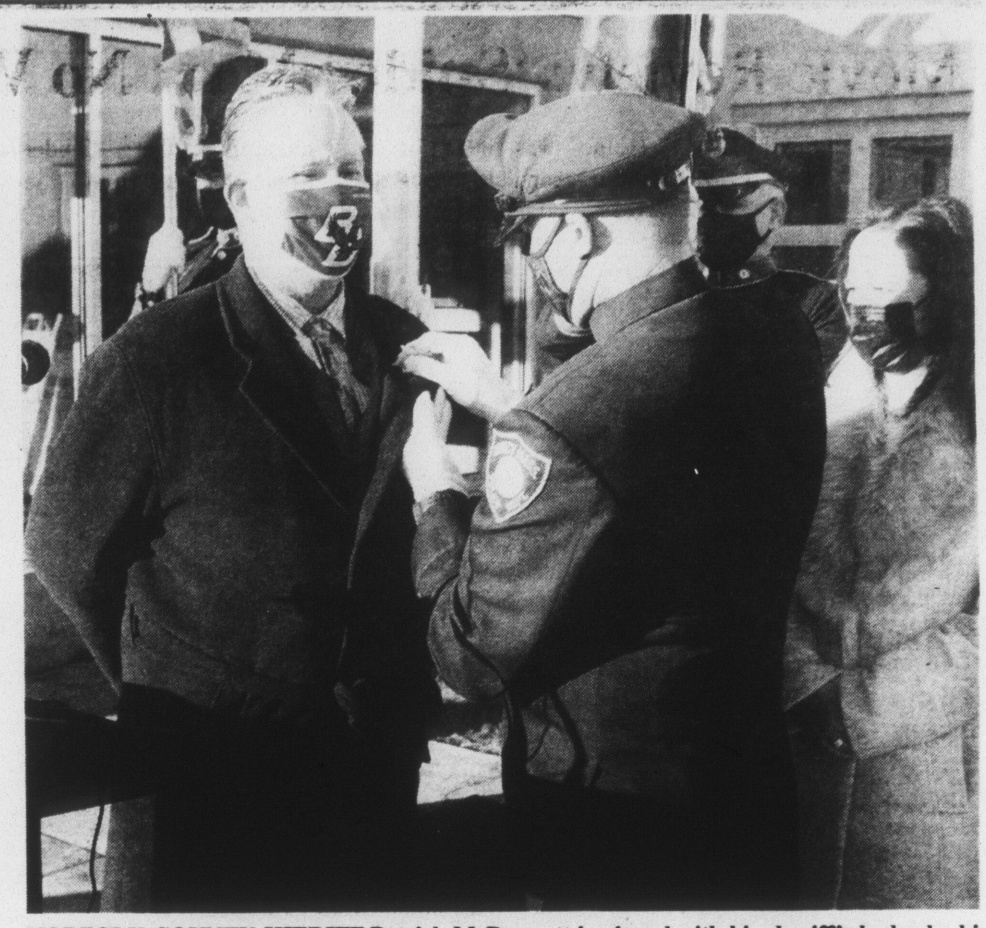


NORFOLK COUNTY SHERIFF Patrick McDermott is pinned with his sheriff's badge by his brother, Quincy patrol officer Chris McDermott. Sheriff McDermott was sworn in as the county's highest ranking law enforcement officer by Dist. Atty. Michael Morrissey at an outdoor ceremony at the Norfolk County Correctional Center Jan. 6. Looking on at right is Sheriff McDermott's wife, Tracy Wilson. *Courtesy Photo*

From our Family to You and Yours,

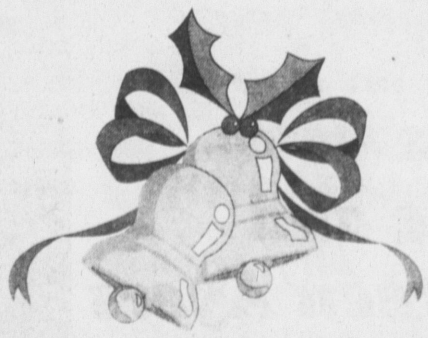
Best Wishes for a Happy New Year

The McDermott Family

Norfolk County Sheriff
Patrick McDermott
Attorney
Tracy Wilson
Alana and Adam

From our Family to yours!

Wishing you a joyful holiday and a very happy and healthy New Year.



Norfolk County Commissioner Joe Shea and Family

City, Manet Open Vaccine Clinic

Cont'd From Page 9

so many different moving parts and so many different collaborations between nonprofits, small businesses, residents, the state and federal government."

Deaths during January included:

Mary Jane Mudge, 87, nurse, Quincy City Hospital; Patricia M. Mullen, 91, lector, St. John the Baptist Parish; Robert M. Pound, 56, operator, the Dog Pound; Catherine M. J. Birchmore, Salvation Army volunteer; Suzanne M. Henderson, 77, nurse, Quincy City Hospital; Jo Ann M. Potter, Quincy Public Schools paraprofessional; Veola M. Randall, 93, chairperson, St. John's Bazaar; Kathleen E. Cameron, Quincy Public Schools secretary; Patrick J. McDonough, Boston firefighter; Stephen P. DesRoche, owner, Neponset Valley Survey Associates; Kathleen T. Mitchell, 74, president, Quincy Retired Teachers Association; Mary G. Forrester, 85, executive secretary to the director of Quincy City Hospital; and Arthur S. Wahlberg, 93, founding board member, Manet Health Community Center.

February

In partnership with Manet Community Health Center, the city of Quincy announced it would begin offering eligible residents the COVID-19 vaccine inside the office building at 180 Old Colony Ave. in Wollaston. The start of February marked the start of phase two of the state's vaccine distribution program, meaning all residents over the age of 75 became eligible to get their shots.

City Council President Nina Liang said it would be more impactful to create a new Department of Social Justice and Equity rather than having existing city personnel address those areas, something Mayor Thomas Koch previously suggested could be done in lieu of forming the department. Liang, who cosponsored an ordinance the council approved in January to add the new department, said creating the department would ensure whoever was leading it had the necessary education and expertise to do so.

"I think it is really important to have somebody leading that department and ultimately filling out a staff who are educated in this kind of work," Liang said.

"Even for me, I'm a young minority woman, that doesn't mean I'm an expert on minority issues or issues facing people of color. It does not make me an expert just because I have experience in that. To have a department specifically focused on this work calls for that education and calls for that kind of expertise to make sure we put our best foot forward."

In the same interview, Liang also said she was excited about an ongoing language access project being undertaken by the Planning Department. She said the goal of the project was to give residents with limited English proficiency as well as residents who require accommodations under the Americans with Disabilities Act better access to city government.

Maggie Lynch netted her 100th career point for the Quincy/North Quincy girls' hockey team, becoming the fifth player in team history to do so. Her teammate, Orla O'Driscoll, had accomplished the feat the week before.

2021 The Year In Review

Supt. Kevin Mulvey announced plans to start full in-person learning for some students. Students in grades 1 to 3 enrolled in a hybrid learning model would move to full in-person learning following February vacation. High school seniors would make the same transition one week later on March 1, he said, and grades 4 and 5 could move to full in-person learning later in March.

"We are working nonstop to formulate a plan to bring everyone back who is willing to come back to in-person learning, just keeping in mind for the public we are obligated to maintain a remote school," Mulvey said.

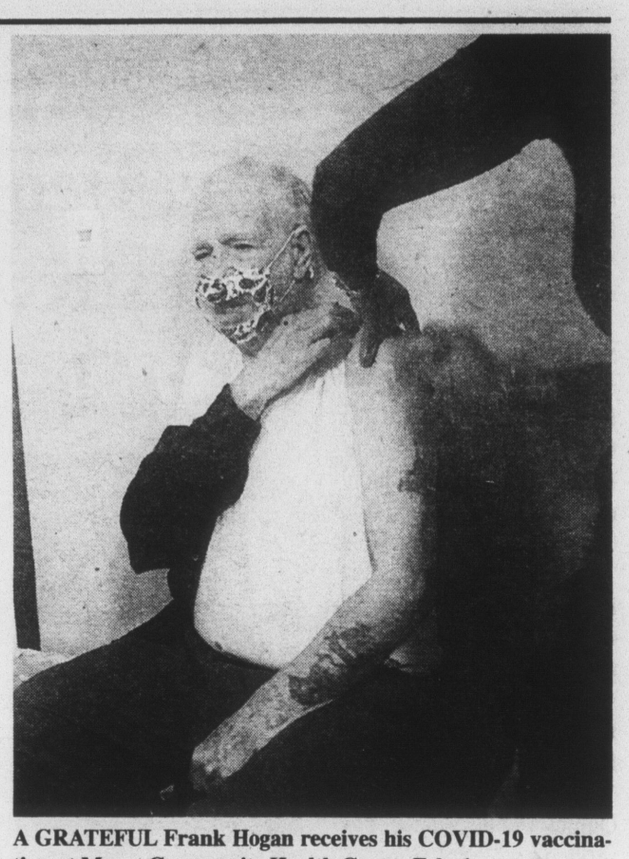
Koch sought a $120 million bond to pay for the construction of a new public safety headquarters and nearby infrastructure improvements. The building would replace the police station on Sea Street and serve as the new home for the Fire Department's administrative offices.

Ward 1 Councillor David McCarthy said the new building would be worth the price tag. He said the cost was proportional to what smaller communities have paid for similar facilities when accounting for the size of Quincy and its police department.

"I think it is well worth it," McCarthy said. "It will have all the bells and whistles the police need."

City Councillors approved an ordinance, sponsored by Anne Mahoney and Brian Palmucci, requiring municipal job openings to be posted online. A spokesman for the mayor said he planned to sign the measure into law.

Koch appointed Phi Du as the city's treasurer and collector. Du was formerly the owner of GrandAsia Bridal and Fashion Emporium in Quincy Center and had previously worked in financial services. The city's previous treasurer and collector, Deborah Coughlin, retired after holding the position for a dozen years.



A GRATEFUL Frank Hogan receives his COVID-19 vaccination at Manet Community Health Center Feb. 1.

Photo Courtesy Kathy Hogan

Courtney Perdios was appointed to a vacant seat on the school board during a joint convention of the School Committee and City Council, besting three other nominees for the position. The seat had been vacated after Anthony Andronico was appointed to the council in January.

Perdios, who finished runner-up in the 2019 school board election, said her first goal would be to work with stakeholders to bring students and teachers back to the classroom safely amid the pandemic.

"My main priority will be to work with the Re-Entry Task Force, Superintendent's Leadership Team, parents and families, and the Quincy Education Association (QEA) to develop and fine tune a pathway to get our students and teachers back to the classroom in a safe and responsible way," Perdios said.

Koch, in an interview, said he did not believe it was necessary to establish a Department of Social Justice and Equity. Instead, he suggested the duties of the proposed department could be given to existing city staff.

"I don't think it is necessary to have a separate department. I really don't," Koch said. "I think we're doing much of that in HR now. We're doing that in constituent services. We're doing that in the Police Department when it comes to complaints. We're doing that on the school side through the guidance office.

"Again, I respect the councillors and their wishes, but I think everyone is trying to one up somebody else community-wise in these times we're living in."

The mayor also said the new Generals Bridge in Quincy Center, along with a nearby park, would be dedicated on Sept. 11. The dedication had been scheduled for May 15, Armed Forces Day, but Koch said it would be postponed because of the pandemic.

Gov. Charlie Baker announced additional steps to lift pandemic-related restrictions on businesses. Indoor performance venues and recreational spaces were allowed to reopen at 50 percent capacity as of March 1 and other businesses already open could also operate at 50 percent capacity. As of March 22, large stadiums – those with over 5,000 seats, including Fenway Park, Gillette Stadium and TD Garden – would be allowed to reopen at 12 percent capacity. The move came with the Bruins and Celtics in the midst of their seasons and the Red Sox set to start theirs.

Cont'd On Page 11

Happy Holidays and Best Wishes for the New Year!

Norfolk County Treasurer
Michael Bellotti and Family

Warmest Wishes to you and your family for a great holiday season.

Bruce and Maureen Ayers
State Representative

DEC 29 2021

Koch Message: 'City Remains Strong, Poised For Future'

Cont'd From Page 10

"Opening Day is in our near future," said Lt. Gov. Karyn Polito.

Deaths during February included:

Donald J. Murphy, 77, Sacred Heart Church CCD teacher; Barbara A. Cheney, Eucharist minister; Charlotte D. Echelle, Quincy Public Schools bus monitor; James R. Hines, city of Quincy employee; Alfred Trotman, 92, president, Houghs Neck Community Council; Marie A. McCarthy, 92, administrative assistant, General Dynamics; Ruth M. Lutts, 79, Atlantic Middle School teacher.

Claire M. Maloney, 92, Quincy Public Schools food service worker; John L. Gizzarelli Jr., 83, assistant US attorney; John E. Ward, usher, Sacred Heart Church; Eileen C. Menz, 75, nurse, Quincy City Hospital; Martin X. Ford Sr., Korean War Purple Heart recipient; Paula A. Haviland, 71, nurse, Quincy Hospital; Paul A. Turowski, 61, Quincy police lieutenant; Rose Marie Harb, 97, owner, Rose Marie's Beauty Salon; Susan Parker Egan, 70, Sunday schoolteacher, Quincy Point Congregational Church; Steven M. Kubit, general foreman, Quincy Traffic Department; and Helen A. Mulligan, 68, Local 103 IBEW Health and Welfare Fund employee.

March

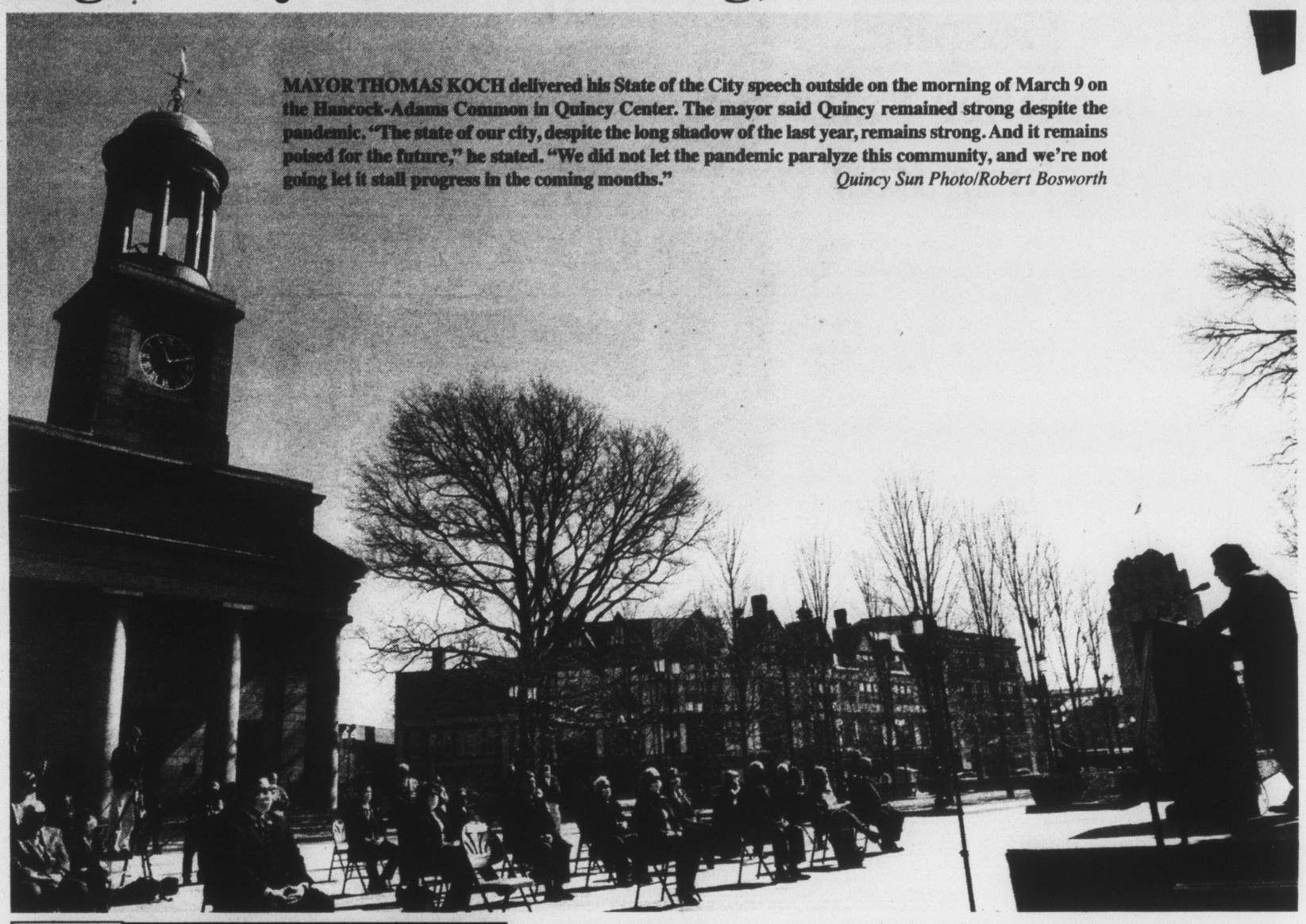
Officials from National Grid told city councillors they were taking steps to mitigate power outages that had plagued parts of North Quincy over the previous year. Eleven major outages had occurred on one feeder line originating at a North Quincy substation since 2018, according to National Grid's Joe Cardinal, and six outages had been recorded on a second feeder line.

"We have made a concerted effort to try to go after these feeders right away and do as much as we can as quickly as possible to try to mitigate these outages," Cardinal said. "Hopefully, in a short period of time we will be able to say we've accomplished what we wanted to do on these feeders."

Ward 3 Councillor Ian Cain had asked National Grid to appear at the council meeting.

"We have had a considerable number of blackouts over the past year plus, which have been received in a frustrating manner given that we're at home during COVID – more people are working from home, people are educating from home and there has been disruption," Cain said.

City councillors approved a $2.1 million appropriation to repair an underground portion of the Town Brook culvert between Bigelow and Washington streets that engineers warned was at risk of failing. Al Grazioso, the city's commissioner of public works, said problems found in that portion of the culvert needed to be fixed immediately, calling it an "emergency situation."



MAYOR THOMAS KOCH delivered his State of the City speech outside on the morning of March 9 on the Hancock-Adams Common in Quincy Center. The mayor said Quincy remained strong despite the pandemic. "The state of our city, despite the long shadow of the last year, remains strong. And it remains poised for the future," he stated. "We did not let the pandemic paralyze this community, and we're not going let it stall progress in the coming months." *Quincy Sun Photo/Robert Bosworth*

2021 The Year In Review

Mayor Thomas Koch said he would ask the City Council to borrow more than $400 million to cover the city's outstanding pension obligations. Koch called the move a "fiscal game-changer" that would save up to $20 million in the first year with additional savings in the future.

The Quincy Housing Authority partnered with Stop & Shop and a group of volunteers to administer 1,000 first doses of the COVID-19 vaccine to its residents. City Council President Nina Liang, who helped with the initiative, said it was a team effort.

"It's a lot of people involved but we were able to run it really smoothly because of all of them," she said. "It's pretty remarkable. We're going to be able to vaccinate close to 1,000 seniors when we're done."

In his annual State of the City address, Koch called for a renewed commitment to and investment in Quincy College, announcing the launch of a building committee to plan a new home for the municipally owned school and a pledge to offer more Quincy students a chance to enroll there. Since its founding, Koch

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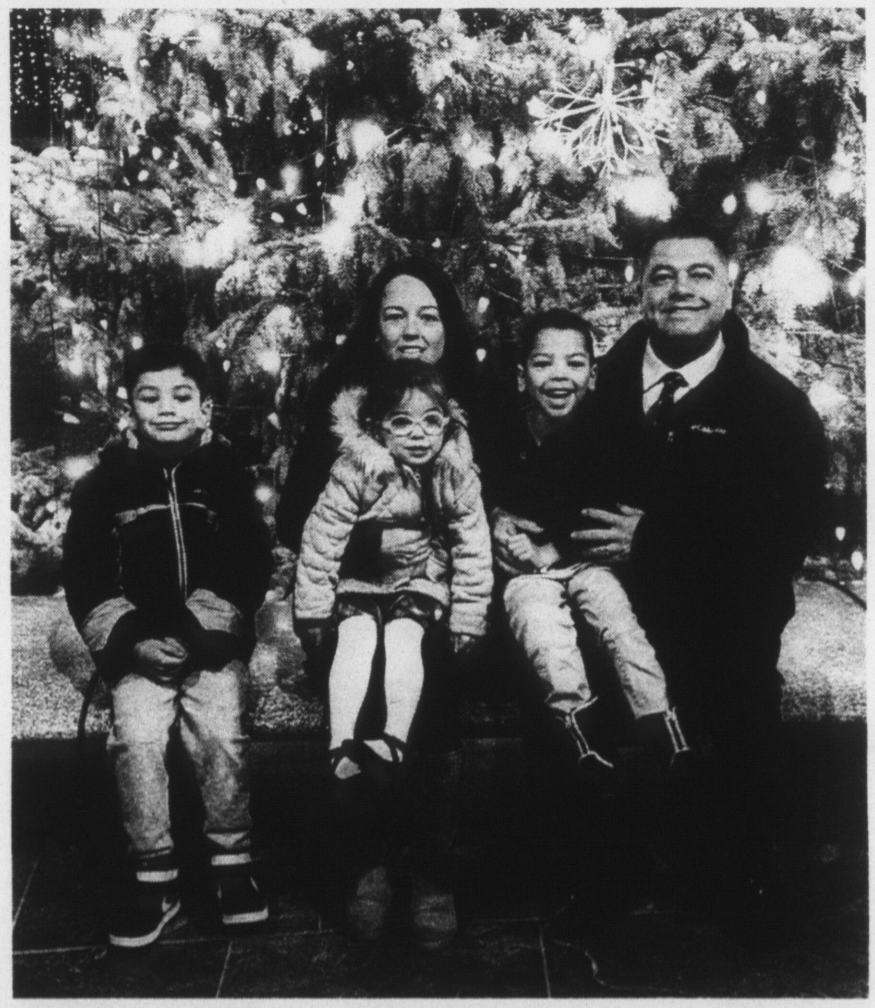
In the spirit of this joyous season, may your hearts be filled with peace and love... brotherhood and faith.

Ron Mariano
State Representative

Happy New Year

Bill O'Donnell
Norfolk County
Register of Deeds

Wishing Everyone a Healthy, Safe & Prosperous New Year



From Councilor-At-Large Noel DiBona & Family

Noel, Niamh, Tyler, Aidan & Nora

2021 The Year In Review

Quincy Hospital, Beachcomber Fall To Wrecking Ball

DEMOLITION of the former Quincy Medical Center began in late March and was expected to take three to four months to complete. Three buildings were razed totalling 400,000 square feet. The demolition did not include the administration building with its iconic gold-leaf cupola. Steward Health Care closed the hospital in 2014, 124 years after it first opened its doors, though the emergency department on site remained open until late last year. FoxRock Properties acquired the 15-acre Whitwell Street property in 2016 for $12 million and planned to construct seven buildings with 465 apartments on site. Pictured here is the glass atrium in the rear of the hospital, which opened in 2014. *Quincy Sun Photo/Robert Bosworth*

Cont'd From Page 11

said Quincy College has "always created the kind of opportunity at the heart of the American education system" and "creates a path to the middle class for so many in our underserved communities."

"In short, there is no greater force for equality in this community than Quincy College," Koch said. "It is a great light of possibility, and it is a vital part of what this city will be in generations to come. That's why today I'm calling for a renewed sense of purpose, renewed commitment and a renewed investment to secure the future of Quincy College and secure the futures of countless of our young people in the coming years and decades."

Supt. Kevin Mulvey announced all students in grades 4 to 11 enrolled in a hybrid learning model would transition to full in-person learning by the end of the month, well ahead of state deadlines to do so. Hybrid learners in grades 1 to 3, along with high school seniors, had previously made the same transition.

Supriti Karki, a senior at Quincy High School studying engineering, was named the school district's Career Vocational and Technical Education Student of the Year. Karki, who had a GPA of 4.5, planned to attend Tufts University after high school.

"Your resume is impressive, your GPA is impressive, all your extracurricular activities are impressive," Mulvey said. "You are just a model student for us here in the Quincy Public Schools and I want to wish you the best of luck at Tufts as well."

Koch, U.S. Rep. Stephen Lynch and Massachusetts House Speaker Ronald Mariano announced Quincy would be receiving $46.3 million from the American Rescue Plan, a $1.9 trillion stimulus package approved by Congress and signed into law by President Joe Biden.

City councillors began their review of Koch's proposal to borrow $120 million to construct a new public safety headquarters and pay for related infrastructure improvements. Several councillors raised questions about the proposal during the meeting.

Koch announced he would form a mayoral commission to study the city's performance on diversity, equity and inclusion.

City councillors approved new rules for short-term rentals, such those offered through services like Airbnb and Vrbo. Among other provisions, the ordinance bans short-term rentals in Residence A zoning areas. Ward 5 Councillor Charles Phelan Jr., a co-sponsor of the ordinance, said people have been purchasing houses in Residence A zoning districts to use them as short-term rentals, making it difficult for a family to move to those neighborhoods.

"People are going into these homes, they are buying them when a family would probably come in and buy it, outbidding that family because they are going to use it for rental income," Phelan said.

The Massachusetts Appeals Court vacated the second degree murder conviction of Paul Fahey, who was accused of fatally stomping Keith W. Boudreau inside a Quincy Center barroom in 2015, citing prosecutorial misconduct. The Norfolk District Attorney's Office said it planned to retry Fahey.

Kathryn Hubley was chosen by her colleagues to serve as the vice chairperson of the School Committee for the remainder of 2021. The previous vice chair, Anthony Andronico, left the committee in January after being appointed to the City Council.

With hate crimes against Asian Americans up 150 percent nationwide since the start of the coronavirus pandemic, local officials vowed to support the Asian American community. Quincy Police Chief Paul Keenan said his department was there to support the city's Asian-American residents, a point several of his colleagues in law enforcement from across Norfolk County also made.

"I can assure you that any time you need the police officers, Quincy police will be there for you," Keenan said. "You can feel comfortable coming to speak with us, to meet with us, to report any crime or anything that happens. We are there to listen. We are there to work with you. We will charge any kind of crime or criminal activity to the fullest extent of the law."

The hours-long pursuit of the suspect linked to the armed robbery of Rockland convenience store who fled to Quincy in a police SUV ended when a state trooper shot and killed the man. Norfolk District Attorney Michael Morrisey said the suspect was able to gain access to a rifle inside the Rockland police cruiser. At one point during the standoff, Morrissey said the suspect began to exit the vehicle armed with the rifle, at which time a member of the State Police STOP team, the department's equivalent to a SWAT unit, shot and fatally wounded him.

Morrissey said his office was in the process of investigating the fatal shooting of the suspect by the state trooper.

"It is unfortunate that anyone got shot by anyone and the last thing, I think, a police officer wants to do is be involved in a police-related shooting," he said. "They are faced with an armed suspect and they have decisions to make and those decisions will be reviewed over the next few days."

The suspect was later identified as Eric Leach, age 36, who had ties to Winthrop and Brockton and who authorities said had a lengthy criminal past.

Demolition of two Quincy landmarks – the Beachcomber and Quincy Medical Center – began. The city was razing the Beachcomber to make way for a new park while FoxRock Properties was tearing down the hospital to make way for a new residential development.

Gov. Charlie Baker announced the state would provide $4 million to Father Bill's & MainSpring to help pay for the construction of a new housing resource center that will replace the organization's shelter in Quincy – a building the non-profit's president said would help end homelessness.

"We will not manage homelessness," said FBMS President & CEO John Yazwinski. "We will end it."

Deaths during March included:

Mary D. Gallagher, traffic supervisor; Richard J. Foye, 86, owner, Foye & Letendre Landscaping; Cathie M. McMann, 78, Quincy schoolteacher; Mary F. Rossi, 90, nurse's aide, Quincy City Hospital; Christopher Ghiloni, Quincy District Court assistant clerk magistrate; Dr. Jerry R. Faust, 73, associate professor emeritus, Tufts University School of Medicine; Nancy C. Coletti, 85, medical stenographer, Quincy Medical Center; and Robert Paine, 81, owner, General Auto Supply.

April

City councillors unanimously approved Mayor Thomas Koch's request to borrow up to $120 million to fund the construction of a new public safety headquarters and nearby infrastructure improvements.

Officials said earthwork on site could start in June and full construction on site would begin in August. The building could be ready to open in the fall of 2023. The current police station would then be demolished, and final site work completed

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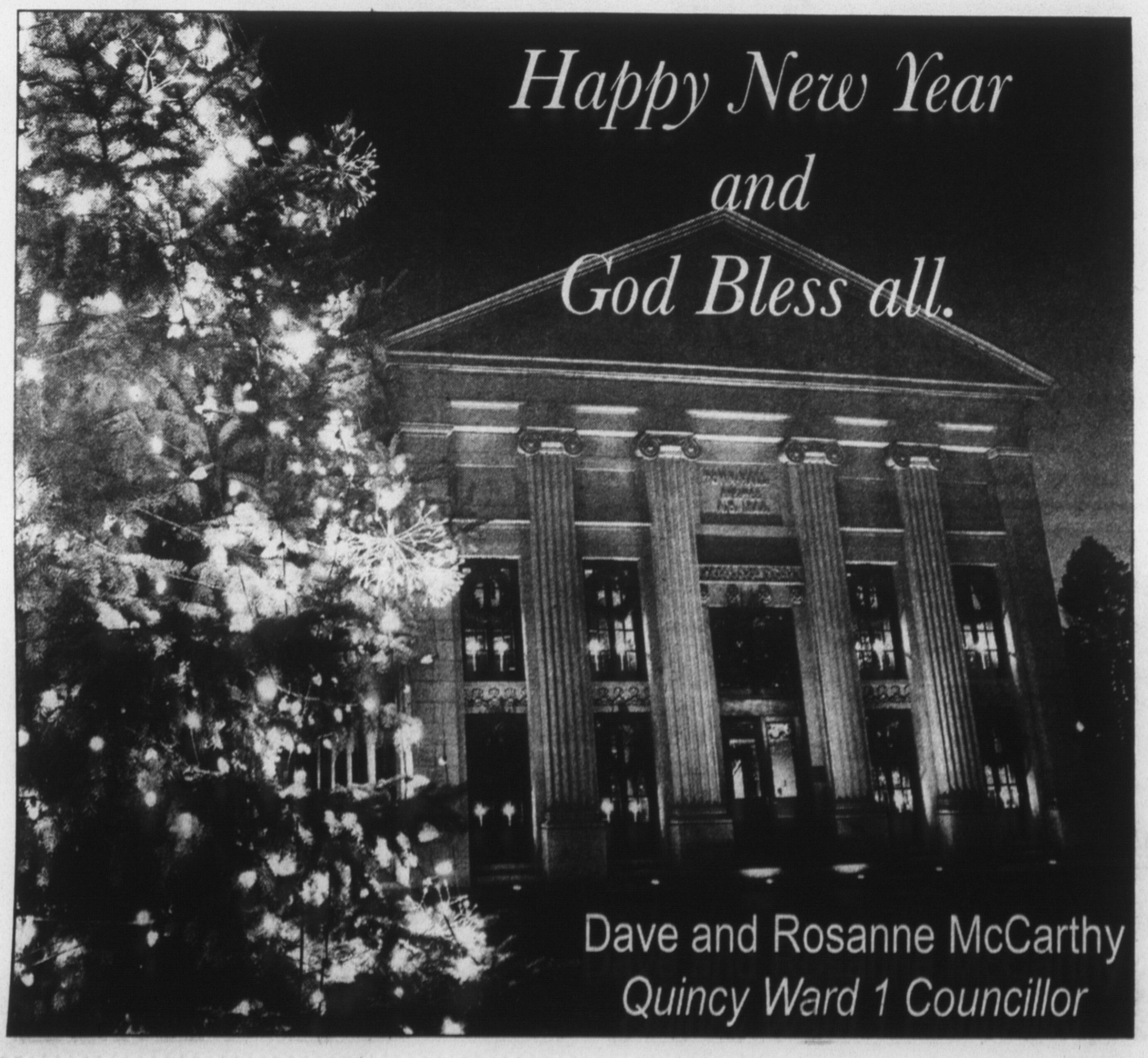

DEC 29 2021

500 Rally Against Hate Crimes Directed At Asian-Americans

RESIDENTS GATHERED at Quincy City Hall April 10th for the Fight Anti-Asian Hate rally. Several Asian American Quincy residents shared their experiences of being accosted and vilified because of their ethnicity during the Fight Anti-Asian Hate solidarity rally hosted by Quincy Asian Resources Inc. (QARI). *Quincy Sun Photo/Tom Gorman*

Cont'd From Page 12

by the spring or summer of 2024.

Supt. Kevin Mulvey said the Quincy Public Schools were planning to offer "a massive summer program" this year to prepare students to return to the classroom in September. Erin Perkins, the assistant superintendent, said the district would offer creative programs to help encourage students to participate.

More than 500 residents attended a rally on the Hancock Adams Common to speak out against hate crimes directed against Asian Americans nationwide since the beginning of the COVID-19 pandemic.

"We know we are not outsiders. We love this country," said Phillip Chong, the president and CEO of Quincy Asian Resources. "These horrific incidents are seeking to break us and seeking to divide us. We will not break. We will not stand down. We are strong and together we are stronger."

North Quincy High School defeated Quincy High School 21-0 in the teams' annual rivalry game, which, because of the pandemic, was held 500 days since the last meeting between the two schools' gridiron teams on Thanksgiving 2019.

"With all these kids have been through over the past 18 or 19 months, we're going to enjoy this one for a while," said North coach Ryan Craig.

Liam Hines carried the ball 26 times for 160 yards and two touchdowns for the Raiders in the victory; the team's other score came on a touchdown pass from Cooper Hansen to Colm Geary.

City councillors unanimously approved a $1.4 million appropriation to remove sediment from the bottom of Butler's Pond and create a new gravel wetland area to filter runoff before it could enter the Quincy Center pond in the future.

"Tonight's proposal would address decades of sediment buildup and contaminated runoff that has been emptying into the pond," said David Murphy, the city's commissioner of natural resources. "Not only would it undo decades of sediment buildup, it will also stop future contaminants and sediment from building up."

Koch and city councillors both called upon federal regulators to shut down the North Weymouth compressor station following the third unplanned release of natural gas from the site in seven months. Ward 2 Councillor Anthony Andronico faulted Enbridge, the owner of the station, for the unplanned releases and its lack of communication with the city.

"There is significant risk that any unplanned release could spark an absolute catastrophe and it is simply unacceptable that we wouldn't be notified," Andronico said. "It is clear that the safety recommendations didn't stick, we deserve answers, and the station needs to be shut down until we get those answers."

The Massachusetts School Building Authority voted to invite the Squantum Elementary School into the initial phase of its capital pipeline process, after previously rejecting the city's request. That invitation is the first step toward replacing or renovating the school, which first opened in 1919.

Kiera Sleiman, a junior at North Quincy High School, set a new city record in the long jump with a leap of 17 feet, 5 inches.

Elle Blaton, Gabrielle Linkiewicz and Hadley MacDermott – each age 12 – raised funds for a new bench that was dedicated outside of the Squantum firehouse.

City councillors began their review of Koch's proposal to purchase the Munroe Building in Quincy Center and a nearby parking lot, the first step in his plan to provide Quincy College with a new home. City officials said preliminary plans for the new facility – which would also house municipal offices now in the glass city hall annex building – called for a 16-story building with an estimated price tag of $100 million.

The proposal received a lukewarm reception from councillors.

Ward 3 Councillor Ian Cain asked why the administration would seek to take the Munroe Building for such a purpose, because doing so would remove it from the city's tax roll and would stop it from being redeveloped by a private entity. He also noted that more and more students are taking classes online, a trend that began even before the pandemic forced many schools to move away from in-person classes at least temporarily.

"If we say no to this building, it is not Quincy College's demise," Cain said. "[The question] is how do we reposition Quincy College for its success and that to me would include finding resources that are not necessarily bonded numbers to buy valuable real estate in the downtown on speculation."

Sen. John Keenan said he had undergone surgery for prostate cancer in February and reported he was feeling great. Keenan emphasized the importance of early detection.

"The message is get to your doctor, get your checkups and catch all these things early," he said.

Gov. Charlie Baker announced a continued reopening plan. Amusement parks and water parks would be allowed to open at half capacity on May 10. Certain gathering limits were set to increase on May 29, which was also the date bars, beer gardens and wineries could reopen, subject to the same rules as restaurants. Remaining industries – such as nightclubs – could reopen on Aug. 1.

Deaths during April included:

Charles R. Behenna, 74, Quincy firefighter; Lois I. Brandes, Squantum Elementary School teacher; Cheryl A. Morano, 66, school food-service worker; Alicia Coletti, 87, president, Quincy Chapter of the League of Women Voters; Dean E. Schaeffer, 100, World War II and Korean War veteran; Robert Golden, North Quincy High School Hockey Hall of Fame member; John R. Graham, 89, minister, United First Parish Church; and John T. Magraw, 45, founder, Unchained Pizza.

2021 The Year In Review

May

City councillors asked Quincy College's board of governors to explore alternatives to operating as a municipally owned college, including joining the state's community college system or merging with another school. Councillor Anne Mahoney, one of the resolution's authors, said she wanted the college to continue operating in the future but wanted it to do so independent of the city.

"The City Council has been looking to continue to find savings and hold the line for spending during these curious times we are in with COVID, and the city is continuing to infuse money into Quincy College," Mahoney said. "The college does serve a large population of people and we want to be able to continue to do that, but I'm not sure if it is correct – in fact, I know it is not correct – for that to be the burden of the Quincy taxpayers."

Councillors also sought an update from Mayor Thomas Koch's office on his plan to establish a new commission to look into equity and diversity issues in the city, which he announced he would be forming in March. A spokesman for the mayor said the commission was still being finalized and "we expect to have the full body announced in the coming days."

In addition, councillors approved Koch's request to borrow more than $150 million for infrastructure improvements – including streets, sidewalks, water mains and sewers – over the next several years.

While touring Manet Community Health Center's vaccination clinic on Old Colony Avenue, Gov. Charlie Baker said community health centers and other providers would play a key role in the next stage of Massachusetts' COVID-19 vaccination effort. Cynthia Sierra, Manet's CEO, said her organization wanted to make it as easy as possible to get the vaccine.

"We have to stretch and think about how we can be more accessible to our communities," she said.

Cont'd On Page 14

Wishing you a joyous Holiday Season!

TACKEY CHAN
State Representative

Season's Greetings

from
Norfolk County Dist. Atty. and Mrs. Michael Morrissey and Family

Best Wishes for Peace & Joy this Holiday Season and a New Year of Health & Happiness.

GRANITE LOCK Co. INC.
755 Southern Artery, Rte. 3A, Quincy
617-472-2177
www.granitelock.com

Stymied By Council, Koch Uses $15M In ARPA Funds To Buy Munroe Building

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2021 The Year In Review

Hours before a planned City Council vote, Koch withdraw his request to borrow $23 million to purchase the Munroe Building and a nearby parking lot as the first step in his plan to construct a new $100 million building to house both Quincy College and municipal offices presently located in the city hall annex. Koch cited opposition from councillors in a letter he wrote to Council President Nina Liang.

"It is clear to me that the body is not prepared to move forward on this proposal at this time," Koch wrote, adding his administration "will take this opportunity to explore options with our county, state and federal partners, and move forward on the expansive planning process together with the College that incorporates many of the thoughts you and your colleagues have shared with me both directly and as part of the public debate."

The mayor also unveiled his proposed $346.65 million general fund budget for the fiscal year beginning July 1, a spending plan he said would result in a "slight to modest" tax increase in 2022. The proposed spending plan for fiscal year 2022 represented an increase of $6.53 million, or about 1.9 percent, over the $340.12 million budget for fiscal year 2021 that councillors had approved in June 2020. Councillors made $2.7 million in cuts to the FY21 budget in December 2020 at the mayor's request prior to setting the 2021 property tax rates.

The budget was drafted based on the assumption city councillors would approve Koch's request to borrow $475 million to cover the city's outstanding pension liabilities, reducing the FY22 budget by roughly $15 million.

Baker announced all remaining restrictions on Bay State businesses would be lifted effective May 29, two months earlier than initially planned. Baker noted the state was on pace to fully vaccinate 4.1 million residents – three-quarters of its adult population – by early June, allowing the state to lift all remaining pandemic-related restrictions on businesses.

"This level of protection makes this step possible for the people of commonwealth," he said. "The science shows that vaccinated people are well-protected against the virus and unlikely to spread COVID."

Koch announced he would use $15 million in funds from the American Rescue Plan Act to purchase the Munroe Building and a nearby parking, ten days after withdrawing a request to borrow funds for the same purchases amid opposition from city councillors.

The mayor said the city should acquire the two properties while they are available.

"We have a lot of work to do, a lot of planning to do, but if we lose that site, we are going to be in trouble," he said. "I think that site is too important for economic development right around the Quincy Center station, educational purposes, tourism purposes."

Quincy Public Schools administrators proposed a $120.29 million budget for the upcoming academic year, which would provide enough money to add a dozen new employees, namely teachers and family liaisons, while also increasing special education funding. The proposed budget for fiscal year 2022 represents a $3.1 million increase over the budget for the prior school year.

City councillors raised questions about Mayor Thomas Koch's proposal to use a $475 million bond to cover Quincy's outstanding unfunded pension liabilities.

Ward 3 Councillor Ian Cain raised concerns about the Quincy retirement board's ability to oversee the investments, calling their performance over the past six years dismal and inconsistent. The investments grew 20 percent in 2017, he said, citing a report provided to councillors, but the return the following year was negative 3 percent.

Cain said he would like more information on how the board planned to invest the $475 million going forward.

"If anyone has worked in money management before, they would know $475 million is a lot of money to deploy with, no offense to the retirement board, a crack team of the board and an executive director and maybe someone else in there," he said.

More than 100 residents came to Mount Wollaston Cemetery on Memorial Day as Quincy honored those killed in service to the United States. George Nicholson, Quincy's director of veterans' service, thanked those present that morning for their attendance.

"Memorial Day means different things to different people. For some, it just means a three-day weekend. For some, it is a great time for sales and bargain shopping. For some, it heralds the unofficial start of summer," Nicholson said. "But to most of us, thankfully, it is a humbling opportunity to remember and show gratitude to those whose sacrifices bestowed upon and ensured for all of us the freedoms and way of life that we as Americans enjoy."

Deaths during May included:

Robert M. Ward, 84, officer, US Capitol Police; Arthur 'Bud' Mosher, member, Quincy High Baseball Hall of Fame; Robert P. Basiliere, member, Quincy High Baseball Hall of Fame; Paul D. Eldridge, 92, commander, Quincy Veterans Council; Janet L. Starsiak, 71, registered nurse, Quincy City Hospital; Rosina Aiello, 88, co-founder, Alfredo Aiello Italian Foods; Julie Cantelli, 71, special education teacher, Quincy Public Schools; Henry Pagnano, 92, Quincy Housing Authority employee; Frank E. Glynn, 81, health inspector, city of Quincy; and Matilda Kandalaft, 99, co-founder, Tony's Clam Shop.

PEOPLE OF ALL ages including this youngster holding a small American Flag from a car sunroof celebrated "Old Glory" at the 70th annual Quincy Flag Day Parade in June. The parade returned after being suspended in 2020 due to the pandemic. The Flag Day Parade was one of the first large public events in almost 18 months. *Quincy Sun Photo/Robert Bosworth*

June

City councillors put their budget hearings on hold to give them a chance to vote on Mayor Thomas Koch's proposal to borrow $475 million to cover Quincy's outstanding pension liabilities beforehand. Ward 3 Councillor Ian Cain said it did not make sense to consider the budget while the pension proposal was still pending before them.

"This is a waste of everyone's time, because we need to have a discussion on that 475 and see if it is going to go through because that is dramatically going to affect any decision in the budget and the mayor will probably have to go back and pencil if it doesn't go through," he said.

Councillor Anne Mahoney said she was disappointed with Koch's plan to use $15 million in federal pandemic relief funds to acquire the Munroe Building in Quincy Center and a nearby parking lot, first announced in May.

"People are upset, and they don't want the Munroe Building purchased for Quincy College. They are even more outraged at the thought that pandemic relief funds are being used to take another building off the tax rolls of the city of Quincy," Mahoney said. "I must agree with the outcry. I am personally disappointed by the mayor's choice to use federal pandemic money to purchase the Munroe Building."

The 409 members of Quincy High School's graduating class and the 325 members of North Quincy High School's graduating class were honored during commencement ceremonies at Veterans' Memorial Stadium.

Quincy valedictorian Jack Nelson challenged his classmates to use their strengths to inspire others.

"As we enter the world, let's bring our resilience, our patience, and our willingness to adapt to change. Let's inspire others to follow our lead," he said. "We are the next generation, and there is much to be done on this pale blue dot that we call home."

North valedictorian Tiffany Huang told her classmates the power to change the world was in their hands.

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Best Wishes for a Healthy, Happy Holiday Season
TINA CAHILL
School Committee Member Elect

Happy New Year
AGNITTI INSURANCE

From my family to yours
Happy Holidays!
Anthony Andronico
WARD 2 COUNCILLOR

DEC 29 2021

Three New Developments Seen In Quincy Center

Cont'd From Page 14

"As we graduate from high school and join adult society, you should know that we have the power in our hands to shape the future for the lives of generations to come," she said. "We could be the ones to solve the climate crisis, eliminate the gender wage gap, end systemic racism, and develop the next COVID vaccines."

The city of Quincy and federal regulators agreed to a settlement to resolve violations of the Clean Water Act regarding the city's stormwater and sanitary sewer systems, requiring the city to invest more than $100 million to remedy those issues over the next decade plus. The proposed work to remedy those issues "will not create additional stress" to the city's finances or its sewer and water ratepayers, city officials said.

The School Committee unanimously approved the $120.29 million Quincy Public Schools budget for the 2021-22 school year – an increase of $3.1 million over the prior school year. The district planned to use the increase in funding to create a dozen new positions for educators and also set aside more money for special education.

During the same meeting, Supt. Kevin Mulvey identified more than a dozen COVID-19 keepers – items the Quincy Public Schools instituted amid the pandemic that could be retained going forward.

Several of the items Mulvey mentioned as keepers revolve around the ability to hold meetings virtually. Virtual sessions make it easier for principals, teachers and other staff members to meet with their colleagues district-wide without having to travel across the city, he said, and also easier for parents to attend meetings or parent academies because they do not have to travel or arrange childcare beforehand.

Mayor Thomas Koch unveiled plans for three new buildings – containing nearly 600 residential units, restaurant space and a performing arts center – that he said would transform the section of Quincy Center between Hancock Street and Burgin Parkway.

MAYOR THOMAS KOCH answers questions at a press conference June 17 detailing the proposed development of three major buildings in Quincy Center. Building plans call for nearly 600 residential units, restaurant space and a performing arts center in downtown Quincy between Hancock Street and Burgin Parkway. In the background are project developers Joey Arcari (left) and Sam Slater (right). *Quincy Sun Photo/Robert Bosworth*

The developments include a 15-story, 200-unit residential building at 1469 Hancock St., presently home to the Adams Arcade; a 14- or 15-story building on the Messina Lot at 1565 Hancock St., which would house both a performing arts center and upwards of 350 residential units; and a seven-floor building at 1445 Hancock St., home to a Family Dollar store, with a two stories of commercial space sitting below 40 residential units on the upper floors.

The Quincy Farmers Market returned to Quincy Center after setting up shop for the past several years at Pageant Field. Manager Janet Little said this would be a rebuilding year for the market, which had to shift to a preordering model in 2020 amid the pandemic.

"After last year, the vendors went down to nothing," she said. "We have most of the vendors back and new vendors."

City councillors approved Koch's request to use a $475 million bond to cover Quincy's outstanding pension liabilities in a 6-3 vote, with six votes being the minimum amount of support the measure needed to pass.

The bond's fate appeared uncertain after the council's finance committee voted 5-3 to give a positive reccomendation to the measure during a meeting one week prior to the final vote. Ward 5 Councillor Charles Phelan Jr. did not vote on the proposal during the committee meeting but did vote in favor of it during the regular council meeting. Phelan, the city's former IT director, said he did not participate in the committee meetings because he was waiting to see if he had to recuse himself from the matter. Phelan told his colleagues the city solicitor's office had informed him that he was able to vote on the matter after the initial vote.

City officials told councillors the $475 million would be invested in the Massachusetts Pension Reserves Investment Management (PRIM) Board's Pension Reserves Investment Trust (PRIT).

In a pair of 8-1 votes, councillors approved Koch's request to take the Adams Academy at 8 Adams St. and the neighboring property at 24-26 Adams St. by eminent domain and to borrow $9 million to pay for those two parcels. Koch had previously suggested constructing a John Adams presidential library on that land.

Councillors also unanimously approved a resolution voicing their opposition to a proposed footbridge that would connect Pine Island to the mainland portion of Merrymount Park. Phelan, one of the resolution's sponsors, said the proposed bridge could do irreversible damage to the salt marsh at Blacks Creek.

The New England Free Jacks of Major League Rugby announced they would be relocating from Union Point in Weymouth to Quincy's Veterans' Memorial Stadium beginning in July.

Following more than eight hours of hearings over the course of two nights, city councillors passed a $345.98 million general fund budget for Quincy for the fiscal year would commence July 1, an increase of $5.86 million over the prior fiscal year's budget. Councillors passed the budget in a 7-2 vote.

Koch in May proposed a $346.65 million budget for fiscal year 2022, which runs from July 1, 2021 through June 30, 2022. Councillors made two cuts totaling $668,664 to the budget before passing it.

The largest cut to the budge, $401,500, came from the park and forestry budget. Those funds represent the cost of running the Furnace Brook Golf Club – which the city will take ownership of in January 2022 in accordance with a 1970s agreement with the club – from January through June of next year. Councillors removed those funds from the budget pending a presentation from the administration on its plans for the club.

2021 The Year In Review

Deaths during June included:

Yvonne M. Chandler, 92, Wollaston Theater co-owner; Audrey V. Borst, 96, bookkeeper, city of Quincy auditor's office; James P. McGuire, principal, Point Webster Middle School; Paul E. Arsenault, 76, Quincy firefighter; Barbara J. McCarthy, 81, Squantum School employee; Nancy M. MacCormack, 68, Quincy Public Schools teacher's aide; Marie Phelan, 89, St. Ann's Rectory employee; Robert D. Meenan, 83, leader, Boy Scout Troop 32; Peter C. Lind, 74, woodworking teacher, Quincy Public Schools; Norman C. 'Bud' Ellis, 92, deacon and trustee, First Church of Squantum; and MacDouglas J. Deegan, 23, sergeant, 1st Ranger Battalion.

July

Supt. Kevin Mulvey said he was optimistic for a return to a normal school year in September, based on information he had received from state officials. Certain guidelines – like masking – were unknown, he added.

"From what we can see from our discussions with the commissioner and his team is that when we go back to school in September, we will be going back normally, which is great," Mulvey said.

"Does that mean that the mask requirement will be eliminated? It is going to be contigent on a lot of things. Hopefully we don't have a variant or something like that that is going to cause an uptick in COVID cases."

Mayor Thomas Koch announced the nine members of the newly formed commission on diversity and equity. Appointed to the commission were: Ward 3 Councillor Ian Cain; attorney Gabriel Cheong; Faries Gray, a leader of the Massachusett Tribe at Ponkapoag; Philip Chong, the president and CEO of Quincy Asian Resources; David Murphy, the city's commissioner of natural resources; Lola Tom, the director of Asian services and community development for Hamel-Lydon Chapel; Mercy Umoren, a 30-year resident of the city; business owner Tony Patel; and Jean Kutash, who is a member of the city's Commission on Disabilities.

Cain, the committee's chairperson, said he hoped the body would be able to come up with realistic solutions.

"I just want the solutions to be couched in reality. I don't want to give people a sense that the racism and prejudice they have experienced can either be cured or prevented in the future, because that is not possi-

Cont'd On Page 16

Warmest Wishes
to
You and Yours
for Happy Holidays
and a Healthy
and Joyous 2022
DOUG GUTRO
School Committee

HAPPY HOLIDAYS
State Senator John Keenan
and Family

2021 The Year In Review

Governor Urges Residents To Get Vaccinated

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ble," Cain said. "I view this very pragmatically when it comes to city services. There are plenty of solutions that can be devised so that people are receiving the services appropriately."

Koch formally withdrew plans to build a pedestrian bridge to connect Pine Island to the rest of Merrymount Park amid opposition from area residents and city councillors. Koch said "it is possible" he could resubmit the plans at a later date following outreach to the community.

"What I would like to do is have some meetings with the neighborhood and the general population about what the big vision was," he said. "At the end of the day, I'm not going to push it down anyone's throat in any regard. If the support isn't there, then we will move on to something else."

In the same interview, Koch said a community process would help determine the future of the Munroe Building – the Quincy Center property the city planned to acquire using federal funds from the American Rescue Plan Act.

Some 80 residents participated in the Frank Buckley Memorial 5K Road Race in Squantum, the proceeds of which benefit the Squantum Fourth of July Parade. Robert Cannon was the overall male winner in the road race and Racquel Mailloux-Morin was the overall female winner.

Residents and elected officials from Quincy and Braintree spoke out against a proposed digital billboard that would be located in Crown Colony adjacent to Route 3. Braintree Town Councillors Julia Flaherty and Steven Sciascia expressed concern the billboard would negatively impact quality of life in the neighborhoods they represent while Quincy City Councillor Anne Mahoney said "the city of Quincy made it very clear that we do not want billboards anymore in the city," when city councillors voted to bar the Zoning Board of Appeals from granting variances for new billboards.

A wreath-laying ceremony at the United First Parish Church commemorated the 245th birthday anniversary of John Quincy Adams, who is entombed in a crypt beneath the building. City Council President Nina Liang said Adams, the nation's sixth president, made tough decisions and had the courage to stand by them.

"Ultimately, he stood by his convictions for what he believed would be for the common good," Liang said. "As we celebrate his birthday, let us remember his legacy he leaves us: to stand for what you believe in, to lead by example, and to demonstrate what it truly means to have courage and leadership."

State officials awarded Quincy a $2.98 million grant to help replace the seawall along the section of the Houghs Neck shoreline from Babcock Street to Bayswater Road. Ward 1 Councillor David McCarthy said work in that area would likely begin in the second half of 2022 at the earliest as the city put the finishing touches on a seawall that protects the Adams Shore and Post Island neighborhoods.

"We are going to take a deep breath here and make sure that phase one is completely taken care of, which also leads to the Army Corps of Engineers and the marshes behind Sea Street we are dealing with the Army Corps with, putting a tide gate at the culvert to relieve some of the pressure when Sea Street takes water," he said.

RACE WEEK RETURNS – Skipper Riley McNight, left, with the help of crewmate Molly Hearon of Town River Yacht Club, head for the finish in the Quincy Bay Race Week 420 race. The 83rd annual Quincy Bay Race Week regatta returned July 22 after being cancelled in 2020 due to the COVID-19 pandemic. *Quincy Sun photo/Tom Gorman*

Massachusetts officials issued new guidance recommending certain individuals who are fully vaccinated against COVID-19 wear face masks indoors in light of the spread of the highly transmissible delta variant.

The updated guidance from the DPH encourages fully vaccinated individuals to wear masks or face coverings when indoors and not in your own home, "if you have a weakened immune system, or if you are at increased risk for severe disease because of your age or an underlying medical condition, or if someone in your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated."

During remarks announcing the new guidelines, Gov. Charlie Baker repeatedly urged residents to get vaccinated against the coronavirus.

"They are your best protection, they are your parents' best protection, they are your family's best protection against COVID, so please, if you haven't gotten vaccinated, get vaccinated," he said.

Deaths during July included:

James R. Bassett, 92, water and sewer department foreman; Katherine Vento, clerk, Quincy District Court; Marion G. Batas, Eucharist minister, Holy Trinity Parish; James L. Berlo, 80, past commodore, Gull Point Yacht Club; Eileen F. P. Higgins, 90, president, Boston Chapter of the Society of Former FBI Women; William J. Lawless, 79, Ice Vendor Associates owner; Paul T. 'Hacka' Quinn, past president, Quincy Police Patrolman's Association; Mary A. Butler, 77, Braintree schoolteacher; Daniel A. Bythrow, 85, past president, Houghs Neck Community Council; and Frank F. Derbes, 79, Derbes Brothers Construction co-owner.

August

The city of Quincy was poised to receive $52.86 million in local aid from the state in the current fiscal year, nearly four million dollars more than the city got previously. Lawmakers had agreed to the local aid figures early on in the budget process to give municipalities advanced notice of what they could expect to get from the state as they prepared their budgets, Sen. John Keenan said.

"We come up with a consensus revenue figure relatively early on in the process and then the last few sessions we have come up an agreed upon local aid amount and generally that has held from the time the governor has introduced [his budget], through the House process and through the Senate process," Keenan said. "It is consistent with what was announced early in the process."

The budget also set aside $110,00 for improvement, preparedness and operations of the ferry service at Squantum Point Park; $100,000 for Quincy Asian Resources; $60,000 to the United First Parish Church to help install a sprinkler system; and $50,000 each for the Friends of Faxon Park and the Germantown Neighborhood Center.

The applicant seeking to install a new digital billboard in Crown Colony adjacent to Route 3 withdrew his request to do so ahead of a possible vote on the matter by the Zoning Board of Appeals.

The US Census Bureau released results of the 2020 survey that show Quincy's population had grown to 101,636 residents. That number is up from 92,271 residents in 2010, an increase of 9,365 people or 10.15 percent. Mayor Thomas Koch said the population growth over the previous decade showed Quincy is a desirable to live.

"I'm not surprised," he said of the increase. "It is a great place to live."

The census data also indicated that Quincy's white population had decreased from 67.3 percent in 2010 to 54.2 percent in 2020. The city's Asian population rose from 24 percent in 2010 to 30.7 percent in 2020 and its Black population grew from 4.6 percent to 5.4 percent in that same time frame. The city's Hispanic or Latino population increased from

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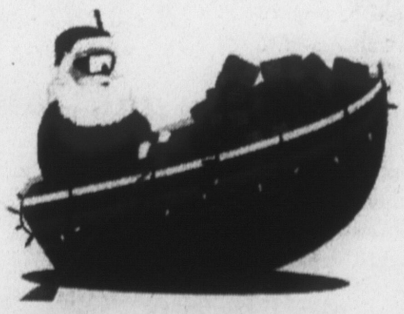
HAPPY HOLIDAYS
Frank Santoro
School Committee

Wishing you a Wonderful Holiday Season!
ANNIE MAHONEY
Councillor-At-Large

Happy Holidays!

William Harris
Ward 6 Councillor

DEC 29 2021

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3.3 percent in 2010 to 5.1 percent in 2020.

Supt. Kevin Mulvey announced the hiring of three new principals. Keith Ford was named principal at North Quincy High School, Derek Lakey the principal at South West Middle School and Natacha Dieudonné the principal at the Lincoln-Hancock Community School.

Koch was named to the newly formed MBTA Board of Directors, the seven-member board tasked with oversight of the transit agency. Koch was named to the seat by the MBTA Advisory Board, which is comprised of elected leaders from the 176 communities the T serves.

Koch committed to visit each MBTA community, review their facilities and understand each of their unique challenges and opportunities over the next six months. Each community, he said, has its own needs.

"Every community is different. Some communities it is all commuter rail, some communities the bus line is most important, some have rapid transit, some have all of them," he said. "I certainly want to advocate for ferry going forward as part of the modes of transportation for Quincy, and there will be a lot of discussion about expansion, the various lines.

"And I certainly don't want them to forget about the Quincy Center station."

The mayor also said he would neither impose a new citywide mask mandate nor require employees to get vaccinated amid an increase in COVID-19 cases statewide. Koch said Massachusetts is in a better position than most of the country given its high vaccination rate.

"We see on the news every night, stories about Florida and Texas where it appears to have gotten a lot worse. I would also suggest far less of their population is vaccinated – I think that is the cause of much of that," the mayor said.

The School Committee agreed to keep its mask mandate in place for the beginning of the school year, requiring all students and staff to wear masks in school buildings, even if vaccinated. Shortly thereafter, state officials announced masks would be required in all public schools through the early part of the school year.

Mulvey said he was hopeful the mask mandate could be lifted sometime in the school year but could not say when that would happen.

"Hopefully we can get back to normal and it will be a relief when I can say safely all students and staff can, if they wish, remove their masks," Mulvey said. "The main thing for us is making sure we keep our students and staff as safe as possible. Obviously, that has always been our first priority, and only then do we move into making sure they get the best possible education.

"Safety is first...that is why we are masking at the moment."

The inaugural Steele and Nazz Softball classic, which featured more than 100 participants, raised $6,000 for the Cystic Fibrosis Foundation.

Deaths during August included:

Liana S. "Lee Smits" Dararaksmey, 17, North Quincy High School student; Rosemarie A. Bradley, 78, Milton Ladies Auxiliary Unit 114 past president; Diane M. LaForest, 76, Quincy Police Department employee; Michael J. Guerriero, 60, youth sports coach; Paul G. Kennedy, 92, All-White Potato Company founder; Karen K. Kirby, 71, owner, Kirby Bates Associates; Diane M. Lydon, 79, social director, Granite Place; Paul J. Youngclaus, 73, principal, East Junior High, Weymouth; Ronald P. Shorton, 68, Newton police officer; and Santino Vitali, 81, owner, Tino's Gulf Station.

September

FoxRock Properties unveiled its plans to redevelop part of former Ross Lot in Quincy Center, including a 20-story tower housing a combined 325 hotel rooms and apartments, a 150,000-square-foot office building, a two-story building with a restaurant and other amenities, and a 490-car garage. The Quincy-based company unveiled its plans during a meeting of the Planning Board to begin reviewing the proposal.

"The project aims to create a vibrant streetscape through programming active uses along the ground floor with both lobbies, retail spaces and a series of outdoor spaces of different scales and type," said Josh Kleinman, FoxRock's director of design and construction, during the public hearing.

The board did not vote on the matter at the initial public hearing and planned to take up the item again in November.

A brief, solemn ceremony was held at Quincy Fire Department headquarters to mark the 20th anniversary of the Sept. 11, 2001 terrorist attacks. The ceremony included lowering the American flag to half-staff, tolling of a bell, and the playing of "Amazing Grace" on bagpipes.

"Coming together on this day every year is very important. It means a lot to all the first responders...who are here," Fire Chief Joseph Jackson said following the ceremony. "I think it's very important that we get together. It's a brief ceremony but it's a very respectful thing to do, I think, given what went on 20 years ago today."

On that same day, thousands gathered in Quincy Center for the dedication of the new Generals Bridge and Park, which honor 18 generals with ties to Quincy who have served the United States since the 1770s. The park features statues and busts of seven generals who have served since World War II; all five living generals honored in the park

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Quincy Marks 20th Anniversary Of 9-11-01

REMEMBERING 9-11-01: Quincy firefighters and other first responders stand at attention and citizens pause in memory of the nearly 3,000 lives lost in the terrorist attacks on September 11, 2001 during a somber ceremony marking the 20th anniversary of the attacks outside Quincy Fire Department headquarters. The Quincy Fire Department has held a 9-11 ceremony every year since that tragic September morning 20 years ago. The department sent several firefighters to Ground Zero at the site of the fallen World Trade Center Towers. They also attended many of the funerals held for the more than 300 New York City firefighters who lost their lives responding to the attacks. Among the Quincy firefighters who assisted at Ground Zero and attended the funerals of fallen comrades from the NYC Fire Department was Steve Sweet (lower left) who played "Amazing Grace" on the bagpipes during the 9-11 anniversary ceremony. At his right is a Quincy Police K-9 officer who offers a salute to the first responders who died on 9-11. *Quincy Sun Photos/Robert Bosworth*

2021 The Year In Review

Happy New Year
Don and Donna Uvanitte

May the joyful spirit remain in your heart throughout the year!
HAPPY New Year
QUINCY CATHOLIC ACADEMY

City Salutes Seven Generals At Bridge, Park Dedication

2021 The Year In Review

The Quincy Sun
Historic Quincy's Hometown Weekly Newspaper Since 1968
VOL. 54 No. 1 Thursday, September 23, 2021 $1.50

★ City Salutes Seven Generals ★

Over 2,000 Attend Generals Bridge, Park Dedication

GENERAL JAMES McCONVILLE (second from left) with his sons Ryan (left) and Michael (right) and his father Navy veteran Joseph McConville after a statue in the general's honor was unveiled at a ceremony Sept. 11. General McConville was one of seven generals with local ties who were honored with bronze statues and busts in the newly created Generals Park in Quincy Center. *Quincy Sun Photos/Robert Bosworth*

GENERAL JOSEPH DUNFORD, Jr. with family after a statue in his honor was unveiled at the General Bridge and Park dedication Sept. 11. From left to right: son Patrick, General Dunford, the general's wife Ellyn, his father Joseph Dunford, Sr., a Marine Corps veteran and daughter Kathleen.

GENERAL GORDON SULLIVAN (right) pumps his first in celebration after he and his wife, Lori Bovie (left) unveiled his bronze statue at Generals Park Sept. 11.

WELL-WISHERS GATHER around Major General Francis M. McGinn and his family after a bust in his honor (right) was unveiled at the Generals Bridge and Park dedication Sept. 11. Bronze busts of three other generals with ties to Quincy were also dedicated to the late Major General Stephen T. Keefe, Jr., the late Major General Charles W. Sweeney and Brigadier General Ronald T. Rand. More coverage begins on Page 13.

FRONT PAGE of the Sept. 23, 2021 Quincy Sun shows photos from the dedication of the Generals Bridge and Park that took place Sept. 11. Seven generals with local ties were honored with statues and busts at the dedication of the park that is located at General Joseph Dunford Drive and General James McConville Way near the Mayor Walter Hannon Parkway.

Cont'd From Page 18

spoke at the dedication, and special guests spoke on behalf of two generals who are deceased.

"I think the generals honored here today are simply links in a long chain of men and women from Quincy who have sought to make a difference by living a life characterized by service," said Marine Corps Gen. Joseph Dunford, who served as the chairman of the Joint Chiefs of Staff from 2015 to 2019.

"If you look at it that way, the bridge and the park are less about recognizing any of us as individuals and more about highlighting the values and the traditions that are most important to Quincy, Massachusetts."

In his remarks at the ceremony, Mayor Thomas Koch called for a moment of silence in observance of the anniversary of the Sept. 11 attacks. He also recognized two former Quincy residents killed that day: Kevin P. Connors, age 55, who was working in the South Tower of the World Trade Center, and Susan A. MacKay, age 44, a passenger onboard American Airlines Flight 11.

Making her first bid for elected office, Tina Cahill topped the field in the School Committee preliminary election with 2,330 votes. Incumbent Emily Lebo came in second with 2,216 votes, and incumbent Courtney Perdios was third with 1,984 votes, followed by Liberty Schaaf with 1,915, incumbent Douglas Gutro with 1,777 and Liz Speakman with 1,351. Ellen Patterson O'Donnell came in seventh with 857 votes and was eliminated from the race.

Councillor Anthony Andronico introduced a resolution asking the Koch administration to provide an update on how the $46.3 million the city received from the American Rescue Plan Act had been spent to date. The resolution also called for public input into how the remainder of those funds would be allocated.

"The people of Quincy deserve an opportunity to provide direct input into how federal COVID-19 relief funds are spent," Andronico said.

"Although the mayor's office has final say on how these funds are allocated, I believe the administration should take the same steps followed by many other municipalities that have a mayoral form of government and solicit input from residents."

Councillors Brian Palmucci and Anne Mahoney introduced a proposed ordinance that would allow the Quincy Police Department to impound bicycles if their riders do not follow the rules of the road, with repeat offenders at risk of losing their bikes permanently.

"This is a direct response to – I think we've all probably had these calls – bands of roving teenage boys riding bicycles in the middle of the street ignoring traffic or disrupting the flow of traffic," Palmucci said.

"I got a report, something happened on Furnace Brook Parkway where someone was hit and the boys on the bikes got out and they stomped on the windshield of the driver. It was really a very bad situation."

An estimated 5,000 to 8,000 people came to PorchFest Quincy, the annual slate of concerts that was making its return following a one-year hiatus in 2020.

"It went very well. All three neighborhoods had a pretty nice turnout, the bands were amazing, and people really appreciated the day," said Walter Hubley, one of the event's organizers.

"It was a wonderful community event where friends and neighbors came together through the shared experience of music."

Deaths during September included:

John Ridge, Boston police officer; Toffee H. Derbes Jr., 81, co-owner, Derbes Brothers Construction; Doreen M. Burke, Eucharist minister, Our Lady of Good Counsel Parish; Gwendolyn G. Senger, 91, secretary, Fort Square Presbyterian Church; Marilyn M. Curtin, 91, registered nurse, Quincy City Hospital; Albert L. Lewis Jr., 70, owner, Lewis & Son Plumbing & Heating; William J. Horne Jr., 100, member, Boston College graduate faculty; Pamela Blue Whitney Maher, 66, president SEIU Local 888; Marcia Brown, 66, owner, Petals and Pearls Wedding Florist; and Adeline M. Foley, 98, secretary, Quincy Police Department.

October

Veterans, residents and local officials gathered in front of the Atherton Hough School to rededicate the memorial that honors Houghs Neck residents who served during World War II. The dedication was held after new landscaping and memorial bricks were installed around the granite monument.

"The goal for this project was to clean up and replant the site and really showcase this beautiful monument," said Patti Williams, president of the Houghs Neck Garden Club, which led the effort to spruce up the site.

City councillors unanimously approved a new ward and precinct map for Quincy, which will take effect starting in 2022. Some 16,500 Quincy residents, including 4,500 registered voters, will switch precincts or wards once the new maps come into effect, City Clerk Nicole Crispo said. All voters impacted by the changes will be notified prior to the

Cont'd On Page 24

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this
Holiday Season
Emily Lebo
QUINCY SCHOOL COMMITTEE

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Real Estate

Quincy Real Estate Transactions Dec. 20 - Dec. 23

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Valentine K. & Blandina Milenga	Ana L. Baldeon	$405,000.00	200 Cove Way, Unit 909
N. Munir Realty Trust	Joseph Bradley	$355,000.00	200 Cove Way, Unit 612-II
Gloria G. Ratti Trust	Fallon Realty Trust	$695,000.00	40 Greenleaf Street, Unit 701
Rawson Road Development LLC	XYZ Realty Trust	$200,000.00	97 Rawson Road
Phillipe C. da Mota Vieira & Jillian Kinton-Vieira	Michael & Karen Zahradnik	$580,000.00	165 Milton Street
George Pepdjonovic	Ghia M. Griess & Maura R. Brennick	$690,000.00	607-609 Washington Street
Kendra Tornheim & Adam B. Stilgoe	Tingting Zeng, Lanlan Zeng & Junzhou Zeng	$865,000.00	26 Presidents Lane
Z Services Corp Inc	M&J Auto Service Inc	$1,000,000.00	346 Sea Street
Richard Krezwick, Lindsey Owen & Lisa Baldassari	Catanco Technologies Corp.	$1,225,000.00	210 Marina Drive, Unit 17
Hieu Nguyen & Thao T. Tran	Vinh Dao & Thuong Dinh	$820,000.00	19 Cyril Street
Christine M. Moore	Dennis & Diana Chow	$545,000.00	1022 Hancock Street, Unit G-11
Norma E. Baratelli	Difei Hu	$409,000.00	138 Phipps Street
Siobhan O'Brien	Shaopu Li & Yu Gao	$300,000.00	176 Glendale Road, Unit 176
Ya X. Ma & Jian W. Chen	Claudia & Anders C. Dybdahl	$360,000.00	22 Roosevelt Road, Unit 3
Palisi Properties LLC	J&H Property LLC	$975,000.00	70-76 Billings Road
Neponset Landing LLC	NS Boston IV Neponset Landing Owner LLC	$114,500,000.00	2 Hancock Street

Councillors Approve Fire Safety Ordinance

By SCOTT JACKSON

City councillors recently passed an ordinance that would provide additional safety measures to protect firefighters and residents in the event of a fire.

Councillors approved the ordinance, introduced by Ward 4 Councillor Brian Palmucci, in a unanimous vote on Dec. 13. Mayor Thomas Koch said he would check with state officials to see if the city could enforce the legislation before he signs it into law.

"I don't know that it is in our purview to do that because of it is part of a building code issue," Koch said on Dec. 16. "I'm going to send the package in to the appropriate agency and ask for some guidance on that before I sign it."

Among other provisions, the ordinance would require that buildings constructed using light-frame or truss construction have an appropriate identifying emblem on each exterior entrance; the letters "LF" would be used to designate light-frame construction, "F" to signify a floor with truss construction, "R" to signify a roof with truss construction, and "F/R" to signify both a floor and roof with truss construction.

Such emblems would not be required on detached one- or two-family residential structures that are not part of a planned real estate development. Individual structures within a planned real estate development would not need the emblems provided the appropriate emblem was affixed at each entryway to the development.

The ordinance would also require fire watches be posted in buildings under construction at the developers' expense before the buildings' sprinkler systems are brought into service. The fire watch would need to be posted whenever there were no construction activities underway on site.

During a public hearing on the proposal, Tom Bowes, the president of IAFF Local 792, the union that represents Quincy firefighters, voiced his support for the ordinance. Bowes stated that buildings built with truss construction are more vulnerable to damage in a fire.

"Truss construction is known in our line of work as 'firefighter-killer construction.' Truss construction is lighter, cheaper and weaker than legacy construction and heavy-timber construction that we have seen over the years. It is both cost effective and a quicker way for the developers to build," Bowes said.

"While this construction is allowed under the building code, this type of construction is dangerous under heat and fire conditions."

The placards called for in the ordinance "are a common sight in Florida and New York," Bowes added.

"These placards give firefighters a heads up on the type of construction when they pull up on scene, which can ultimately save lives," he said. "These placards are not only a safety measure for current and future generations of firefighters, but also for the citizens living in these types of buildings now and 50 years from now."

Fire Chief Joseph Jackson said the emblems can provide life-saving information.

"I agree with President Bowes and I appreciate very much his comments and all the work that he did. I know he got this ball rolling with former Fire Chief [John] Cadegan some time ago," Jackson said.

"This is a measure definitely worth following up on. This is life-saving information that can be seen by the incident commander at a glance."

Jay Duca, the city's inspectional services director, said however that the city lacked the power to enforce the ordinance because the state building code, set by the Board of Building Regulations and Standards, preempts any conflicting local requirements.

"In 1975, the legislature eliminated all local building codes and created a statewide, comprehensive state building code to be applied uniformly throughout the commonwealth," Duca said. "The Mass. state building code preempts any local code that conflicts with the building code."

The state building code, Duca added, requires that the fire command center be equipped with information on the building's construction.

"The BBRS has determined this to be the proper place for this information and not anywhere else," he said.

In addition, Duca said the state building code regulates fire safety measures during the construction of buildings and does not require a fire watch be posted.

When he introduced the ordinance in November, Palmucci said the ordinance mirrored legislation pending on Beacon Hill. At the Dec. 13 meeting, Palmucci said the ordinance "seems like a no-brainer."

"If I'm running into a burning building, I would want to know if it was made out of steel, concrete or wood," he said. "I think this is the least we can do in terms of assisting the protection of life and prevention of harm to our firefighters and to residents alike."

Palmucci also said he disagreed that the measure conflicts with the state building code.

"It doesn't seek to preempt the building code," he said. "I would respectfully disagree, I suppose, that it does, because this doesn't address the construction, deconstruction or demolition of buildings. Therefore, it doesn't preempt the building code."

Ward 1 Councillor David McCarthy asked City Solicitor James Timmins if the city would find itself in hot water should it attempt to enforce the ordinance. Timmins said that the ordinance might cause some concern at the state level, but nothing bad would happen to the city should it move forward with the legislation.

"In terms of hot water, if you can stand something tepid or medium warm and you want to go forward as a sign of support, then noth-

Cont'd On Page 34

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A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

On Sunday, Dec. 19, at approximately 8 p.m., Officer Rolfsen and his canine partner Archer were dispatched to a residence on Ellington Road on a report of an assault that just took place. QPD communications stated two individuals were standing outside after being struck by a bottle.

Upon arrival, Officer Rolfsen spoke to the two victims. Both stated they smelled smoke in the residence and heard the smoke detector alarm going off. They exited their separate rooms and began to walk downstairs, where they observed another occupant standing on the steps drinking vodka from a 1.75ml bottle. This individual was severely intoxicated and suddenly began to strike each party in the head with the glass bottle. The two victims stated they ran outside of the residence in order to contact the police for assistance.

Officer Rolfsen then made his way into the house where he located the suspect standing in the living room smoking a cigarette and holding a golf club. Officer Rolfsen advised the suspect to drop the club and place his hands behind his back. The suspect complied and was placed in handcuffs. Officer Rolfsen asked the suspect to explain what had occurred prior to his arrival. The suspect looked at Officer Rolfsen with a "thousand mile stare" and slurred his words to a point where Officer Rolfsen could not understand what was being said. The suspect then suddenly stated, "I hit them."

Officer Rolfsen observed smoke building up within the home. The suspect then told Officer Rolfsen that he lit his mattress on fire. Officer Rolfsen walked the suspect to an awaiting cruiser while the Quincy Fire Department handled the fire.

Officer Rolfsen made his way to the second floor to assess the damage caused. He observed several empty 1.75ml vodka bottles were scattered throughout with burn marks on the floor. The Quincy Fire Department physically removed the mattress, which was on fire, and placed it outside where a smashed Amsterdam Vodka bottle was located on the steps. The two victims stated that was the bottle used during the assault. Both parties were evaluated by Brewster personnel and refused medical treatment.

The suspect, a 23-year-old from Brockton, was placed under arrest and transported to the Quincy Police Station. He was charged with two counts of assault and battery with a dangerous weapon (to wit glass bottle) and arson of a dwelling. At booking, it was determined that he had an outstanding warrant for his arrest.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, DEC. 17

LARCENY (shoes), 12:55 p.m., Arlington Street. Housekeeper involved.

SATURDAY, DEC. 18

BREAKING AND ENTERING/PAST (cash register gone), 9:38 a.m., Water Street. Back door broken, owner on scene. Saw on camera happened at 7:15 a.m. Cash register completely removed.

LARCENY/MOTOR VEHICLE, 3:09 p.m., Quincy Avenue. See vehicle owner on Babcock Street to file report. Employee had a work truck that was stolen from above. Report filed.

BREAKING AND ENTERING/PAST, 8:31 p.m., Winter Street. Believes someone broke into his room and destroyed his property. Says camera in the hallway that may have captured it. No items taken, nothing destroyed, no suspects. Case number provided.

SUNDAY, DEC. 19

LARCENY/MOTOR VEHICLE (past), 12:09 p.m., Kendall Street. Caller's car was recovered in Boston. See caller in QPD lobby. Stolen car form filled out and filed.

ASSAULT AND BATTERY (assault), 7:53 p.m., Ellington Road. Arrest made. QFD striking a box. Male party wearing dark shirt and sweatshirt light brown hair. One detained. Possible fire in bedroom. One being transported to PD for assault and battery dangerous weapon. Brewster notified for evaluation of victim. EMS refusal.

MONDAY, DEC. 20

VANDALISM/PROPERTY (to Christmas decorations), 8:28 a.m., Standish Avenue. Several incidents. Has Ring camera footage. Case number provided.

LARCENY (past), 4:19, Southern Artery. In QPD lobby. Reporting party states that he was supposed to have a cell phone delivered to his house and he never received it. States he called the phone company and they told him he would need to file and provide proof of police report for replacement phone to be sent out. Larceny report to be filed.

ASSAULT AND BATTERY (just happened), 10:12 p.m., Beach Street. Reporting party states that a male just came to her house and "put his hands on me." Heading towards the highway. Male lives in Canton. Reporting party states that this is not a BF, it is just a male and they got into an argument when he assaulted her. No weapons, reporting party not injured.

TUESDAY, DEC. 21

VANDALISM/PROPERTY (slashed tire), 3:41 p.m., Falls Boulevard. Reporting party states that she came out of store to find her tire flattened. She checked with Walmart security and they suggested for her to call police regarding her flat tire after reviewing surveillance footage. SUV is parked near store entrance and reporting party will make herself known to responding officer. Report filed.

LARCENY (bag), 3:42 p.m., Southern Artery. Pink purse was stolen. Female will wait in front of the store for officer. Brewster notified for evaluation. Party has special needs, her stuffed animal was stolen. No suspects, no video from inside the store.

BREAKING AND ENTERING/ATTEMPT (just occurred), Waterston Avenue. Someone tried to break into caller's house. Caller didn't see anything just heard it. Report filed.

VANDALISM/PROPERTY (north wing), 9:01 p.m., Southern Artery. Reporting party states someone wrote profanities of her mailbox, will meet in lobby. Report filed, photos were taken.

BREAKING AND ENTERING/ATTEMPT (dwelling), 9:35 p.m., Quarry Street. Male is breaking window first floor. Started 10 minutes ago. Black male, 5'11", slim build. Tattoo on torso, no clothing description stated "I'm not coming back." Light blue jeans, dark hoody running towards the highway. Reporting party heard the male call someone a "hoe" he assumed it was a female. Victim does not know suspect or what had occurred. Report filed.

LARCENY/MOTOR VEHICLE (black Chrysler), 9:46 p.m., West Squantum Street. Black Chrysler 200. Car went towards Presidents Golf Course. Reporting party wearing maroon jacket. Veterans sticker on back. Vehicle was involved in a motor vehicle accident and fled from the scene. 779 and 777 are at the West Squantum Street market with the victim. Caller suspects a light skinned male wearing a puffy black jacket, ripped black jeans white sneakers. Black male wearing a black hoody with a green and black windbreaker, dark pants with a Nike logo on the left leg and dark colored sneakers. Boston and MSP notified. MSP was notified of all into that QPD had gotten so far in the investigation of the stolen motor vehicle.

WEDNESDAY, DEC. 22

LARCENY/MOTOR VEHICLE (left running), 1:52 a.m., Prout Street. Occurred in past 10 minutes. 2007 silver Honda Civic. Reporting party started car to warm it up now gone.

LARCENY (male), 11:37 a.m., Old Colony Avenue. In basement acting irate.

Total Calls for Service (Dec. 17 - Dec. 22): 905

Breaking & Entering Motor Vehicle: Centre Street, Atlantic Street, Grove Street, Clarendon Street

Breaking & Entering in the Past: Winter Street, Water Street

Breaking & Entering Attempt: Quarry Street, Waterson Avenue

Breaking & Entering in Progress: Arlington Street

Police Locate Man Accused Of Approaching Women In Parking Lots

By SCOTT JACKSON

Quincy police said they have found the man accused of approaching women in area parking lots and trying to lure them from their vehicles.

The department said they received a call from a female around 9 a.m. on Dec. 21 who stated a male approached her vehicle and told her it was leaking oil. The female immediately contacted police, the department said, and provided a description of the man's vehicle, a white Jeep Patriot.

Police said they were able to locate the vehicle in Quincy. Detectives then interviewed the driver, who was taken to a local hospital for evaluation.

"While we are confident this is the suspect from previously reported incidents, our detectives continue to investigate," the department said in a Dec. 21 statement. "We encourage everyone to remain vigilant and report any suspicious behavior."

Sgt. Karyn Barkas on Dec. 23 said police continued to investigate the matter and the man had not been arrested.

On Dec. 19, state Rep. Alyson Sullivan of Abington said a man approached her that evening in the parking lot of a Target store in Stoughton. The man tried to coax her out of her vehicle by claiming it had an oil leak, Sullivan said; she later checked her car when it was safe to do so, and it did not have an oil leak. That incident was reported to the Stoughton Police Department.

Stoughton police on Dec. 20 confirmed Sullivan's report and said it was the second such incident to take place in the town within a two-week span. The department said similar incidents, all involving a white Jeep Patriot, had been reported in other nearby communities as well.

Stoughton police on Dec. 21 confirmed the man found by Quincy police was the same person involved in the incident at the town's Target.

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BBB Scam Alert:

Don't Fall For Fake Streaming Service Activation Prompts

By BETTER BUSINESS BUREAU

If you've signed up for a streaming service, such as Netflix, Disney+, PBS Passport, or Hulu, be careful when activating your account. Unfortunately, scammers are trying to steal login information and other personal data with fake websites that appear to come from the streaming service provider.

How the scam works

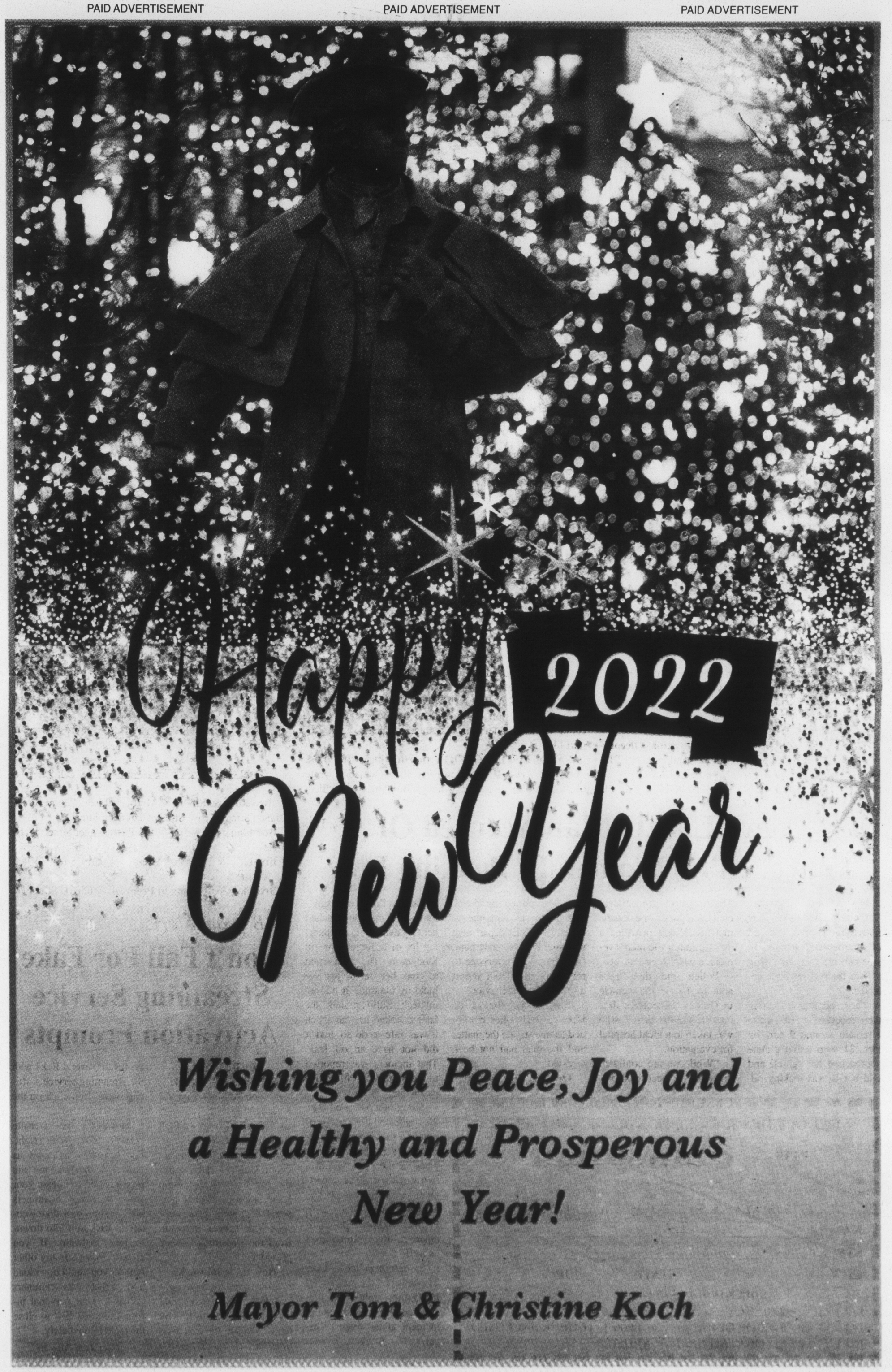
You purchased a subscription to a streaming service. To activate it, you need to log in on your web browser. A quick search brings up several links with the streaming service's official name. You click on the first result.

However, the website doesn't look quite right. For example, as soon as you click the link, the site prompts you to update your web browser. Scammers have set up a lookalike website to trick you into downloading malware. If you click "Update" or any other button, you could download a virus that gives scammers access to your personal information. It's best to close the page immediately.

Cont'd On Page 30

DEC 29 2021

PAID ADVERTISEMENT PAID ADVERTISEMENT PAID ADVERTISEMENT



HANCOCK-ADAMS COMMON bronze statues of namesakes John Hancock (this page) and John Quincy Adams (Page 23) stand proud among the festive colorful lights that brighten the Quincy Center park this time of year. The common has become a signature spot during the holidays and popular site for many visitors to take photos. The common will remain decorated through at least Jan. 6.

Quincy Sun Photos/Robert Bosworth

DEC 29 2021

Happy,
Healthy
2022!
PLEASE
STAY
OFF THE
John Adams

HN WWII Memorial, Sgt. Grenham Park Dedications

Cont'd From Page 18

state primary election in 2022, the first election the new maps will be in place.

Crispo said the map was drawn starting at the city limits and working inward.

"We did try to work on the edges of our community, all around the water and around the Blue Hills, and come into the middle and that is how we came to this map, and I think it is a good map," she said. "I'm really proud of it. I think that you have your diverse sections, you have your neighborhoods all still intact."

Keith Ford, the new principal at North Quincy High School, said he wants to carry on the school's tradition of pride and excellence while also embracing its diversity. Ford was hired as the new principal at North in August after spending the previous years at Needham High School as an assistant principal.

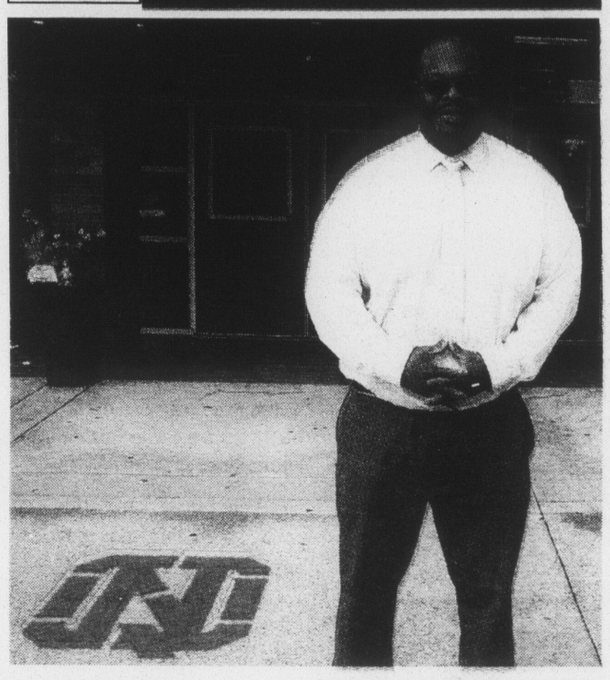
"I want to make sure we're fully represented here, that our diversity is fully embraced, even from something as simple as the infrastructure of the building, to represent all that kind of walks in every single day," Ford said when asked about his goals as principal.

"My long-term goal is a continuation of really believing in that pride and excellence. That the traditions of years ago that folks have pride in, that we bring it back to the point where folks that are graduating now also feel that same way so…they will come back 20 years from now, 15 years from now, and want to be part of North in some capacity, working here."

The Quincy Veterans' Council dedicated a playground on Macy Street in Houghs Neck to Army Sgt. Lawrence Grenham, who was killed in action during the Vietnam War.

"I can think of no better way to pay tribute to Larry than to dedicate a children's playground in his name," said James Fratolillo, a childhood friend of Grenham's who also served in the Army during the war.

2020 The Year In Review



KEITH FORD, the new principal at North Quincy High School, said he wants to carry on the school's tradition of pride and excellence while also embracing its diversity.

Quincy Sun Photo/Scott Jackson

Mayor Thomas Koch questioned whether the Quincy Education Association had been acting in good faith in regard to contract negotiations between city and the teachers' union. Koch made his comments about the QEA during a School Committee meeting after a group of parents submitted a letter saying they were "disheartened" to learn the city had offered the union a 0 percent raise for fiscal year 2021 and a 1.25 percent raise for fiscal year 2022 when other unions representing municipal workers, such as police and firefighters, agreed to contracts with a 0 percent raise for fiscal year 2021 and 3 percent for fiscal year 2022.

"We negotiate in good faith, we follow the law, but I can't say that happens on both sides and it gets very challenging because of not only the letters that are read here, but I get calls, I run into teachers, I run into parents across the city as all of you do," the mayor said.

"I've got to be careful because I am wading into territory where I could get a call tomorrow from the state saying I am violating, but I don't know that the leadership and union really has been acting in good faith. I say that in a way that I challenge them back a little bit."

Quincy Education Association President Gayle Carvalho, in a statement, said the union and city had mutually agreed to put off contract talks at the end of the last school year. She said the union would be happy to return to the bargaining table and was optimistic about reaching a favorable outcome for educators.

"The School Committee has at no time presented the QEA with an offer at the bargaining table of 0 percent for FY21 and 3 percent for FY22," Carvalho said. "The QEA would be happy to consider and respond to such an offer. However, as is the standard practice of contract negotiations, we are unable to respond until the School Committee presents its offer in the appropriate format, in the appropriate forum."

Dolly Di Pesa, managing partner of Di Pesa & Company Certified Public Accountants, was appointed to the board of governors at Quincy College.

A powerful nor'easter struck the South Shore, lashing the region for 24 hours with sustained tropical-storm force winds and heavy rain. Approximately 6,000 National Grid customers in Quincy were without power at the height of the storm, which caused widespread outages across the South Shore.

THE GRANITE Houghs Neck World War II Memorial site is now surrounded by new landscaping and a brick walkway inscribed with the names of more than 500 Houghs Neck WWII veterans. The memorial was rededicated at a ceremony Oct. 2. *Quincy Sun photo/Tom Gorman*

The storm also peeled a portion of the roof off O'Brien Towers in Germantown, and three residents were temporarily relocated to hotels. James Marathas, the executive director of the Quincy Housing Authority, which owns the building, thanked federal, state and local officials for offering their assistance after the roof came off.

"The outpouring of support of support was phenomenal," he said. "The tenants appreciate it and certainly the authority appreciates it."

Four members of the Quincy Fire Department received promotions during a City Hall ceremony with dozens of family members and fellow firefighters in attendance.

Joseph Barron Jr. was promoted to the rank of deputy fire chief, James Campbell was promoted to the rank of captain, and Gerard Shea and Christopher Murphy were both promoted to lieutenant.

A wreath-laying ceremony was held to commemorate what would have been John Adams' 286th Birthday. City Council President Nina Liang said Adams' legacy should "inspire each of us to continue to rise to the challenge of what it truly means to serve others, to be unafraid of challenges to come, and to move our city forward together."

Deaths during October included:

Charles F. Reardon, 88, owner, Alumni Pizza and Sub Shop; John H. Ventosi, 87, Quincy Highway Department employee; Tecla V. Tozzi, 97, owner, Knotty Pine; John T. Quinn, 90, fourth degree knight, Quincy Knights of Columbus; Sharon L. Clancy, 71, co-owner, D. Clancy & Sons; Bernice A. McDonald, co-owner, Thomas P. McDonald Insurance Agency; and Dr. Newton J. Cochran, founder, Wollaston Medical Associates.

Cont'd On Page 25

Wishing you and your family
Peace, Love and Health during the Holiday Season and throughout the New Year.
School Committeeman
PAUL BREGOLI

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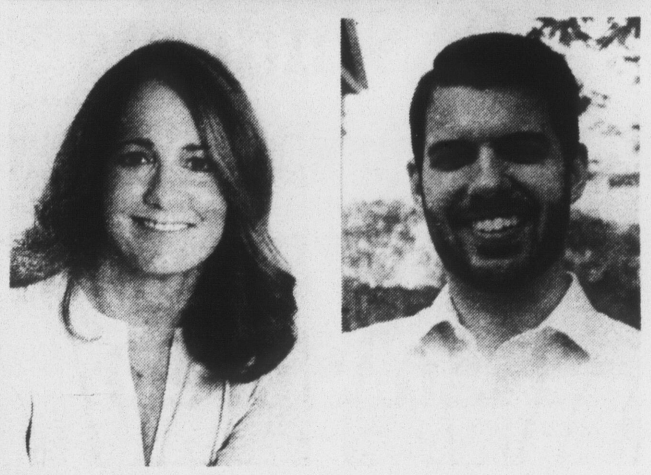
Happy Holidays to All
& Sincere Thanks To All of Our Veterans
Quincy Veterans Services

DEC 29 2021

Former Mayor McCauley Passes Away; Tina Cahill Wins School Committee Seat, Anthony Andronico Wins Ward 2 Race

2021 The Year In Review



TINA CAHILL (left) and Anthony Andronico (right) were among the winners in the municipal election. Cahill won a seat on the school committee and Andronico was elected Ward 2 councillor.

November

Quincy voters reelected incumbents Emily Lebo and Douglas Gutro to the School Committee in the city's municipal election, and also voted first-time candidate Tina Cahill onto the committee.

Lebo topped the six-person field in the School Committee race, finishing with 5,128 votes. Cahill was second with 4,807 votes and Gutro placed third with 4,439 votes. Coming in fourth place was incumbent Courtney Perdios, who had been appointed to the committee in February, with 4,388 votes, 51 fewer than Gutro. First-time candidates Liberty Schaaf and Liz Speakman finished fifth and sixth, with 3,802 and 3,330 votes respectively.

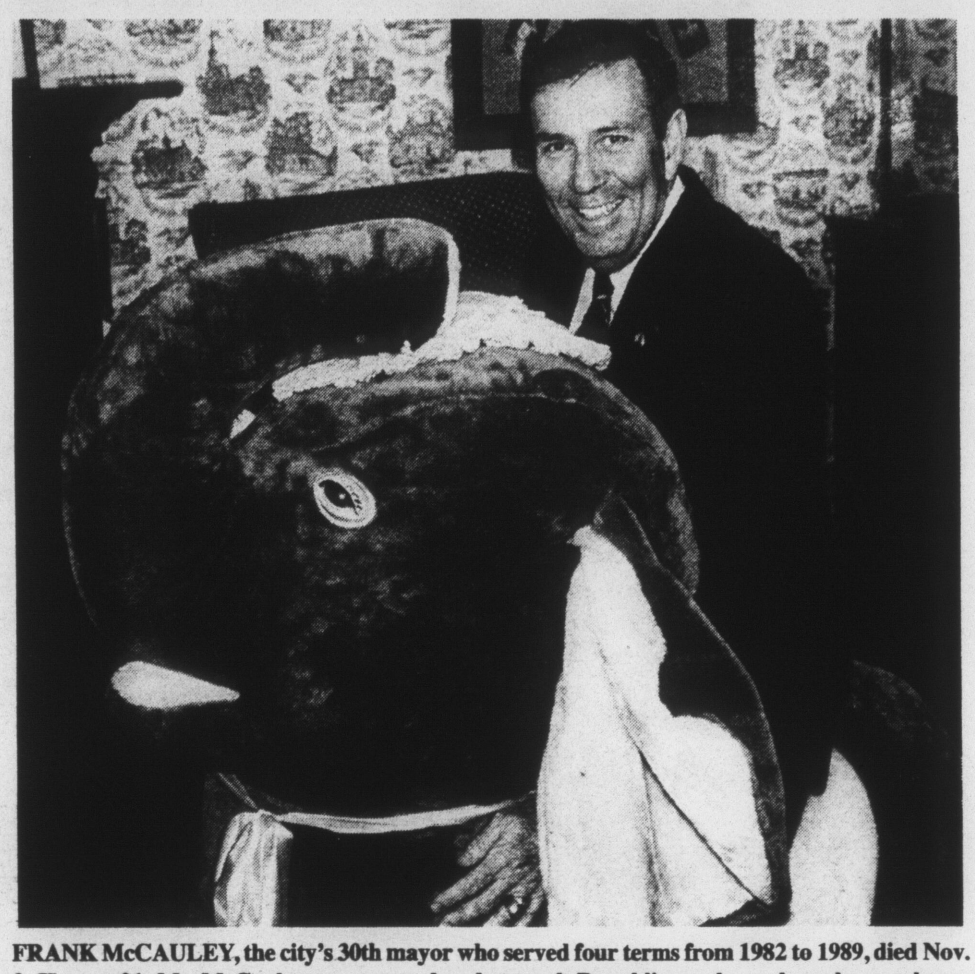
The municipal election also saw all nine incumbent city councillors reelected to new two-year terms.

A Norfolk Superior Court jury found Matthew Potter, of Weymouth, guilty of involuntary manslaughter in connection with the 2019 death of Christopher McCallum, and Potter was sentenced to serve three to four years in state prison. The jury acquitted Potter on two counts of indecent assault and battery on a person over the age of 14, and one count of simple assault.

McCallum's wife, Kathy, welcomed the verdict.

"We waited just shy of 3 years to receive a small sense of justice following my husband Chris' homicide," she said in a statement. "We take solace in the knowledge that Matthew Potter has been found guilty of involuntary manslaughter by a jury and will serve 3 to 4 years in prison for his reckless actions, however no sentence will ever equal the life sentence imposed on all of us without Chris in our lives."

Former Mayor Francis X. McCauley died at the age of 91 on Nov. 3 – the 40th anniversary of his election



FRANK McCAULEY, the city's 30th mayor who served four terms from 1982 to 1989, died Nov. 3. He was 91. Mr. McCauley was a proud and staunch Republican who endorsed several successful GOP candidates including William Weld for governor and Scott Brown for U.S. Senate. Here Mr. McCauley takes a ride on an oversized stuffed elephant (the symbol of the Republican Party) during festivities at the Woodward School for Girls while he was Quincy mayor in the 1980s. Johnice Graham of Quincy won the stuffed animal and promptly named it "Frank" in honor of the Quincy mayor. *Quincy Sun File Photo*

as mayor. McCauley, who spent 32 years in elected office, is the only person in Quincy history elected as mayor, city councillor at-large, ward councillor, and to the School Committee.

Mayor Thomas Koch said, "few people have given as much as themselves to our beloved city as Frank McCauley."

"He became mayor during one of the most challenging eras of local government – the implementation of Proposition 2 ½. It was a time that required some incredibly difficult decisions, a steadfast resolve and a singular focus on the city's financial future," Koch said. "He was a no-nonsense leader and suffered no fools, making him a perfect fit to navigate those difficult times and making the city prosper along the way."

City councillors approved in a 7-2 vote Koch's request for a $400,000 appropriation to cover the costs of running the Furnace Brook Golf Course for the first half of calendar year 2022. The city will take ownership of the course on Jan. 1 in accordance with a 1971 agreement reached by the city and the club.

"We're seeing Furnace Brook Golf Club as an opportunity to work with our recreation department to really introduce many more of our residents," to play golf, said David Murphy, the city's commissioner of natural resources.

FoxRock Properties said it no longer planned to in-

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SONS OF THE American Legion, Squadron 294, Morrisette American Legion Post, held its annual Veterans Day observance Nov. 7 at Flags for Veterans Island, Fort Square, Quincy. Here Chaplain Don Knight gives the invocation as Finance Officer Guy Ferris (center) and Morrisette Past Commander and Officer of the Day Steve Dunlea bow their heads in prayer. The Squadron and city were saddened by the loss of Commander Joseph Brill (photo right) who passed away suddenly on Thanksgiving Day. *Quincy Sun Photos/Robert Bosworth*

Happy Holidays!

Attorney & Mrs.
George Burke

Happy Holidays
and thank you
to all our Veterans

Sons of the American Legion
Squadron 294
Morrisette Legion Post

Happy Holidays
City Clerk Nicole Crispo
and Family

2021 The Year In Review

HS Students Walk Out To Protest Racism, Hate Speech

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clude any residential units in its proposed development on the former Ross Lot in Quincy Center. The company said it would no longer seek permission to construct a 20-story building on site.

Speaking to a crowd of several hundred residents and veterans on Veterans Day, many of whom were carrying American flags, the commanding officer of Navy Operational Support Center Quincy, Lt. Comm. Monica Johnson, reflected on the meaning of the word "sacrifice."

"We as veterans, we raise our right hand and pledge to serve and defend the Constitution of the United States and all personnel," Johnson said. "We commit to putting the safety and security of the citizens of the United States above our own. We sacrifice time with our families, friends, the ability to have children, our physical and mental health, to ensure those we serve have the opportunity for safety, a full life, and to thrive."

Students from both of Quincy's high schools walked out of class to protest racism, hate speech and discrimination. Students at Quincy High were the first to leave class, first walking to City Hall and then to North Quincy High School, where they were joined by students from that school who also walked out. Many then returned to Quincy High School, where they met with administrators, including Supt. Kevin Mulvey.

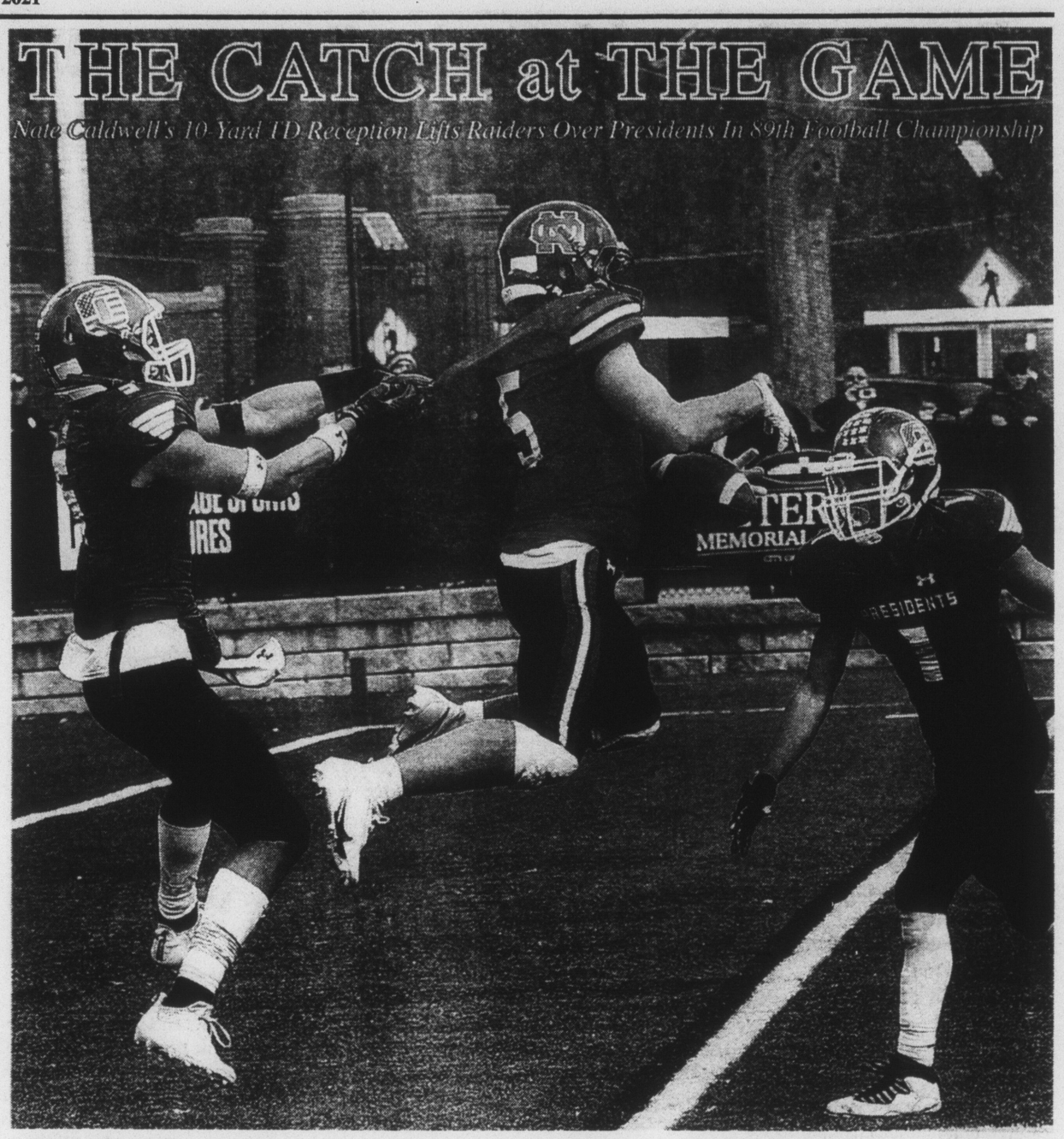
The protest came days after students at Quincy High created a song naming students from North Quincy High School that used racist and sexualized language. In addition, there was a physical altercation between Quincy High School students that was initiated because of a video with racist hate speech one of the students had made.

Some students said only the student who initiated that altercation was disciplined, while the student who made the video was not, which Mulvey described as misinformation, saying the student who made the video was facing serious long-term consequences.

"Please be assured that the district has heard and acknowledges the concerns of students and families regarding systemic racism within our school community and is taking steps to address them as quickly and comprehensively as possible," Mulvey said in an open letter.

City councillors voted 8-1 to amend the city's zoning code to ban short-term rentals, such as those offered through companies like Airbnb and Vrbo, within Residence A zoning districts.

"We can either have the neighborhoods, have these great neighborhoods that are the backbone of our city, or we can just have the Wild West and people come in and they rent out their house and you don't know who the person is next to you and get all the problems we have with that," said Ward 5 Councillor William Phelan, one of the bill's cosponsors.



NORTH QUINCY defeated Quincy 15-12 in the 89th football championship at Veterans' Memorial Stadium on Thanksgiving Day. Here Nate Caldwell catches the game-winning touchdown - a 10-yard pass from quarterback Cooper Hansen with just over a minute remaining in the game. Defending for Quincy are Jacey Ham and Jarod Walker. The victory marked the second win for North Quincy over Quincy in 2021. The Raiders defeated the Presidents 21-10 on April 11 in the 88th city football championship. That game was originally scheduled for Thanksgiving Day 2020 but was cancelled due to the COVID-19 pandemic.

Quincy Sun Photo/Robert Bosworth

North Quincy High School bested Quincy High School, 15-12, in the annual Thanksgiving Day football game at Veterans' Memorial Stadium. The Presidents led the game 12-0 in the third quarter before the Raiders mounted a comeback. North scored its go-ahead score – a ten-yard touchdown pass from Cooper Hansen to Nate Caldwell – with just over a minute remaining in the fourth Quincy.

North's victory was its second win over Quincy this calendar year; the Raiders beat the Presidents, 21-0, in the spring after the 2020 Thanksgiving Day game was postponed to April because of the pandemic.

"We're the first team to win twice in one year on Turkey Day," said North Quincy head coach Ryan Craig.

Deaths during November included:

Marilyn L. Ridge, Eucharist minister, Sacred Heart Church; A. Mario Salvatore, 90, past venerable, Quincy Sons of Italy; Gertrude H. Prescott, cafeteria manager, Quincy High School; Muriel Forbush, 83, former treasurer, Quincy Point Congregational Church; Theodore L. Sanger, 98, manager, Hyde Park Pirates; Joseph L. Manning Jr., 78, assistant liquor inspector, Quincy police; John R. Prescott, 98, past commander, Bryan VFW Post 613; and Joseph A. Brill, 66, commander, Sons of the American Legion Squadron 294.

December

Supt. Kevin Mulvey said the Quincy Public Schools planned to hire an equity, diversity and inclusion coordinator after high schoolers had walked out of class the prior month to protest racism and hate speech.

The district had held a number of forums for students and other community members since the walkout, and the new position was recommended by those stakeholders. Mulvey said the new EDI coordinator would play a role in implementing other ideas raised at those forums – such as revisions to the student handbook and curriculum updates.

"That position moving forward will really be critical in order for us to effectively manage and respond effectively to the concerns that we're hearing from students and families," the superintendent said.

Mayor Thomas Koch said the district was taking students' concerns seriously.

"We, the administration, we're listening and took it seriously. The superintendent, I thought, responded very, very well, didn't overreact, went into listening mode, scheduled the forums and had families invited in, listened to input. I think that's healthy. I think that's all good. I think there will be some good that comes out of it. I don't think walkouts on a regular basis would be a healthy thing for the learning environment," Koch said.

"I think the point was that we've got some racial

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Happy Holidays
from all of us at
The Quincy Sun

ROBERT BOSWORTH
MARIE D'OLIMPIO
SCOTT JACKSON
TOM JOYCE
LYNNE McKEEVER
SUZIE FALCO
LARRY CARCHEDI
DONNA GRAY
DOLLY NEWMAN
KELLY BOGNANNO
TOM GORMAN
BOBBIE MacLEAN
BARBARA GRACEFFA
WAYNE WESTCOTT

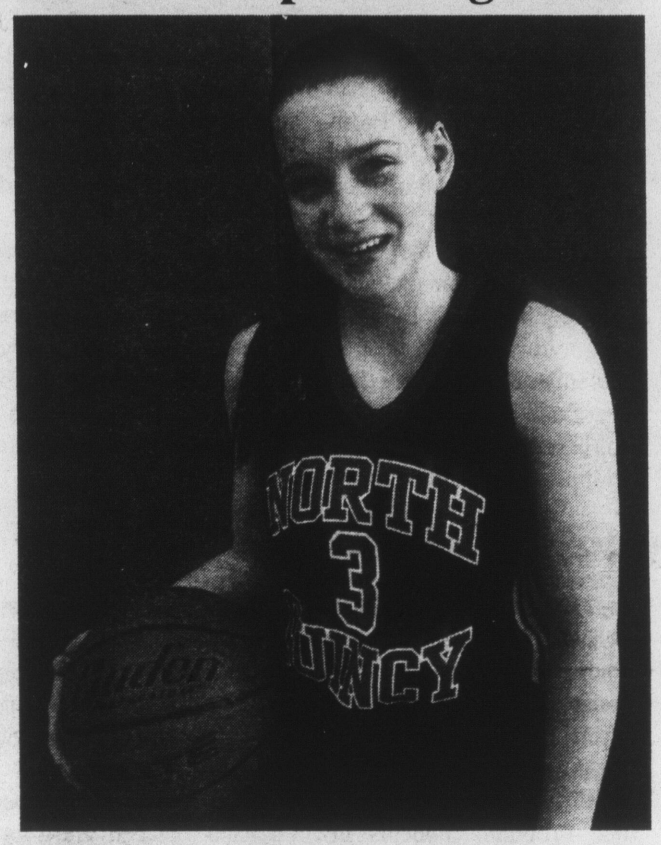
Sgt. Karyn Barkas, Quincy Police Department
Claire Martin, Norfolk Registry Of Deeds

Season's Greetings!
Best Wishes To All!
CHUCK PHELAN
WARD 5 CITY COUNCILLOR

Happy Holidays!
Quincy Historical Society
8 Adams St., Quincy
617-773-1144

DEC 29 2021

NQ's Orlagh Gormley Breaks Hoop Scoring Mark



NORTH QUINCY SOPHOMORE GUARD Orlagh Gormley scored 46 points against Marshfield Dec. 22 breaking the old girls' mark of 41 set by Sara Stanton versus Braintree in January of 1995. The Raiders defeated the Rams, 89-70, to improve to 5-0 on the season. Other victories have come against Brockton, Scituate, Silver Lake and Carver. Through five games, Gormley is averaging 28.6 points a game this season. She led the Patriot League in scoring as a freshman with 20.4 points per game. North Quincy's next game is Thursday, Dec. 30 at home against Carver (6:30 p.m.). The school record for most points in a basketball game was set by Brian Ross with 54 points against South Boston in January, 1998. *Courtesy Photo*

Q/NQ Girls Hockey Tops H/C, 4-3

By TOM JOYCE

The offense prevailed for the Quincy/North Quincy High girls' hockey co-op once again.

QNQ jumped ahead early in its bout against the Hanover/Cohasset girls' hockey co-op Dec. 22. QNQ got ahead by a couple of goals early on during their home game at the Quincy Youth Arena and protected the lead in the final period. QNQ defeated Hanover/Cohasset 4-3 to improve to 2-2-0 on the season.

QNQ went up 2-0 in the first period -- which ended up being the difference-maker in a one-goal game. Junior forward Maggie Lynch and senior forward and captain Maddie Bailey each netted a goal in the first to put QNQ up 2-0. Neither team scored in the second period, and tough defense and goaltending from QNQ protected the lead. Ultimately, QNQ got outscored 3-2 in the third and final period of the contest, but it didn't matter because the team still outscored its opponent overall.

Lynch and Bailey each added a goal in the third. Both of them also had two assists in the game, giving them four points apiece on the stat sheet. Additionally, eighth grade forward Emily Lin and sophomore defender Caroline Snyder each had assists in the victory.

Although QNQ has a younger team this season, they return plenty of experienced players. Three of their returners were Patriot League All-Stars last season: junior forward Maggie Lynch, senior forward and captain Orla O'Driscoll, and junior defender Maggie Dineen. Lynch was a Boston Herald All-Scholastic selection last season; she had 38 goals in 14 games -- an average of more than 2.7 goals per game. All sports seasons last school year were shortened due to the coronavirus pandemic. Had the season not been shortened, Lynch would have scored more than 50 goals last season if she kept that same scoring pace.

Additionally, QNQ has an experienced goalie in Hailey Concannon. The junior started a handful of games her freshman year and was the team's primary netminder as a sophomore.

The offense is a strength for QNQ this season, as it has been in other recent seasons as well. The team put up 18 goals in its first four games of the season, an average of 4.5 goals per game. Its highest-scoring affair was a 7-1 win over Boston Latin Academy on Dec. 16 16; it was a road game but took place at Shea Rink in Quincy.

QNQ is coming off a strong season where the team went 9-4-1. Had there been an MIAA postseason last year, the team would have made it with its winning record. This year, teams are back to playing full-length regular seasons and the MIAA is set to have a postseason tournament for hockey. It will be a statewide postseason tournament this season where teams make it into the playoffs based on power rankings determined by teams' records and the strength of their schedules.

Although it enjoyed success last year, QNQ's team is on the younger side this season. It only has three seniors on its roster this time around. For comparison, there are four eighth graders on the varsity roster this winter, meaning that there are more eighth graders than there are seniors.

The roster for QNQ this season includes: junior goalie Hailey Concannon (Quincy), freshman forward Madeline Case (Quincy), senior defender Morgan Novak (Quincy), senior forward and captain Maddie Bailey (Quincy), eighth grade forward Siena Nichol (middle schooler), sophomore defender Caroline Snyder (North Quincy), junior forward Maggie Lynch (Quincy), freshman forward Megan Caldwell (Quincy), freshman forward Ciara Folan (Quincy), eighth grade defender Lila Cook (middle school), freshman defender Ashlinn Folan (Quincy), freshman forward Maggie Webber (North Quincy), eighth grade forward Kaile Campbell (middle school), junior defender Maggie Dineen (North Quincy), eighth grade forward Emily Lim (middle school), freshman forward Chloe Melchin (North Quincy), junior forward Abigail Newton (North Quincy), junior forward Angel Bresnahan (North Quincy), senior forward and captain Orla O'Driscoll (North Quincy), and junior goalie Katelyn Stirling (Quincy). The team's head coach is Jeff Craig.

The next two games for QNQ will take place at home. The team will play the Weymouth Wildcats on Tuesday, Dec. 28 at 5:30 p.m. at the Quincy Youth Arena. Then, QNQ will face the Plymouth North/Plymouth South co-op on Wednesday, Jan. 5. The game against Plymouth will also take place at the Quincy Youth Arena (6 p.m. start time).

Quincy Boys' Basketball Bows To Duxbury, 42-38

By TOM JOYCE

The Quincy High boys' basketball team was one quarter away from coming up with its first win of the season.

The Presidents led headed into the fourth quarter of their road bout against the Duxbury Dragons on Dec. 21. However, Duxbury got hot late in the game. The Presidents fell behind and were unable to make a comeback. They lost a tight game to Duxbury, 42-38, to fall to 0-3 on the season.

The Presidents went into the fourth quarter with a 32-26 lead, but Duxbury made that lead disappear. Duxbury flipped the game by going on a 13-0 run to start the fourth quarter; this gave them a 39-32 lead. While the run started with a free throw, the rest of the scoring came from outside range. Duxbury hit four three-pointers in a stretch that lasted just over four minutes.

The Presidents had a chance to stop the run at 10-0, however, it was unsuccessful. The Presidents went to the free throw line with 4:37 left in the game but missed both shots. After that, they had a breakaway opportunity following a steal by junior forward Jacey Ham, but the player who he passed the ball to missed the layup attempt. After that, Duxbury hit another three-pointer, extending its lead to seven points. When the Presidents got the ball back, they turned it over on an offensive foul.

Quincy would come within three points but were unable to make the comeback. Senior guard Jordan Davis (15 points) hit a layup on a drive initiated by a steal from senior guard Malik Lawson. Then, Lawson got a layup after regaining possession for the Presidents on another steal. Shortly after, a foul against the Presidents sent Duxbury to the free throw line with 2:33 remaining. Duxbury hit both of its shots, going up 41-36.

Duxbury managed to protect the lead, hitting another free throw later in the game. The Presidents had a missed layup in the final two minutes of the bout, giving Duxbury some more breathing room. Duxbury held the Presidents to one basket in the final two minutes of the game.

Duxbury's 13-0 scoring run in the game that turned out to be the difference-maker was the largest scoring run of the bout. With the exception of that run, the game was often evenly-matched.

Duxbury went up 13-10 after the first quarter – a one-score lead. Duxbury hit the first layup of the game and the Presidents tied things at two apiece with 5:31 remaining in the quarter on a pair of free throws after a block by senior forward Johnny Garcia-Acosta. Shortly after, Lawson scored on a breakaway for the Presidents, and Davis hit a jump shot. As the quarter progressed, Duxbury fought back, hitting a few layups. However, it was a three-pointer with 45 seconds left in the quarter to go up 13-9. A free throw from senior forward Coleman Ross for the Presidents 15 seconds later made it a three-point game.

Neither team got much going offensively in the second quarter, but the Presidents reduced the deficit to one point, 19-18, at the half. The first points of the second quarter for the Presidents didn't come until there was 4:19 left in it. Duxbury hit a layup earlier on, but Ross made a pair of free throws for the Presidents as both sides played tough defense. Five of the Presidents' eight points in the second quarter came on free throws; Senior forward Zachary Donaghue's three-pointer with 1:45 remaining in the half was their only non-free throw points of the quarter.

The Presidents had their most successful offensive effort in the third quarter,

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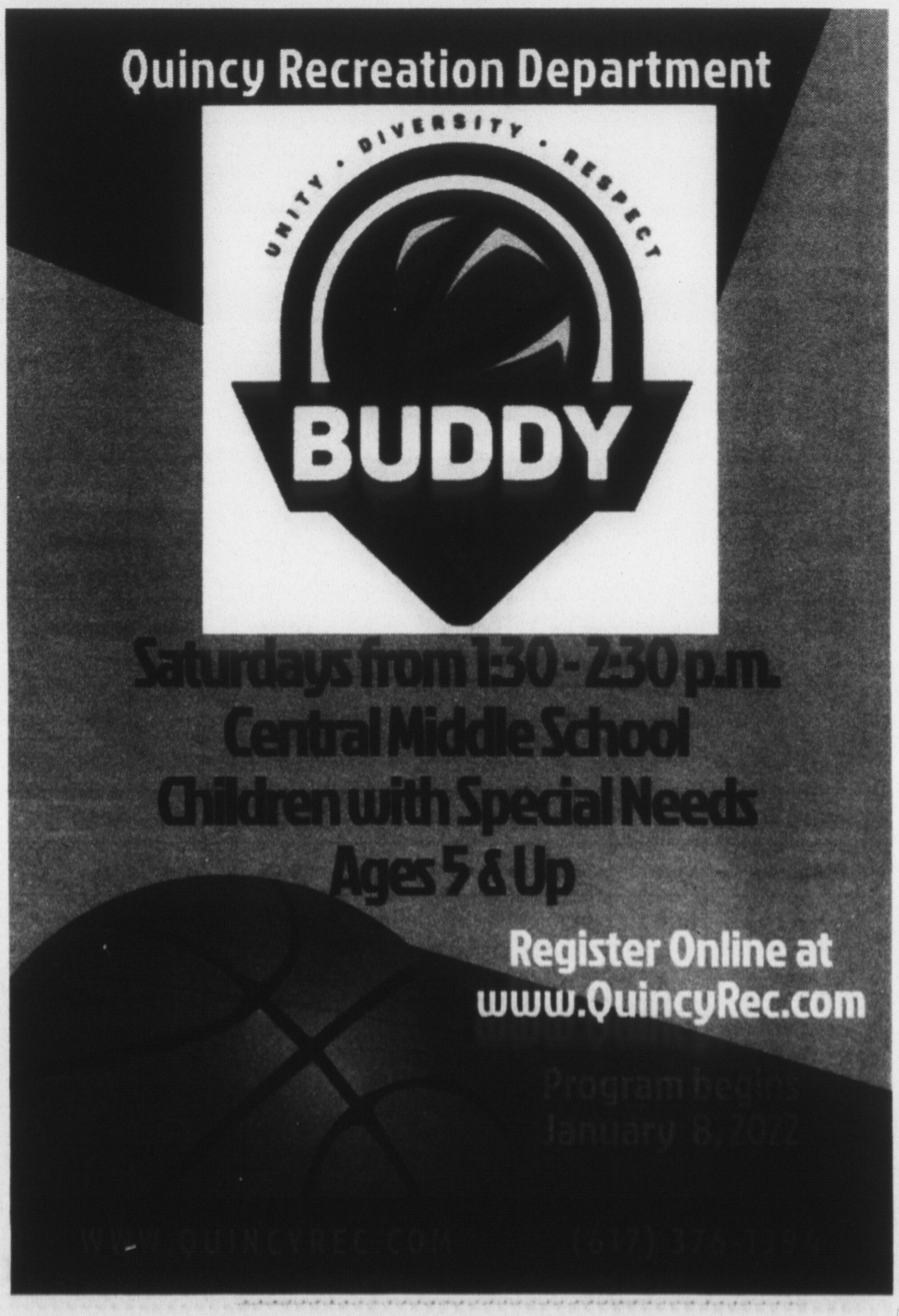

Quincy/North Quincy Winter Track Results

MSTCA Speed Classic - Dec. 19, Reggie Lewis Track & Athletic Center

EVENT	GENDER	FIRST	LAST	PERFORMANCE	PLACE	NOTES
55M	Girls	Victoria	Rak	7.76	4th	Personal Best
55M	Girls	Kimberly	Le	8.56	54th	Personal Best
55M	Girls	Jiahin	Lin	8.65	60th	Personal Best
156 competitors						
300M	Girls	Jennie	Burgess	50.52	59th	First Run
112 competitors						
600M	Girls	Salma	Boukhtam	1:44:51	6th	
600M	Girls	Aluna	Coogan-Coyne	1:47:55	11th	First Run
600M	Girls	Caitlin	Cormican	1:59.71	39th	First Run
600M	Girls	Sabrina	Egan	2:06:50	55th	First Run
74 finishers						
55mHurdles	Girls	Kiera	Sleiman	9.76	5th	
41 finishers						
4 x 400m Relay	Girls	QNQ		4:41:33	7th	
9 schools						
Long Jump	Girls	Victoria	Rak	16'04.25"	2nd	Personal Best
Long Jump	Girls	Kiera	Sleiman	14'05"	9th	
38 competitors						
55M	Boys	Matt	Wong	6.90	7th	Season Best
55M	Boys	Gio	McKenzie	7.63	91st	Personal Best
55M	Boys	Tom	Chan	7.91	121st	
55M	Boys	Elijah	Eno	7.97	127th	
55M	Boys	Boubakar	Diallo	8.04	133rd	
55M	Boys	Joe	Latteo	8.58	154th	
55M	Boys	Alhassane	Diallo	9.36	158th	
164 competitors						
300M	Boys	John	Alessandro	39.25	11th	Personal Best
300M	Boys	Oisin	Coogan-Coyne	41.12	33rd	
300M	Boys	Alex	Stankov	42.73	66th	Personal Best
300M	Boys	Larry	Ching	43.22	73rd	
119 competitors						
600M	Boys	Hatim	Boukhtam	1:23:29	1st	Personal Best
600M	Boys	Shane	Faherty	1:49.99	74th	First Run
600M	Boys	Chris	Conneely	1:50:02	77th	Personal Best
88 competitors						
55mHurdles	Boys	Matt	Gratch	15.21	40th	lost shoe
55mHurdles	Boys	Tristan	Bowler	23.14	41st	fell
4 x 200m Relay	Boys	QNQ		1:37.82	4th	
29 teams						
4 x 400m Relay	Boys	QNQ		4:26:53	15th	
15 teams						
Long Jump	Boys	John	Alessandro	18'03.5"	10th	Season Best
Long Jump	Boys	Matt	Wong	17'06"	22nd	Season Best
Long Jump	Boys	Gio	McKenzie	15'11.25"	35th	
48 competitors						

Quincy Boys' Basketball Bows

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putting up 14 points while holding Duxbury to just seven.

Duxbury struck first with a three-pointer, but then the Presidents had an 8-0 run. On it, Davis hit a layup and a three-pointer while Ham had a free throw. After Davis's three-pointer, Duxbury called a timeout. It didn't work: junior guard Christian Monteiro-Spagnolo hit a deep two-pointer on the ensuing possession. This gave the Presidents a 26-22 lead. Garcia-Acosta and Monteiro Spagnolo had three-pointers for the Presidents in the final 2:30 of the third quarter to put the team up by six points.

The roster for the Presidents this season includes: senior guard Malik Lawson, senior forward and captain Coleman Ross, senior forward and captain Joe Manton, senior guard Jimmy Phipps, sophomore guard and captain Caleb Parsons-Gomes, senior forward Johnny Garcia-Acosta, junior forward Jacey Ham, senior guard Jordan Davis, junior guard Kyle Cruz, junior guard Ty Neal, junior guard Christian Monteiro-Spagnolo, and senior forward Zachary Donaghue.

The Presidents are coached by Dave Parry (head coach) and assistants Mike Norton, Taylor Sturtevant and Mike Lenane.

QATV Wins 4 Nor'Easter Awards

Quincy Access Television (QATV) has won two first place and two third place awards in the Alliance for Community Media's (ACM) Nor'Easter Awards.

The ACM-NE Nor'Easter Awards recognizes the achievements of Community Media/PEG Access Centers and their affiliated local producers. This year's award ceremony was held in November virtually over Youtube and Facebook.

Quincy Access took home first place for "Overall Excellence," a professional-only award that recognizes access organizations in the Northeast region. Overall Excellence is the highest Nor'Easter Award.

"We are extremely proud to have been awarded with Overall Excellence," said QATV Executive Director Jonathan Caliri. "To be recognized by your peers as having the best station and doing the best job providing for your audience is quite the honor."

First place was also awarded in the Podcast/Audio Program category to "The Adventure of the Tolling Bell," the second episode in a Sherlock Holmes Radio Drama series. The series was a collaborative effort between QATV and the Eastern Nazarene College Theatre for Social Justice Program. Students in the Theatre for Social Justice Program performed the audio program in QATV's studio, under the direction of professor Allison Tucker and production manager professor Tara Brooke Watkins.

Post-production was performed by QATV and the programs were shown on QATV-8, streamed at QATV.org and as an Eastern Nazarene College podcast. The series can be heard at www.qatv.org/ENCRadio-Drama.

The "Recycle Zone," a PSA produced by John Sullivan, Department of Public Works and Carol Themmen and Mark Crosby of QATV, took home third place in the PSA/Short Program category. The award was the third time this year that the "Recycle Zone" was recognized, previously winning first place in the Mass Creator Awards and first place in the ACM Foundation's "Hometown Media" awards. Watch the PSA at www.qatv.org/episode/recycle-zone.

"AM Quincy with Joe Catalano" placed third in the Podcast/Audio Program. AM Quincy, hosted by QATV's Joe Catalano, provides a daily update for Quincy residents with news, weather, updates and interviews with elected officials, community leaders, and representatives from the many organizations based in Quincy and the South Shore.

AM Quincy can be heard mornings from 7 to 9 a.m., Monday through Friday on QATV-8 and www.qatv.org/AMQuincy. Listeners can also subscribe to the AM Quincy podcast in all popular podcast flatforms, including Apple iTunes, Google, Stitcher and more.

Quincy Access Television is located at 88 Washington St., adjacent to the Thomas Crane Public Library. For more information regarding local public access channels, call 617-376-1440.

Pilot Human Study Shows Novel Treatment Suppresses Mutant ALS Gene

A clinical trial funded by The Angel Fund for ALS Research has shown significant progress in suppressing expression of the most commonly mutated ALS gene, C9ORF72 (C9). The C9 gene mutation, a lengthy expansion of a repeated segment of six molecules of DNA, causes both familial ALS and frontotemporal dementia.

The results of the human trial, initiated and led by Drs. Robert H. Brown and Jonathan Watts at UMass Chan Medical School, were published in Nature Medicine.

This is a major milestone and an exciting breakthrough in the efforts to find a treatment for this neurodegenerative disease, according to Dr. Brown. The study was conducted on one patient after being sanctioned by the FDA. Dr. Brown and the study team hope to expand the study to as many as 10 patients in the coming months with further FDA approval.

To silence the C9 gene, the research team developed antisense oligonucleotides (ASOs) that target the two RNA transcripts of the gene that contain the toxic, expanded segment of nucleic acids. When the ASO was delivered into the spinal fluid, the activity of the gene was substantially suppressed in the participant. The suppression was maintained by repeated doses of the ASO, which were well tolerated without safety concerns in this pilot study. According to Dr. Brown, while ASOs against this target region have previously been shown by investigators to attenuate expression of the C9 gene in neurons in cell culture and mouse models, the UMass-led trial was the first to demonstrate this in a human. A trial of a comparable ASO is now also being conducted by Biogen, Inc, in Cambridge; results from that study have not yet been reported.

"The research team is excited and encouraged by these results and we look forward to expanding our trial to include more individuals with C9 ALS and frontotemporal dementia," said Dr. Jonathan Watts. "We are grateful to The Angel Fund for ALS Research for their funding."

In addition to the lead role taken by Drs. Brown and Watts, key participants included Drs. Helene Tran and Michael Moazami, as well as an extensive clinical trials team. Beyond the major funding from the Angel Fund, support was also provided by the National Institutes of Health and other ALS organizations.

DEC 29 2021

January Children's Events, Activities At Crane Library

By JULIE RINES
Children's Coordinator
Thomas Crane Public Library

The following events and activities for children are scheduled at the Thomas Crane Public Library and online in January.

Pajama Storytime for ages 1-5 (In Person)

Join us for a monthly family pajama storytime for the whole family on the first Wednesday of each month at 6:30 p.m. This program is especially for children ages 1-5 accompanied by an adult.

This month we will meet on Jan. 5th when we will read stories, sing songs, recite rhymes, and more all about winter.

Room capacity is limited. Face masks recommended for anyone age 2 and older.

Mother Goose Toy Time
for ages 9 to 23 months (In Person)

Come to the library for a free playtime session with your baby, ages 9- 23 months full of age appropriate toys and activities plus socializing with other children and caregivers.

A fun time for all and a chance to practice large and small muscle development. This program will meet in the large meeting room from 10 to 11 a.m. on Thursday mornings in January, the 6th, 13th, 20th and 27th.

This program is for children ages 9 – 23 months accompanied by an adult. Space is limited and the doors will be closed when the room is full.

Puppet Tales with Miss Leigh (Online)

Through Me To You Puppetry invites you to join Newton and his puppet friends live online for some storytime fun on Friday mornings at 10 a.m. this January! Check the library's online calendar at thomascranelibrary.org for the Zoom links.

On Jan. 7th, 14th, 21st and 28th Newton and his friends take turns reading stories and singing songs with the kids. At the end of the show, the kids are invited to "unmute" and say hi to Newton. This program is geared to ages 3-6, but all are welcome!

Sponsored by the Friends of the Thomas Crane Public Library.

Music and Movement with Miss Rubi (Online)

On Saturday, Jan. 8th at 10:30 a.m. join us Live Online to sing and dance with Rubi Lichauco! Check the library's online calendar at thomascranelibrary.org for the Zoom link.

Miss Rubi's programs are so popular that there wouldn't be enough space inside for everyone to dance so we will be moving back to virtual programs for the winter months.

Please have some wooden spoons to keep the beat, a scarf or small towel for hiding games and bring a stuffie along with you to join the fun.

This program is especially good for children ages 0-4, but anyone who needs a dance break will have a lot of fun.

Sponsored by the Friends of the Thomas Crane Public Library.

Toddler Read-in @Adams Shore (In Person)

Join us at the Adams Shore Library for a Toddler Read-in on Tuesday morning Jan. 11th at 10 a.m.

Put together and decorate your own cardboard box car, then climb in and listen to a story or two.

Phoenix Book Club for grades 5-8 (In Person)

We will be meeting on Tuesday, Jan. 11th at 7 p.m. in the Main Library Children's Room.

Children in grades 5 through 8 are invited to join us to discuss a new theme or genre each month. Children choose their own books from a list of suggestions or they can suggest their own choices to Miss Amanda. Each month children will meet and share their thoughts on the book they read and the theme or genre.

This month our theme is Outer Space. Any story that takes place off of Earth qualifies! Read a novel about an alien world, about living on a spaceship, about humans living on a new planet, or anything else that takes place in space.

Preschool Discovery @ Wollaston (In Person)

Drop by the Wollaston Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Thursday, Jan. 13th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us as we explore simple engineering activities. Make block towers, send marbles down ramps, and see if you can build an earthquake-proof building.

Night Owls Book Club for Grades 3 and 4 (In Person)

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Thursday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

On Jan. 13th we'll be discussing "Maybe, Maybe Marisol Rainey," by Erin Entrada Kelly.

"Maybe, Maybe Marisol Rainey" is an illustrated novel about summer, friendship, and overcoming fears, told with warm humor and undeniable appeal. Fans of Clementine, The Year of Billy Miller, and Ramona the Pest will be thrilled to meet Marisol.

Copies of the book are available to check out in the Main Library Children's room or as an ebook on Overdrive/Libby.

Preschool Discovery @ Adams Shore

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Wednesday, Jan. 19th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us as we explore simple engineering activities. Make block towers, send marbles down ramps, and see if you can build an earthquake-proof building.

Graphic Novels ONLY book club
for grades 3-5 (In Person)

Children in grades 3-5 are invited to join us on the third Wednesday of each month for our new Graphic Novels Only book club. Each month we will discuss a different graphic novel.

Join us on Wednesday, Jan. 19th for our very first meeting where we will discuss The Stonekeeper (Amulet #1). Copies of the book are available to check out in the Main Library Children's room or as an ebook on Overdrive/Libby.

Dungeons and Dragons (In Person and Online)

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, Jan. 18th for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half for to play this story. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Registration is required for this program. Register through our online calendar. This program is for ages 10-15.

This program will be IN PERSON in the Main Library Children's Room. Character sheets will be provided. We recommend that attendees wear masks.

Can't join us in person you can also join us ONLINE just let us know how you will be attending when you register and we'll send you the link.

Preschool Discovery @ Main Library (In Person)

Drop by the Main Library Children's Room with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Saturday, Jan. 22nd to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come build with us as we explore simple engineering activities. Make block towers, send marbles down ramps, and see if you can build an earthquake-proof building.

Wonderkid Storytime (In Person)

Join us for a series of storytimes all about being your best you! In partnership with Squantum Elementary School, every month we will present a storytime focused on a theme or topic to help kids learn about themselves, other people and the world around them.

On Jan. 29th at 10 a.m. the first storytime in our series will be about Mindfulness. This family storytime is geared toward elementary school students and their families but older preschoolers may also be interested.

66 Students On QCA First Term Honor Roll

Quincy Catholic Academy announces 66 students are on the first term honor roll.

They are:

HIGH HONORS

Grade 6: Tayla Jiang, Aiden Olivero, Soha Shiffas, Summer Wu and William Wu.

Grade 7: Jerome Jiang, Elizabeth Kelly, Julia Kulakowska, Jacob Lin, Laura Tran and Kayla Trinh.

Grade 8: Naol Adugna, Madeline Chiu, Cattien Huynh, Briana Li, Katy Trinh, Connor Whitney, Danny Wilson, Tyler Zhang and Andrea Zhao.

HONORS

Grade 6: Collins Akukwe, Jake Bautista, Jessica Chen, Eileen Harrington, Isabella Jimah, Edward Li and Milo Medeiros.

Grade 7: Natalie Altayr, Joaquin Barros, Jocelyn Felina, Noel Fernandez, Mikayla Gooden, Alexander Lowery and Tyler Olivero.

Grade 8: James Augustin, Jayde Awudo, Catherine Belur, Eleanor Bergin, Logan Dinh, James Geraghty, Danny Huynh, Leanna Li, Patrick McDermott and Harper Mergel.

PRINICIPAL'S LIST

Grade 6: Aidan Chan, Mariely Fernandez, Kyle Ray Gomes, Jenny Kwan, Dylan Tam, Sophia Trinh, Kenny Truong and K'Von Williams.

Grade 7: Sheldon Catin, Nicholas Dupuis, Jasmine Harewood, Fiona Poschman, Guliana Wilkinson and Ellie Smith-Gaeta.

Grade 8: Elena Altayr, Liam Ford, Buuson Hang, Isabel Keyworth, Robert Le, Samantha Levy, Isaac Paul and Chloe Vo.

More Quincy news:
The Quincy Sun.com

Ask Rusty: Should I Take Social Security Even If I Don't Need It?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I am 66 years plus 8 months old, am still working making six figures, and can support myself. I'm a healthy, self-employed single woman and have a State Pension (from a divorce settlement). I will work part time, probably through next year and until I am 70 years old or more. What should I do about my Social Security - take it or "bank it" in Social Security? **Signed:** ***Fully Independent Lady***

Dear Fully Independent: When to take your Social Security is always a personal choice which should look at your health, life expectancy and need for the money at this time. Since you imply that you don't really need the money at this time, you might choose to simply wait until age 70 to claim, which will give you both the highest possible monthly benefit in your later years, as well as the most in cumulative lifetime benefits if you enjoy at least average longevity.

Statistically, according to Social Security, a healthy woman your current age will, on average, live to about 87. If you wait until age 70 to claim (vs. claiming now) your benefit will be about 30% higher and you'll break-even money-wise when you're about 83. Depending upon your benefit amount and how long you live, that could give you tens of thousands of dollars more in benefits during your later years, and that higher monthly SS benefit would be a good hedge against future inflation.

Social Security Matters

Keep in mind too that, at your current income level, up to 85% your Social Security benefits will become part of your taxable income. Even if you are only working part time, your combined income from all sources (including half of your SS benefits) will cause a minimum of 50% of your SS benefits for each tax year to become part of your taxable income at your normal IRS tax rate. The point being that the amount of your SS benefits which will be taxed by the IRS is related to your overall income, so there are tax advantages to waiting to claim until your income is lower.

We can only advise you on your Social Security options. If you wish to consider claiming your SS earlier and investing those benefits, you should seek the services of a Certified Financial Planner who can discuss your investment options, your risk tolerance and possible rate of return. From a Social Security standpoint, waiting until age 70 will maximize your benefit amount and, if you enjoy at least average longevity, reduce your "longevity risk" (the risk you might outlive your money). It will also yield the most in lifetime SS benefits. But, in the end, only you can make that decision after carefully considering all your options.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.

Start Seeds Outdoors With Winter Sowing

By MELINDA MYERS

Save money and indoor space used for starting seeds indoors with winter sowing. This easy technique allows you to start transplants from seeds outdoors without a greenhouse or cold frame.

Growing your own transplants from seeds can save you money and is often the only option for new, unique, and other hard to find plants. Not everyone has the time, equipment, and dedication to watering that's needed to start plants indoors.

All you need are flower and vegetable seeds, milk jugs or two-liter soda bottles, duct tape and a quality potting mix. Check the seed packet for information on planting details and timing. Winter sowing dates vary with the growing climate, individual gardener, and seed variety you are planting.

Try starting hardy perennials and self-seeding annuals sometime winter through early spring. Other flowers and vegetables seeds are typically winter sown about the same time you would plant them indoors or a month or two before the transplants get moved into the garden. Keep a record of your planting dates and results to help you fine tune your planting schedule and increase future success.

Drill four to 12 small holes in the bottom of the jug for drainage. One winter sower fills the container with water and pops it into the freezer or outside in below freezing temperatures. Once frozen solid, he drills the holes into the container. The ice prevents the plastic container from collapsing during the process.

Next, partially cut the jug to create a hinged lid. Make your cut about three to four inches above the bottom, leaving the area by the handle attached so it forms a hinge. The bottom of the milk jug handle is usually a good guide.

WINTER SOWING allows gardeners to start transplants from seeds outdoors by repurposing milk jugs or two-liter soda bottles. *Photo courtesy of MelindaMyers.com*

Fill the bottom with moist potting mix. Plant seeds according to the package directions. Gently water until the excess runs out the bottom of the container.

Fellow gardener, Patricia, uses rolled newspaper or the cardboard tubes from toilet paper to help space and eventually transplant her winter sown seedlings. She makes newspaper pots by wrapping 22 ½" x 5" strips of newspaper around a 2½" diameter x 4" tall jar. She folds the end to create the bottom for a 3 ½" tall pot. Secured with staples, she sets the pots or toilet paper rolls in the milk jug, fills with potting mix, tops them off with about half an inch of seed starting mix and then plants her seeds.

Label the inside and outside of the jug with a permanent marker. Close the lid and seal it shut with duct tape. Remove the cap before setting your milk jugs in a sunny location outdoors where rain and snow can reach it. Keep them handy to prevent waterlogged soil during extremely wet weather.

Water your outdoor seed starting chambers during snow-free and dry weather. This will be much less often than those seedlings growing indoors under artificial lights.

Your plants will be ready to move into the garden at the normal planting time. Just open the lids, harden off the plants and move them into the garden.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is www.melindamyers.com.

LEGAL NOTICE

NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

December 29, 2021

City of Quincy

1305 Hancock St

Quincy, MA 02169

617-745-7168

On or about *January 6, 2022* the *City of Quincy* will *authorize the Quincy Housing Authority to* submit a request to the U.S. Department of Housing and Urban Development (HUD) for the release of *Capital Funds* funds under the *Capital Funds Program* of the United States Housing Act of 1937 *as amended*, to undertake a project known as *Rental Assistance Demonstration (RAD) conversion* for the purpose of *conversion of the following properties under the Rental Assistance Demonstration (RAD):*

Pagnano Towers (20-2) 109 Curtis Ave. Quincy, MA

QHA proposes to complete the following critical repairs needed to ensure the units meet HQS: Install One Hundred Fifty Six (156) HUD Compliant battery powered smoke detectors outside the bedrooms. Install smaller guardrail openings at the top of the two (2) interior staircases. Conduct inspections of the Fire Alarm System, the Sprinkler System and the Elevators.

O'Brien Towers (20-4) 73 Bicknell St. Quincy, MA

QHA proposes to complete the following critical repairs needed to ensure the units meet HQS: Install Six (6) audio/visual smoke detectors in the non-designated handicapped units.

Estimated Total HUD Funded Project Costs $16,600.00

The activities *proposed are categorically excluded under HUD regulations at 24 CFR Part 58 from National Environmental Policy Act (NEPA) requirements.* An Environmental Review Record (ERR) that documents the environmental determinations for this project is on file at 34 Coddington St., 3rd Floor, Quincy, MA 02169 and may be examined or copied weekdays 8:30A.M to 4:30P.M.

PUBLIC COMMENTS

Any individual, group, or agency may submit written comments on the ERR to the *City of Quincy*. All comments received by *January 5, 2022* will be considered by the *City of Quincy* prior to authorizing submission of a request for release of funds.

ENVIRONMENTAL CERTIFICATION

The *City of Quincy* certifies to *HUD* that *Thomas P. Koch* in *his* capacity as *Mayor* consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. *HUD's* approval of the certification satisfies its responsibilities under NEPA and related laws and authorities and allows the *Quincy Housing Authority* to use Program funds.

OBJECTIONS TO RELEASE OF FUNDS

HUD will accept objections to its release of fund and the *RE's* certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the *City of Quincy*; (b) the *RE* has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR part 58; (c) the grant recipient or other participants in the development process have committed funds, incurred costs or undertaken activities not authorized by 24 CFR Part 58 before approval of a release of funds by *HUD*; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58, Sec. 58.76) and shall be addressed to HUD at *CPD_COVID-19OEE-BOS@hud.gov*. Potential objectors should contact *HUD* to verify the actual last day of the objection period.

Thomas P. Koch, Mayor, City of Quincy

12/29/21

Don't Fall For Fake Streaming Service Activation Prompts

Cont'd From Page 20

Other times, when you click on the search result, you're directed to a website that features the official logo and branding of your streaming service. However, it looks a little (or sometimes a lot) different than what you remember. If you enter your user ID and password on a lookalike site, it goes into the hands of scammers. These con artists then have the information they need to access your real account on the official website–as well as anywhere else you use that username and password.

How to avoid streaming service scams:

• **Always double check that you are visiting an official website.** Scammers can make fake websites look legitimate in search engine's results, but they can't copy a website's official URL. Before you click on a website, take a close look at the URL. Check to that it is spelled correctly. Scammers hope you'll overlook this and click without a second thought.

• **Be wary of ads and sponsored links.** Sometimes scammers use ads to get their lookalike website to appear first in the search results. Remember, just because a website is at the top of the list doesn't mean it's the official website.

• **Be careful with your login information.** Always make sure you are on an official website before entering your username and password. Never enter this information into third-party websites. Keep in mind, too, that legitimate customer service representatives generally do not ask for passwords over the phone or through an email.

For more information

Read more about activation scams where scammers ask you to pay unnecessary fees or provide your login information. To stay alert to similar tech scams, see advice on tech support scams. Learn how to spot a scam.

If you've been the victim of a scam, report it on BBB Scam Tracker. Your report can help expose scammers' tactics and protect others from falling prey to the same con.

15 Quincy Students On St. Agatha Honor Roll

Fifteen students from Quincy are listed on the first term honor roll at Saint Agatha School in Milton.

HIGH HONORS

Grade 5: Mackenzie Florindo.

Grade 6: Colleen Keil, Jacob Lai, Wyatt Rogers, Madelyn Sahady.

Grade 7: Jack Leuchte, Paulina Lydon, Jacob Gratch.

Grade 8: Sean Keil, Cady Kurdari.

HONORS

Grade 5: Libby Grattan, Aubrielle Kelly, Amy Tewodros.

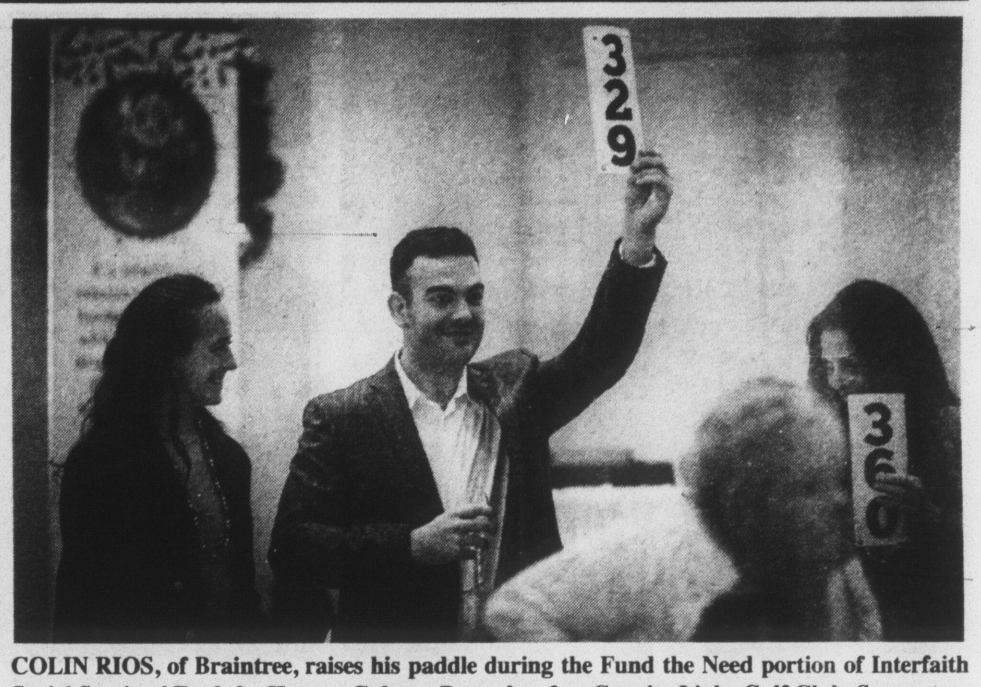
Grade 6: Kaelynn Clifford.

Grade 8: Lukas Tewodros.

DEC 29 2021

SUPPORTERS OF Interfaith Social Services' 2021 Feed the Hungry Gala helped raise more than $420,000 for the organization during the December 3 event at Granite Links Golf Club.

Photos Courtesy Matt Teuten Photography



COLIN RIOS, of Braintree, raises his paddle during the Fund the Need portion of Interfaith Social Services' Feed the Hungry Gala on December 3 at Granite Links Golf Club. Supporters raised more than $420,000 for Interfaith's emergency food, mental health counseling and homelessness prevention programs.

Supporters Raise Record Funds At Interfaith's Feed the Hungry Gala

Interfaith Social Services' signature fundraising gala returned in-person Dec. 3 after pivoting to a virtual event last year due to the pandemic.

Guests were excited to return to a live event this year at Granite Links Golf Club in Quincy, featuring live music, games, restaurant and beverage samples, a silent auction and an emotional fundraising presentation that raised more than $420,000 for the organization.

Interfaith operates one of the largest emergency food programs in Greater Boston as well as a mental health counseling center, homelessness prevention program and seasonal initiatives that bring joy to children and families in need. Interfaith's programs are a safety net for thousands of people on the South Shore who are struggling to make ends meet. Proceeds from the Feed the Hungry Gala provide for a significant portion of Interfaith Social Services' annual funding.

Guests sampled food and beverages from some of the region's top restaurants, including Abby Park, Bent Water Brewing, Big Rock Oyster Company, Bin Ends Wine, Fratelli's Pastry Shop, Granite Links Golf Club, JP Fuji Group, Miam Miam Macaronerie, Purefections Chocolate, The Range, Spiritfruit, Stellwagen Beer Company, The Tavern at Weathervane, Victory Point Marina Bay, and Widowmaker Brewing.

Attendees played carnival-style games, such as the Snowball Toss, Wine Spin and Cocoa Pong, attempting to win an assortment of prizes donated by generous local businesses. All were welcome to participate in the silent auction, which offered packages such as Boston Celtics tickets, fine wine, mini-vacations, and a Taco Truck Party. South Shore's Old Oaken Bucket Band provided live music for the event.

The Feed the Hungry Gala is sponsored by many generous individuals and businesses, including Presenter Level Sponsors Arbella Insurance Foundation and Mayor Tom Koch, the City of Quincy; and Hero Level Sponsors Foxcroft Real Estate Management, Granite City Electric Supply Company, MavroCreative, Plymouth Quarries, Quincy Mutual Group, Rural Masonic Lodge of Quincy, Signet Electronic Systems, Inc., and Walmart.

Save the date now for the 2022 gala, to be held on Friday, Dec. 2, 2022, at Granite Links.

To find out more about Interfaith's programs, visit InterfaithSocialServices.org

WENDY AND JACK CONNELL, of Quincy, browse the silent auction packages at Interfaith Social Services' 2021 Feed the Hungry Gala. Supporters were able to bid on an assortment of packages including private dinners, fine wine, mini vacations, Boston sports tickets and a Taco Truck Party.

JP FUJI GROUP was one of several local restaurants dishing up tasting plates at Interfaith Social Services' 2021 Feed the Hungry Gala.

GUESTS AT INTERFAITH Social Services' 2021 Feed the Hungry Gala were entertained with live music from the Old Oaken Bucket Band and carnival-style games, such as this Spin the Bottle wine spin game.

SEVERAL LOCAL BREWERIES and beverage suppliers, including Bin Ends Wine, served samples to guests at Interfaith Social Services' 2021 Feed the Hungry.

SALES, SERVICE, INSTALLATION

LOCKSMITH SERVICES
GRANITE LOCK co. INC.
www.granitelock.com
617-472-2177
617-479-3941(Fax)
MA Sys. Con. Lic. 7025-C

•COMMERCIAL•
- Access Control
- Wireless Locks
- Electric Strikes
- Exit Hardware
- Door Openers/Closers
- Commercial Mailboxes
- High Security Key Systems
- Master Key Systems
- Handicap Access Hardware

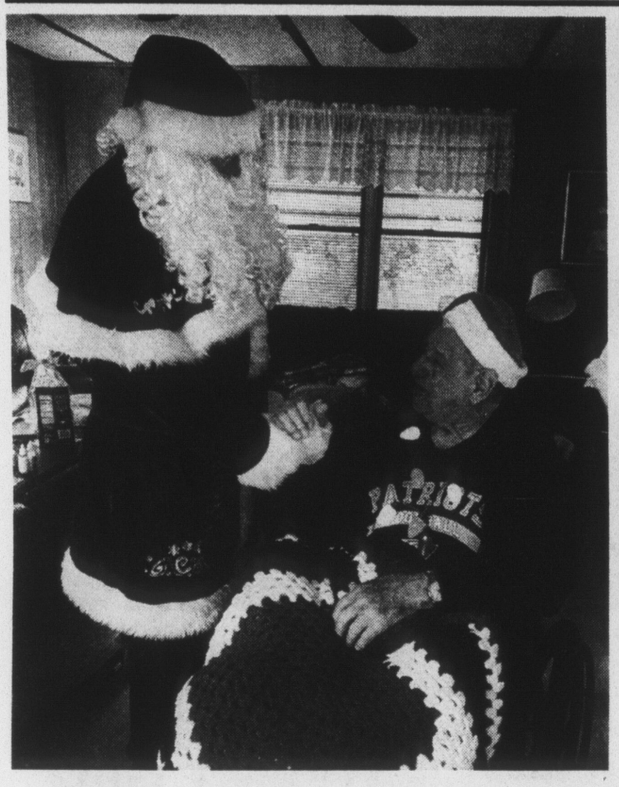
•AUTOMOTIVE•
- Fit Keys to Autos/Rekeying
- Lockouts/Repairs
- Cloned/Transponder Keys

•SAFES•
- Sales/Repairs/Installations
- Combinations Changed
- Fire & Burglary Resistant Safes

•RESIDENTIAL•
- Deadbolts Installed
- Baldwin/Emtek Hardware
- Rekeying/Lockouts

755 Southern Artery, Rte. 3A Quincy, MA 02169

"Rock Solid Security"



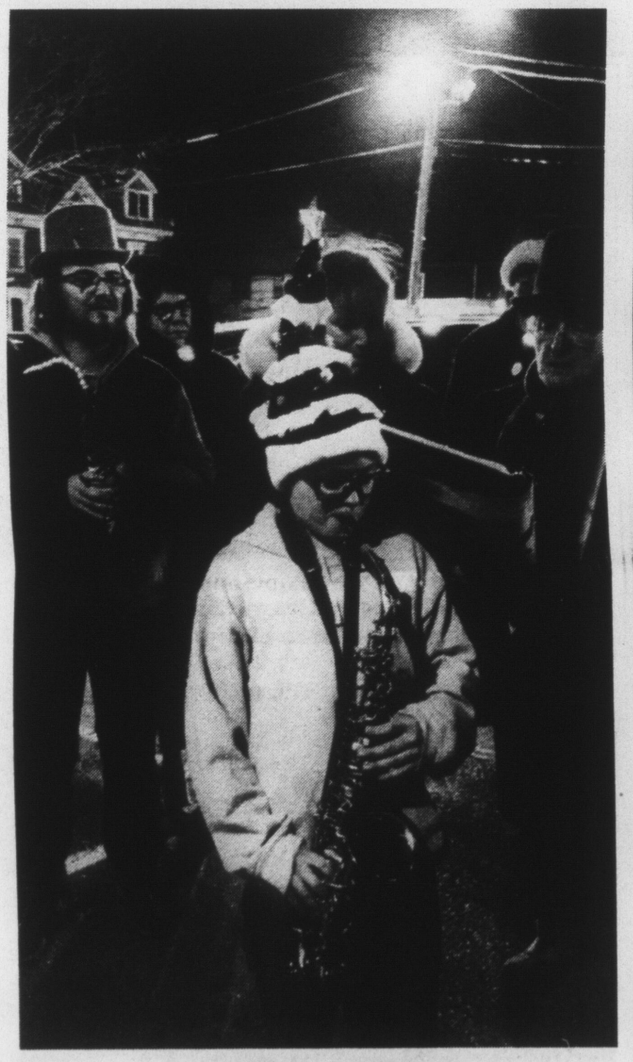
Christmas Caroling Trolley Spreads Holiday Cheer

Every Christmas season, a group of families and friends organize a Christmas caroling trolley to bring holiday cheer to others who may need a little extra at this time of the year.

For over 20 years, Quincy native Rose Cristiani-Pope has organized the event and Michelle Lydon and Hamel-Lydon Funeral Home has fully and generously funded the event for most of the 20-plus years. In the past, they have traveled by horse and buggy, trailer and trolley. This year, due to a shortage of trolley drivers, they were on a bus. Pre-pandemic, the group visited patients at memory care units, nursing homes, assisted-living facilities, VA hospitals, police and fire departments and private homes. Due to COVID-19 restrictions, they were unable to have the event last year.

Through the generosity of Ward 6 City Councillor Bill Harris, state Rep. Bruce Ayers, Norfolk County Dist. Atty. Michael Morrissey, and Hamel-Lydon Funeral Home, the group was able to return to their annual tradition – just a little different this year. With faces masked and an abundance of hand-sanitizer, the group boarded a chartered bus and visited the home of World War II veteran Anthony Grasso, who had been waiting all day for their arrival. Anthony was presented with a red, white and blue hand-knit afghan, some gingerbread treats, and lots of kids and adults singing and dancing on his lawn.

Santa Claus and festively dressed carolers, including vintage Dickens-era carolers with guitars and tambourines and a young girl in a Frosty dress, sang to Grasso outside while he stayed warm and safe inside the door. Grasso especially loved "God Bless America" and sang along.



Next stop was to 5-year-old Quinn Waters' house. Better known as "Mighty Quinn," he has courageously fought brain cancer for much of his life. Quinn's family was given a gingerbread house and some goodies from Santa. Quinn's mother Tara Waters, QPD, said her wish for Christmas this year would be for everyone who can to please donate blood and platelets - a wish Santa cannot fulfill, but one that is simple and free for all to do. Quinn and his sister Maggie hopped on the bus to sing with the carolers, including visits to Mother Olga and the sisters at St. John's, where the sisters were given a gingerbread church adorned with gingerbread sisters.

Quinn especially enjoyed singing at the Houghs Neck home of Priscilla Bonica, a QHS student battling Lymphohistiocystosis.

After nearly five hours, the bus came to a stop at the Nickerson Post in Squantum. Post manager Jim Doherty kindly donated the function room to the group to relax and have refreshments after a wonderful but cold night full of Christmas spirit and song.

The carolers are grateful they were able to resume their Christmas tradition and hope to return to VA hospitals and elder care facilities in 2022.

DEC 29 2021

CLASSIFIEDS

HALLS FOR RENT

MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
Internet Capable • Weddings
Showers • Christenings • Meetings
After Funeral Gatherings TF

PERSONAL

THANK YOU
ST. JUDE, BLESSED MOTHER,
ST. ANTHONY, ST. JOSEPH,
ST. PEREGRINE,
ST. THERESA
J.D. 1/13

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
This time, I ask you this very special favor (*mention favor*). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. E.K. 1/6

Boo, I miss you and you will always be in my heart and part of my soul. ME xoxo 12/29

My Office Goddesses: Thank you for always having my back, accepting me, nurturing me & loving me "Forever Grateful" 12/29

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE
1250 Hancock St., Presidents Place

NEW STORE ON THE BLOCK
1183 Hancock St., Quincy Ctr. T Stn.

HANCOCK MARKET
1520 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

STAR MARKET
130 Granite St.

WALGREENS
132 Granite St.

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

SHOP N SAVE LIQUORS
20 Independence Ave.

ADAMS VARIETY
22 Independence Ave.

DONUT + DONUTS + MUFFINS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

DAILY MART
291 Quincy Ave.

ROCHE BROS.
The Falls

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

7-11
495 Washington St.

DAIRY FARM
330 Washington St.

7-11
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

WALGREENS
550 Adams St.

7-11
650 Adams St.

7-11
678 Adams St.

VILLAGE COMMON MARKET
100 Willard St.

GRANITE MART
308 Willard St.

COPELAND LIQUORS
273 Copeland St.

7-11
Copeland St.

JOE'S PLACE
260 Centre St.

CORNER FOOD MKT.
1060 Hancock St.

200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MKT.
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

7-11
721 Hancock St.

BEALE ST. NEWS AND TOBACCO
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

SQUANTUM MARKET
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

SAM'S VARIETY
125 Billings Rd.

LUCKY'S WINE & LIQUOR
66 Newbury Ave.

5 CORNER FOOD MART
163 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CARMINE'S CAFÉ
69 Huckins Ave.

7-11
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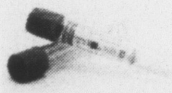

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The Quincy Sun
CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

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OBITUARIES

Eileen M. Leahy, 74

EILEEN M. LEAHY

A funeral Mass for Eileen M. Leahy, age 74, a lifelong Quincy resident, was celebrated Monday in St. John the Baptist Church, Quincy.

Ms. Leahy died peacefully Dec. 21 in the comfort of her home.

She was born and raised in Quincy. She was a graduate of the former Sacred Heart High School in Weymouth, Class of 1966, and the former Holy Ghost School of Practical Nursing in December 1967. In 1972, Ms. Leahy earned an Associate's degree from Massasoit College and in 1984, a Bachelor of Science degree from Emmanuel College in Boston.

Ms. Leahy was employed as a registered nurse and during her fifteen-year career, she had worked at Carney Hospital, Boston Children's Hospital, Tufts N.E. Medical Center, and the former Quincy City Hospital.

Ms. Leahy was a woman of faith and a lifelong active member of Saint John the Baptist Parish in Quincy, where she sang in the choir and taught CCD.

She enjoyed traveling, making trips throughout the United States, as well as Ireland and Israel. Ms. Leahy was well-known as an avid, professional-quality knitter, making sweaters and various items for family and friends. She also liked jigsaw puzzles.

Ms. Leahy was always active and had attended many concerts at Boston Symphony Hall where she loved the Concert Series performances. She was an avid fan of the Boston Red Sox.

Ms. Leahy was a remarkable woman who overcame many medical and physical challenges. She never gave in and lived her life to the fullest. She set the bar and enhanced the lives of all who had the pleasure of knowing her.

Beloved daughter of the late Mary Frances (Flanagan) and William J. Leahy, Sr. Devoted sister of Margaret M. Frawley and her husband David of Stoughton, William J. Leahy, Jr. and his wife Carol of Middleboro, and her twin sister, Kathleen M. Sullivan and her husband Thomas Sullivan, D.M.D. of Spencer.

She was the loving aunt of thirteen nieces, nephews, and many great-nieces and great-nephews, including Kevin J. Frawley of Dorchester and his sons, Kevin, Jr. and Nolan Patrick.

Ms. Leahy is also survived by her dear friends, Patricia Young of Philadelphia, Pa., Faye Clay of Randolph, and Joan Fuller of Norwell.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the American Heart Association, 300 5th Ave, Waltham, MA 02451-8950 or to Boston Children's Hospital Trust, Attn: Orthopedic Dept., 401 Park Dr., Suite 602, Boston, MA 02215.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

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Millicent J. Roos, 90

MILLICENT J. ROOS

A funeral Mass for Millicent J. Roos, 90, of Quincy, formerly of Randolph and Dorchester, was celebrated Dec. 23 in St. Ann's Church, Quincy.

Mrs. Roos died suddenly on Dec. 18.

She was born in New Bedford to John C. Breault and Mildred E. (Duhaime) and raised in Chatham. After graduating high school, she moved to Boston working at Crawford Hall and later the United Shoe until she started her family. Once her children were old enough Mrs. Roos started her second career as a preschool teacher's assistant. She worked at various schools and loved helping the children.

In her spare time, Mrs. Roos was a Eucharistic minister and pioneered what some would call the Heart Stone Ministry. If you had met Mrs. Roos, chances are she gifted you a small heart stone to keep with you. She had a beautiful gift to read people and help bring them comfort. She touched many lives, whether you were family, a friend, a stranger at the grocery store or even the cardinal. Mrs. Roos was selfless, caring and had an innate desire to help anyone and everyone. She enjoyed being with people. It didn't have to be a special occasion just being with her family, grandchildren or friends brought her much joy. She will be missed by all who knew her.

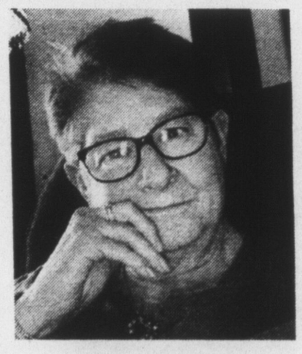
Devoted wife to the late Arthur W. Roos, Jr. Beloved mother to Michele Spiro and her husband Scott of Weymouth, and Karl Roos and his wife Marsha of Quincy. Loving grandmother of Mark Lugas, Erica Spiro, Kristin Spiro, Cam Spiro, Zachary Roos, Jacob Roos, and Elizabeth Roos.

She is predeceased by her siblings: Jacqueline Cotter and Milton Breault.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Linda L. Hill



LINDA L. HILL

Linda Lee Hill of North Quincy died peacefully at home on Dec. 18 due to complications from cancer. To many, she was a strong and devoted wife, mother, sister, aunt and friend.

A graduate of North Quincy High School Class of 1970, Mrs. Hill was born and raised in Quincy and settled in the Montclair neighborhood in the home once owned by her grandmother. In her early years, she worked as a surgical technician and a secretary at South Shore Buick. Mrs. Hill eventually served at Carney Hospital as a nursing unit coordinator for more than 32 years. She retired recently, but continued to work part time at Carney.

She was married to Frederick J. Hill Jr, formerly of Weymouth, who passed away in 2001. She is survived by her two sons, Captain Christopher F. Hill, USN, of Norfolk, Virginia and Jeffrey F. Hill of Quincy; her sisters Kristine E. Gallagher of Quincy and Paula J. Crosse of Brockton; her brother Douglas M. Bingham of Raynham; her daughter-in-law Kristen A. Hill and two granddaughters Sophie E. Hill and Marie M. Hill of Norfolk, Virginia; as well as several nieces and nephews.

Memorial donations can be made to Good Shepherd Lutheran Church, 308 W Squantum St., Quincy, MA, 02171.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

David L. Gray, 87

DAVID L. GRAY

David L. Gray, of East Bridgewater, formerly of Braintree, passed away peacefully on Dec. 21, after a brief illness, at the age of 87.

Born and raised in Westbourne, TN, David was a retired firefighter for the Town of Braintree where he served the department for 35 years, retiring in 1997 as the Superintendent of the Fire Alarm Division.

David proudly served his country in the United States Air Force during the Korean War, where he earned the National Defense Service Medal and the Good Conduct Medal.

In his free time, David enjoyed boating and sailing, in which he sailed a boat with friends all throughout Europe. He was also a member and the former Steward of the Braintree Yacht Club.

David was also a Licensed Plumber and worked for many years as a plumber in and around the South Shore. He was great at fixing things and enjoyed the challenge of tinkering with anything to make it work.

Above all, David just cherished the time he spent with his family and friends. A devoted husband, father, brother, grandfather, great grandfather and friend, David will be greatly missed by all who were blessed to have known him.

David was the beloved husband of Shirley (Aitken) Gray. Loving father of David L. Gray, Jr. and his wife Donna of Pembroke, Gary W. Gray of Weymouth, Gail E. Farquharson and her husband Douglas of Mendon and Todd N. Gray and his wife Leah of Mashpee. David was the youngest of 11 siblings and survived by Lois Davis of TN. Also survived by 8 grandchildren, 5 great grandchildren and numerous nieces and nephews.

A Memorial Service will be held at a time to be announced in the South Congregational Church, 1075 Washington St., Braintree.

In lieu of flowers, memorial contributions may be made in David's name to the South Congregational Church, 1075 Washington St., Braintree, MA 02184 or the Disabled American Veterans, State House, Room 546, Boston, MA 02133.

Funeral arrangements under the care of the Cartwright Funeral Home, Braintree. To leave a sympathy message for the family, visit www.cartwrightfuneral.com.

Councillors Approve Fire Safety Ordinance

Cont'd From Page 19

ing bad is going to happen," Timmins said. "It's not like the city is going to be sanctioned, but I do think there is going to be concern at the state level and we're going to have to address questions of the building code and preemption."

McCarthy responded that he could take the lukewarm water.

Ward 2 Councillor Anthony Andronico said that in the worst-case scenario, the ordinance would foster discussion about the matter statewide.

"I think this is a public safety issue and one we need to address and take care of," Andronico said.

"I understand there are some concerns about our municipality's ability to actually implement this, but I think best-case scenario is we are able to put this forward and make it a full, legal ordinance within the city of Quincy. The worst-case scenario is we foster a statewide discussion about this issue and bring it forward to their attention."

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DEC 29 2021

IBEW Local 103 Donates Toys To Local Families

The International Brotherhood of Electrical Workers (IBEW) Local 103 were joined by Congresswoman Ayanna Pressley, Quincy Mayor Koch, Somerville Mayor-elect Katjana Ballantyne and Boston elected officials to pack up thousands of toys for donation to local families for the holidays.

Donations were distributed to multiple organizations across cities, including the South Boston Neighborhood House, the Salvation Army in Quincy, the Somerville Housing Authority, and the Wonderfund, an organization serving children statewide in collaboration with the Department of Children and Families.

This year marks the 8th consecutive year IBEW Local 103 has run a toy collection, ensuring that local families can breathe a little easier during the holiday season by lifting some of the stress and financial burden of purchasing toys and gifts.

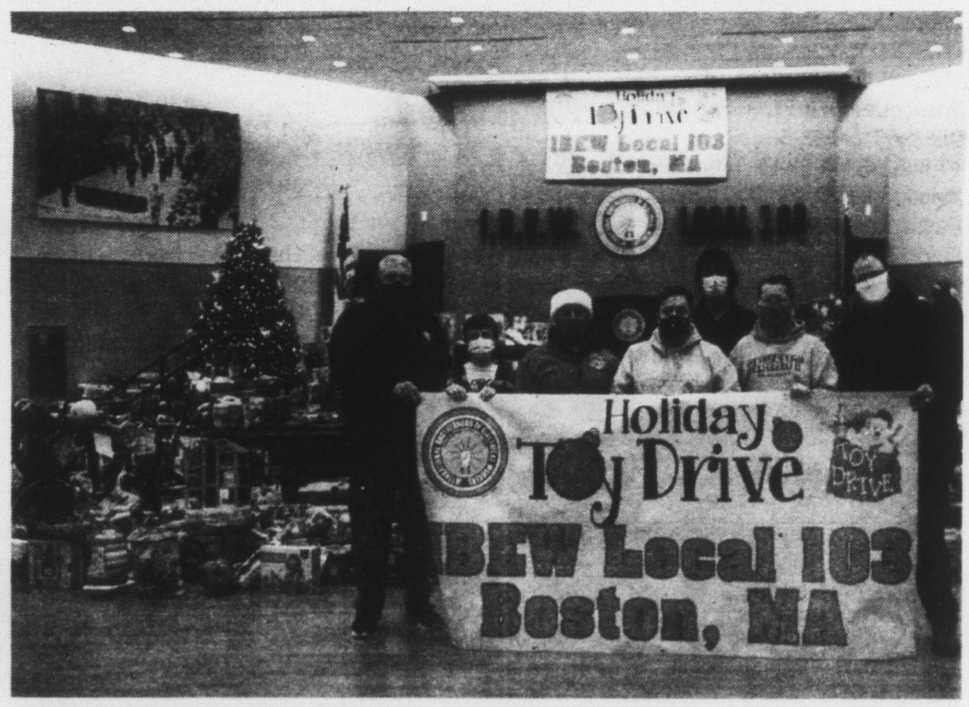
"For many of us, this is the best time of year, but we know that for a lot of families, the holidays can be challenging in various ways," said IBEW Local 103 Business Manager/Financial Secretary Lou Antonellis. "IBEW Local 103 cares deeply about our community, and this is just one small way we can show our neighbors that we're here for them and we're thinking about them."

The dedication of IBEW Local 103 members, staff, family and friends was on display, as a mountain of toys for donation was compiled. The union sent out the call for donations via social media, email, quarterly newsletter and more. IBEW Local 103 also purchased new toys for the charity drive, in order to make a greater impact. The toys were collected at the IBEW Local 103 Union Hall in Dorchester.

IBEW Local 103 also collected new hats, gloves and scarves to support local, low-income families and women's shelters this winter. Donations were distributed to multiple organizations across Boston and beyond, including Project Hope, Beyond the Yellow Tape, Salvation Army, Saint Peter Parish, Brookview House and Eliot Church, among others.

IBEW Local 103's mission is to provide Greater Boston's developers with the best trained, most efficient, safest electricians and telecommunications specialists, while fostering the union's values of economic fairness, equal opportunity and charitable giving in the communities where members work, live, and raise their families. Its unwavering commitment to professional excellence is personified by the recently built addition to its Joint Apprenticeship Training facility. The Local 103 JATC is among the most advanced electrical apprenticeship programs in the country. Working for better wages, better benefits, and fair working conditions is just one part of the Union's focus. Local 103 members take pride in giving back its time and expertise to causes and charities serving those less fortunate.

IBEW LOCAL 103 members load up toy donations for distribution.



QUINCY MAYOR Tom Koch Koch (center) joins IBEW Local 103 for a holiday toy drive event.

Courtesy Photos

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Movie Review: 'Sing 2'

By BOB GARVER

The original "Sing" from 2016 holds an interesting record at the domestic box office. With $270 million, it is the highest-grossing film to never actually be the #1 movie in America. It opened the week after "Rogue One: A Star Wars Story" and could never quite escape that film's shadow.

Likewise, "Sing 2" is opening the week after "Spider-Man: No Way Home," a film that has made $180 million more in its first ten days than "Rogue One" did. This movie can't hope to take the top spot, but it can hope to be a success in second place over two holiday weekends like its predecessor. Unfortunately, also like its predecessor, I can't say I think much of it.

Much of the cast of the first movie is back: Matthew McConaughey as aspiring producer/koala Buster Moon; Reese Witherspoon as overworked housewife/pig Rosita; Scarlett Johansson and punk-rock porcupine Ash; Taron Egerton as surprisingly sensitive gorilla Johnny; Tori Kelly as shy elephant Meena; Nick Kroll as enthusiastic pig Gunter; director Garth Jennings as glass-eyed iguana Miss Crawly; and Jennifer Saunders as wealthy backer/sheep Nana Noodleman. Saunders has arguably the most heartfelt scene in the movie when she tells Buster to not go to pieces over a bad review of his stage show.

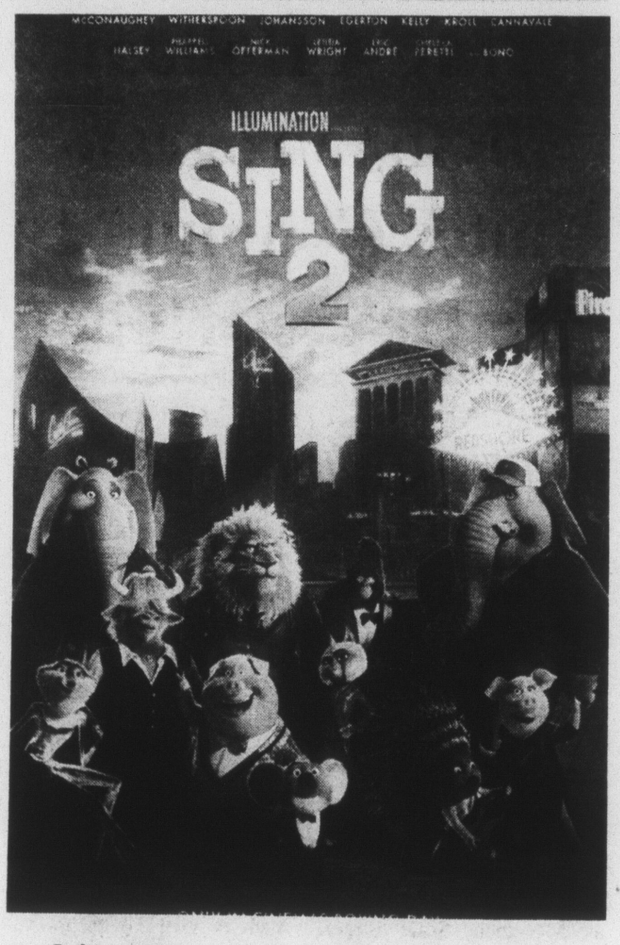
Buster and his small-town crew go to the big city to try to land a residency at a casino owned by wolf Jimmy Crystal (Bobby Cannivale, as a Steve Wynn approximation, though there seems to be some Donald Trump thrown in for good measure). Ever one to overpromise, Buster says he can not only put together a full-blown space musical in three weeks, but land reclusive rock star lion Clay Calloway (Bono) to make nightly appearances.

To the surprise of no one, things go awry. Gunter keeps making changes to the script, Rosita is afraid of stunt that involves a high jump, Meena doesn't want to kiss her scene partner/yak Darius (Eric Andre), Jimmy can't dance and is terrified by choreographer monkey Klaus (Adam Buxton), Jimmy's dimwitted daughter Porsha (Halsey) wants to be the lead in the show and Buster can't tell her no, and Calloway is so opposed to performing that he shoots at Miss Crawley when she politely calls on him. He only shoots her with paintballs, but the poor woman is traumatized by the experience.

Lessons are learned, fears are overcome. It's worth mentioning that the solution for Johnny's dilemma involves tutoring from lynx street dancer Nooshy (Letitia Wright) and Meena's involves ice cream-peddling elephant Alfonso (Pharrell Williams). Much suspense is built around whether or not Calloway will perform "I Still Haven't Found What I'm Looking For." The trailers for the film gave away that he does, and I should be mad at them for playing spoiler, but the movie did get Bono for the role, so... pretty safe bet.

Speaking of "safe," that's exactly what "Sing 2" is. Colorful, cute, predictable, and safe. My only major gripe is with the writing of the villain (why is Jimmy turning away an experienced theater troupe and auditioning one-note players with no chance other than to give us a montage, not to mention taking unproven stranger Buster at his word?).

I can't pretend some of the songs and dancing weren't catchy, but I can't say I found them particularly memorable. I only laughed at maybe one out of five jokes, but there weren't too many groaners. I probably would have disliked this movie more if I hadn't spent the previous two nights letting "The Matrix Resurrections" and "The King's Man" eat up most of my disdain.



This is a movie for families with kids too young to see "Spider-Man: No Way Home" and that have already seen "Encanto." At least, you better have already seen "Encanto" if you're taking your family to this. You know what? See "Encanto" again anyway. Only see "Sing 2" if you've seen "Encanto" at least twice.

Grade: C

"Sing 2" is rated PG for some rude material and mild peril/violence. Its running time is 110 minutes.

Contact Bob Garver at rrg251@nyu.edu.

NOTICE OF PUBLIC HEARING

Case ZBA 21-93

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, January 11, 2022 @ 5:30 P.M. to consider the application of Paula Glynn for a Variance to create a one level room addition and add a shower in the downstairs bath in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **3 WAUMBECK STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Jan 11, 2022 05:30 PM Eastern Time (US and Canada)
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Martin Aikens, Chairman

12/22/21, 12/29/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-95

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, January 11, 2022 @ 5:30 P.M. to consider the application of Virtual Capital Group LLC for a Variance/Special Permit/Flood Plain to construct a new side by side, duplex style building in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements), Chapter 5.1.6 (paving) and Chapter 8.1.9 (special permit flood plain) on the premises numbered **599 SEA STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

12/22/21, 12/29/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-94

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, January 11, 2022 @ 5:30 P.M. to consider the application of Goodwin Barlington LLC for a Special Permit/Variance to remove the existing, commercial, motor vehicle repair facility and construct a new, twenty-two (22) unit, residential building with garage parking under in violation of Title 17 as amended, Chapter 4.1.2 (2) (special permit) and Chapter 4.0 (dimensional regulations) on the premises numbered **117 BEALE STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Martin Aikens, Chairman

12/22/21, 12/29/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-97

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, January 11, 2022 @ 5:30 P.M. to consider the application of 510 Willard Street LLC for a Variance to construct a new 30-unit, multifamily residential building with garage parking under in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **510 WILLARD STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

12/22/21, 12/29/21

PLEASE RECYCLE

THIS NEWSPAPER

More Obituaries online at www.TheQuincySun.com

DEC 29 2021

YMCA Holiday Giving Program Unites Community To Deliver Hope

Assistance Program Serves Over 700 Children, Families

For over 25 years, thousands of local families struggling with financial difficulties and food insecurity have turned to the South Shore YMCA Holiday Assistance Program seeking warm clothing, holiday meals, and gifts for their families.

This year, working with a team of Y members and staff, volunteers, and partnering organizations such as Meditech, State Street, Quirk Auto, Arbella Insurance, Burgin Platner and Company, and many others, the Y collected thousands of donated toys and gifts from the community to be sorted and prepared for distribution at the South Shore YMCA "North Pole," a donated space obtained through the help of The City of Quincy and Mayor Thomas Koch.

"We are extremely grateful to Mayor Koch and the City of Quincy for making our North Pole space possible," said South Shore YMCA President and CEO Paul Gorman, who toured the space with Mayor Koch on Dec. 16. "Our Y could not do this incredible amount of work to serve so many local families without the help of our volunteers, donors, partners and, of course, the support of Mayor Koch."

Non-profits such as the YMCA are serving more people than in the past years as many are still dealing with the impact of the pandemic.

"Both the need and the generosity continue to grow," said Mary Orne, vice president of Development at South Shore YMCA. "Our Y members, donors and partners stepped up to meet the need. We were so impressed by the number of people who wanted to give, volunteer and get involved."

This season, the South Shore YMCA Holiday Assistance Program has served over 700 children and their families, providing holiday gifts, winter coats, and YMCA Gifts of Opportunity, such as free YMCA swim lessons, day camp and other Y programs, offering children a chance to thrive in the new year.

"It takes a whole community to care and come together to make this outpouring of support happen, ensuring that all families can experience the magic of the holidays," said Orne. "We would like to thank our Y members, this year's volunteers, and our Holiday Assistance Program Coordinator, Cameron Blanks, who led the charge along with the support of South Shore YMCA Development Director, Kathy Quigley, our SSYMCA Germantown Neighborhood Center Coordinator, Sandy Bouchard, and Joshua Esquivel, the SSYMCA Germantown Neighborhood Center Community Outreach director."

To support the South Shore YMCA Gift of Opportunity Program or Food Pantry beyond the holiday season and into the new year, learn more or donate online at www.ssymca.org/holidayhelp.

SOUTH SHORE YMCA Vice President of Development Mary Orne, South Shore YMCA CEO Paul Gorman; Dan Quirk, owner and CEO, Quirk Auto and his team celebrate Quirk's contributions to the Y Holiday Assistance Program.

SOUTH SHORE YMCA CEO Paul Gorman, Quincy Mayor Thomas Koch, South Shore YMCA Community Outreach Director Josh Esquivel, SSYMCA Holiday Assistance Program Coordinator Cameron Blanks and South Shore YMCA Vice President of Development Mary Orne.

ANNIE'S KINDNESS BLANKETS, handmade and donated to South Shore YMCA Holiday Assistance Program.

THOUSANDS OF TOYS were collected and distributed at the South Shore YMCA North Pole.

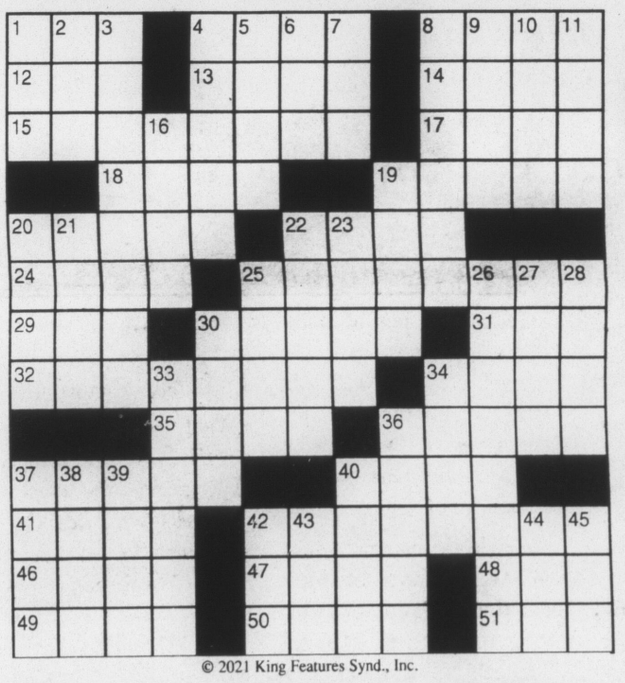
Photos Courtesy South Shore YMCA

SUN FUN PAGES

King Crossword

ACROSS
1 Steal from
4 Highlander
8 Streamlet
12 Historic period
13 String
14 Tom Joad, for one
15 Bridgetown's island
17 "It's — real!"
18 Intends
19 Tropical fruit
20 Jazz genre
22 Piece of work
24 Priests' garments
25 "Excellent work!"
29 Espionage org.
30 Spectrum creator
31 Ms. Thurman
32 Wavering
34 Twain hero
35 Sharp tooth
36 Clearheaded
37 Cream-filled pastries
40 Arrive
41 Jai —
42 Chocolatey frozen treat
46 Give up
47 Carry on
48 Citrus drink
49 Crystal gazer
50 Eye part
51 U.K. fliers

DOWN
1 Civil War soldier
2 Man-mouse link
3 Whom Pilate pardoned
4 Rascal
5 Atlantic catches
6 Granada gold
7 QB stats
8 Hearty
9 Furniture brand
10 Actor Schreiber
11 Sultry Horne
16 Life stories
19 Site of Apra Harbor
20 "Coffee Cantata" composer
21 Writer Wiesel
22 Rubber gasket
23 Nuisance
25 Mom's mom
26 Place to get a fruit smoothie
27 Hotel chain
28 Combo
30 School orgs.
33 Not as certain
34 Seethe
36 Theater boxes
37 Campaign-funding gps.
38 Fonda's beekeeper role
39 Lose color
40 406, in Roman numerals
42 Calendar abbr.
43 Eg. and Syr., once
44 Oklahoma city
45 Ump



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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Plant is moved. 2. Remote is bigger. 3. Cap is reversed. 4. Belt is missing. 5. Screen is different. 6. Sleeve is shorter.

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Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What is the largest island in Africa?
2. LANGUAGE: What does "Auld Lang Syne" mean?
3. MOVIES: How many spirits visit Ebenezer Scrooge in "A Christmas Carol"?
4. THEATER: On which opera is the rock musical "Rent" based?
5. FOOD & DRINK: What is marmite?
6. GAMES: How many weapons are available in the original board game "Clue"?
7. TELEVISION: What is Jean-Luc Picard's catchphrase as captain in "Star Trek: The Next Generation"?
8. LITERATURE: Which Victor Hugo novel was made into an animated Disney movie in the 1990s?
9. GENERAL KNOWLEDGE: When was the first Times Square Ball Drop on New Year's Eve?
10. SCIENCE: What is it called when a gas changes into a liquid?

Answers
1. Madagascar
2. Times long past
3. Four, including Jacob Marley and the spirits of past, present and future
4. "La Boheme"
5. A savory food spread that is the byproduct of beer brewing
6. Six – revolver, wrench, knife, lead pipe, candlestick and rope
7. "Make it so."
8. "The Hunchback of Notre Dame"
9. 1907
10. Condensation

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Salome's Stars

ARIES (March 21 to April 19) The New Year brings challenges that can change many things in your life. You need to be prepared not only to confront them, but also to deal with what happens afterward.

TAURUS (April 20 to May 20) You have what it takes to set your goals quite a bit higher this year. Learn what you need to know and put what you learn into your efforts. A partner offers loving support.

GEMINI (May 21 to June 20) In true Gemini Twin fashion, you're conflicted about a decision you know you'll have to make in this New Year. Best advice: Get the facts before you make any commitment.

CANCER (June 21 to July 22) A friend offers you an exciting opportunity for the New Year. Although your positive aspects are strong in most respects, caution is advised. Investigate before you invest.

LEO (July 23 to August 22) You can make this New Year a roaring success. Start by readjusting your goals to reflect the changes in the economy. Your den-mate offers both wise and loving support.

VIRGO (August 23 to September 22) The New Year brings new opportunities for change. But you need to be ready to move from the comfortable status quo to the challenging unknown. It's up to you.

LIBRA (September 23 to October 22) Your most important New Year's resolution should be to work out problems with a family member in order to avoid continued misunderstandings. Do it soon, for both of your sakes.

SCORPIO (October 23 to November 21) The New Year has much to offer the intensely determined Scorpian, who isn't afraid to take on challenges and stay with them until they surrender their rewards.

SAGITTARIUS (November 22 to December 21) You'll have many fine opportunities in this New Year. But be warned: Reject offers of "help." You work best when you're free to be your own creative self.

CAPRICORN (December 22 to January 19) The New Year offers changes that you might feel you're not quite ready for. Best advice: Deal with them one step at a time, until you've built up your self-confidence.

AQUARIUS (January 20 to February 18) Travel is a dominant aspect of the New Year. This could mean relocating to another city (or even another country) in connection with your education or your career.

PISCES (February 19 to March 20) This New Year brings news about a change you've been anticipating. You might have a problem persuading a loved one about your new plans, but he or she will soon go along with them.

BORN THIS WEEK: You have a gift for making people feel safe and protected. You would make an excellent youth counselor.

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MAGIC MAZE ● EASTERN WORDS

U D A E X U R P M J G D A X V
S Q N K N I T S A E D I M F D
E A S T W O O D D A R X V T Q
O M J H S F B I C A E Y W T U
R N O R E A S T E R T P T S N
L J H F A T E D S B S S S O Z
X V T R S Q O H M A A K A M I
H F D A T B Z Y T E E W E T V
T R E Q M O N L Y U L R R S K
E I T S A E B I H F O D B A C
A Z X W N V D R A W T S A E F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: A LEAVENING AGENT

Abreast	Eastman	Eastwood	Nor'easter
Beast	Eastmost	Feast	Oleaster
Beastie	Eastside	Least	Southeast
Breastbone	Eastward	Mideast	

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Wishing Well®

8	7	4	2	3	6	4	3	7	2	6	3	6
A	P	C	U	T	A	U	U	R	N	V	R	O
3	4	3	4	3	2	4	2	7	3	5	8	4
N	L	O	T	N	B	I	O	O	C	D	N	V
6	8	2	8	4	7	3	2	5	4	7	2	5
I	A	U	L	A	M	H	N	O	T	O	D	R
7	4	6	2	7	4	3	8	7	6	4	5	7
T	E	D	E	I	A	A	Y	O	D	H	E	N
4	7	2	6	8	2	8	4	5	8	6	4	5
O	A	D	E	Z	E	E	B	S	A	B	B	E
7	6	2	3	2	7	2	7	4	7	3	8	6
T	A	N	R	E	W	R	O	Y	R	M	C	T
7	5	8	6	2	8	5	8	2	5	8	5	8
K	A	T	E	G	I	R	O	Y	C	N	H	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **K** equals **R**

QAA LFW KWQJT-LV-JKPME

XKVJYHLD PM LFPD DYXWKRQKEWL

HVRW PM NVLLAWD VMAT.

PL'D DV YM-HQMMT.

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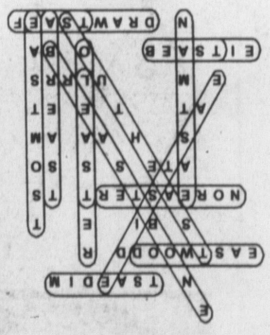
— King Crossword —
Answers
Solution time: 26 mins.

CryptoQuip answer

All the ready-to-drink products in this supermarket come in bottles only. It's so un-canny.

Magic Maze *ANSWERS:*



DEC 29 2021

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – "Twilight's" Edward Cullen does "Batman," and Harry Potter searches for "The Lost City." "The Batman" is planned as a trilogy starring Robert Pattinson as The Cape Crusader, Zoe Kravitz as Cat Woman, Paul Dano as The Riddler, Jeffrey Wright as Commissioner Gordon, John Turturro as "Crime Lord" Carmine Falcone, Colin Farrell as The Penquin and Andy Serkis as "The Batman's" butler, Alfred. All have signed on for the entire trilogy.

Daniel Radcliffe joins Sandra Bullock, Channing Tatum and Brad Pitt in searching for "The Lost City," due March 25. Channing has "Dog," with Bill Burr, dropping Feb. 18. Meanwhile, director Steven Soderbergh is prepping "Magic Mike's Last Dance," of course starring Channing Tatum, who steered the first two "Magic Mike's" to a combined $300 million box office. Tatum and Jenna Dewan divorced in November 2019. He dated singer Jessie J (from 2018-20) and is currently dating Zoe Kravitz (he's 41, she's 32). Still, Mad Mike dates Cat Woman...sounds like a movie in the making.

***

The ever-busy Rob Lowe, last in Netflix's "Holiday in the Wild" (2019), with Kristin Davis, returns for season 3 of the Fox TV series "9-1-1: Lone Star" (in which he stars and exec-produces), premiering Thursday, Jan. 6. He's next in "Dog Gone," again for Netflix. Add to that his recent Dec. 4 foray into stand-up when he took the stage at The Morongo Casino, near Palm Springs, to "Tell Stories I Only Tell My Friends."

Lowe says the show was inspired by the success of his two New York Times best-selling memoirs, "Stories I Only Tell My Friends" and "Love Life," intended as a behind-the-curtain peek at Hollywood fame, fatherhood, marriage and a life lived at the forefront of culture for four decades. He delivered witty fun and one-of-a-kind insights spanning an iconic career. Fans came from far and wide, and ate it up. Sounds like a TV special is born.

***

"Home Alone" fans were given the rare opportunity to bid on an Airbnb offer to rent the famed McCallister Family home in Winnetka, Illinois, for one night only. That night was hosted by Devin Ratray (who played Kevin's brother Buzz in the films), who said: "Our thoughts were we're older and wiser now, but we're never too old for holiday hijinks. So while the family's on vacation, we thought one crew of mischief makers could let their inner 8-year-olds run free in my childhood home on Dec. 12." Monies raised will benefit Chicago's La Rabida Children's Hospital. The house was last sold in 2012 for $1.6 million. Which begs the question...how much mischief can you get into in Illinois in only one night?

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		÷		2
×		÷		−	
	+		−		7
÷		+		×	
	×		÷		4
4		9		3	

1 2 3 3 4 5 6 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Wicker Carriage— The "New Year" is celebrated in many ways, but in the United States, there are always midnight celebrations with pictures of an old man representing the past and a baby, the new year. The other popular symbol is a clock of almost any style with the hands at midnight.

The early Greek idea of Baby New Year was a baby paraded around in a basket to welcome the new year. Then it became pictures of the Baby Jesus or a Baby New Year. But pictures were created for publications, and each year from 1907 to 1943, Joseph Leyendecker drew a different, humorous illustration of a Baby New Year for the Saturday Evening Post that have influenced all that followed. Rudolph the Red-Nosed Reindeer was searching for the missing Baby New Year in a cartoon in the 1970s. Modern celebrations give gifts to the first newborn baby of the year at hospitals. We think the 19th-century baby buggy would be a nice gift for this year's first born.

***

Q: I own an older Lalique vase, 9 1/2 inches tall, with four pairs of frosted parrots perched on arched branches, signed "R. LALIQUE, N:905" on the base. Please advise me of the value of the vase.

A: You have Lalique's "Ceylon" vase with four pairs of parakeets or lovebirds. Ceylon was first made in about 1924. The vase could sell for a few thousand dollars if in perfect condition. It should be seen by an expert to determine the value. Talk to an expert at a shop or auction gallery.

***

Q: I have a Sears and Roebuck potbelly stove, model No. 119-57, that is missing a few things. I need four legs, the bottom ash door and the hinge pin that holds the door in place. Can you help?

A: You could try to find parts from sources online that list stove parts for sale, but you might be better off selling your stove for parts and using the money to buy a stove that's complete. That model seems to show up online occasionally. One in good condition sold for $178.

***

CURRENT PRICES

Christmas tree stand, cast iron, oxidized silver finish, tapered holder, embossed swags and tassels, scalloped band, 4 long scrolled legs, 9 1/2 inches x 24 inches, $45.

Furniture, wash stand, Sheraton, pine, grain painted, yellow, green and black stripes, red wash, dovetailed gallery, brass rosettes, drawer, turned legs, c. 1835, 37 x 18 inches, $160.

Fountain pen, Montblanc, Meisterstuck, black, gold bands, 14K gold nib, marked "4810/14K/ Montblanc," original fitted case, c. 1980, 5 1/4 inches, $385.

Sampler, red-brick house, alphabet, numbers, baskets, urns of flowers, Martha Kirby & Sophia Melhuish, Aged 11 years 1842, linen, cotton, frame, 16 x 13 inches, $475.

***

TIP: Don't stack boxes of Christmas ornaments. The weight may break some of the glass ornaments.

"Kovels' Antiques & Collectibles Price Guide" – the new 2022 edition with more than 12,500 all-new and real prices, 3,000 color photographs and 500 marks – is available in bookstores and online.

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Strange BUT TRUE

• If all the stars in the Milky Way were grains of salt, they'd fill an Olympic-size swimming pool.

• The Louvre museum in Paris was originally built as a fortress to repel Vikings.

• In 1887, a group of men added Susanna Madora Salter of Argonia, Kansas, to a mayoral ballot as a prank intended to embarrass and curtail the influence of the Women's Christian Temperance Union, of which she was an officer. Instead, she won over 60% of the vote and became America's first female mayor.

• Olympic medalist Mark Spitz was famed for his large mustache in an era when swimmers shaved their bodies to become more hydrodynamic. He once joked to the Russian team's coach that his mustache helped him swim faster by deflecting water from his mouth and making him more bullet-shaped. The following year, a mustache was sported by every member of the male Russian team.

• Despite their humps, camels have straight spines.

• The first use of the word "Superbowl," credited to a Chinese writer named Lom Ba Di, dates to the third century.

• In 2008, Chile minted 1.5 million 50-peso coins with a spelling error, only noticing a year later they'd spelled "CHIIE" instead of "CHILE."

• Honeybee venom has been found to destroy some types of cancer cells.

• There's a Google map for Mercury, Venus, Earth's moon, Mars, Pluto, three out of four of Jupiter's moons, and all but one of the round Saturnian moons.

• Juan Ponce de Leon brought cattle when he landed at Charlotte Harbor in 1521, his second trip to La Florida. When he came under attack, four of his heifers and a bull fled into the scrub, thus introducing cows to America.

***

Thought for the Day: "What matters most is how well you walk through the fire." – *Charles Bukowski*

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Now here's a tip!

by Jo Ann Derson

• To save a pot of burning soup, remove from the burner and DO NOT stir. Pour the unburned contents into a new pot, while trying not to disturb the burned-on bottom of the pot.

• Experts say that those who keep track of their nutrition and exercise are more likely to keep it up. This can be as simple as a pencil and notebook paired with a calorie guidebook, or one of the many great apps for your smartphone. In any case, set yourself up for success this year. You deserve it!

• After-Christmas sales are a great time to buy not only gift wrap (look for solid colors that you can use all year long), holiday cards and decorations, but also next season's winter wear. Things like scarves and gloves can be great bargains. And even coats can go on sale. Take advantage – especially if you have kids – and buy up. – *A.K. in Tennessee*

• Want to include more produce in your diet? Sources say prep is the step that makes it work. Clean, chop, slice and otherwise prepare all your produce choices for the week on the day you shop. When it's ready and waiting, you're less likely to skip it in favor of something more convenient (and likely less nutritious).

• "A pinch of salt tossed in the coffee grounds will cut the bitterness in lower-quality coffee. This is especially useful if you get a good deal on a can of coffee that's not your normal brand." – *P.L. in New Jersey*

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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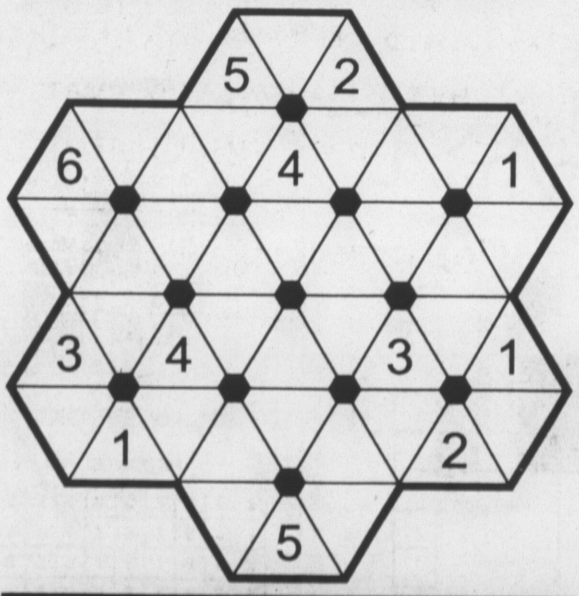
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

Alison is older than Maggie and Corin. Corin is older than Richard. Eli is younger than Maggie but older than Richard. Eli is younger than Corin. Alison is younger than Mindy.

Who is the second-oldest person in the group?

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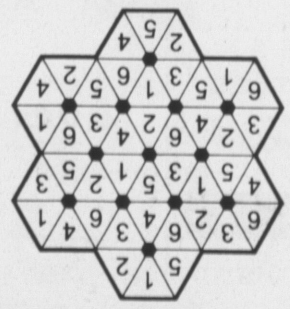
SNOWFLAKES solution



Go Figure! answers

	3		9		4
4	3	÷	6	×	2
	×		+		÷
7	4	−	3	+	8
	−		÷		×
2	5	÷	9	+	1

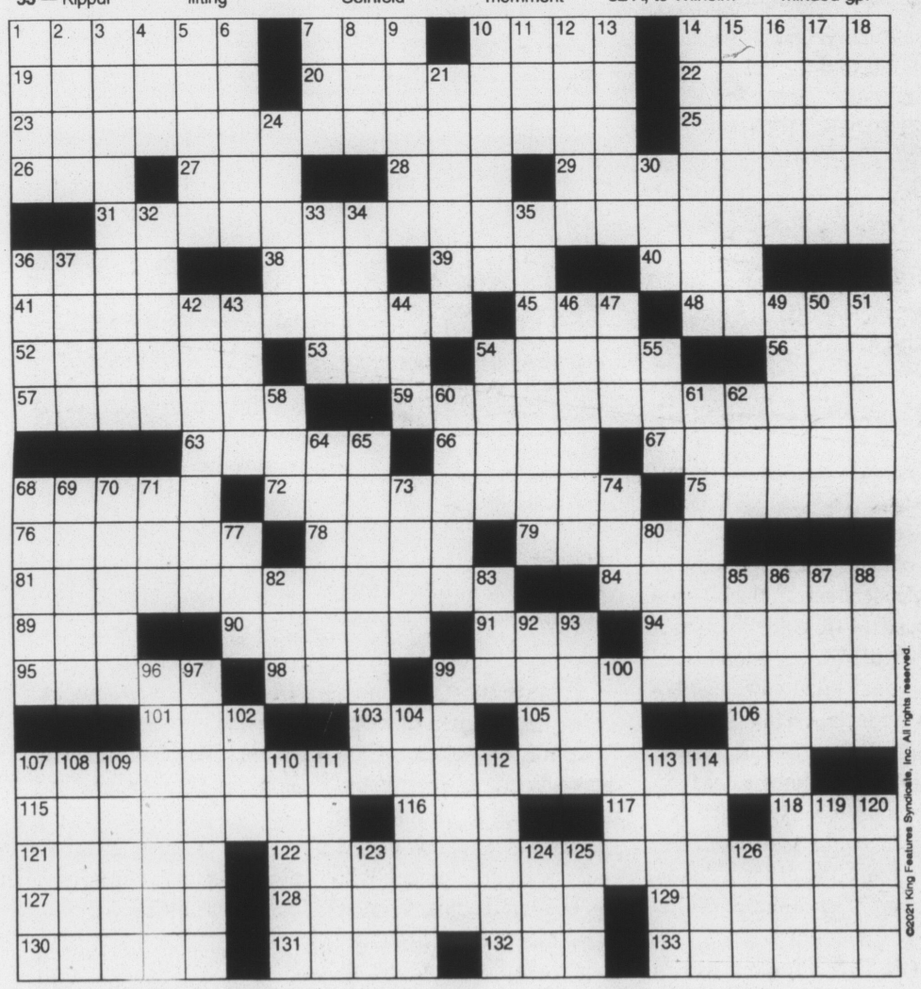
Stickelers Answer

Alison is the second-oldest.

Super Crossword — OFF DUTY

ACROSS
1 Pillager
7 Branch of Buddhism
10 Mosque minister
14 Stallone role
19 Large lizard
20 Shirt-pocket audio player
22 Wine coolers
23 Gasohol, e.g.
25 Italy's largest port
26 Apartment, e.g.: Abbr.
27 Sculling need
28 That, in Spanish
29 America's Cup sport
31 Passed-on value system, say
36 Ever and —
38 "The Fresh Prince of — -Air"
39 Volkswagen hatchback
40 Ellipsis bit
41 Serious moral offense
45 Big Apple airport code
48 Superbright colors
52 "Relax, GI!"
53 — Kippur
54 Song of thanksgiving
56 Drink sample
57 Tattoos and piercings
59 Journalistic profession
63 Childbirth assistant
66 Two-spinoff CBS series
67 Quit sleeping
68 Very manly
72 Like gross profits ... or how the ends of eight answers in this puzzle might appear
75 Digital greeting
76 Illicit love affairs
78 Helen's city
79 4-point Scrabble piece
81 Events to move merchandise for charity
84 Redgrave of film
89 Ending for Canton
90 Leg bone
91 Pro hoops gp.
94 Tested the weight of by lifting
95 Take hold
98 Flanders on "The Simpsons"
99 Bucolic byway
101 Here-there linkup
103 Madam's partner
105 Plains tribe
106 Shady giants
107 Earnings not allocated for necessary items
115 Very brave
116 Adam's partner
117 Suffix with northwest
118 Provided with a meal
121 Razor-honing band
122 It may be trespassed on
127 Move around like a baby
128 Bristlecone, for one
129 "Tru" subject
130 Made of turf
131 River through Flanders
132 37-Down part: Abbr.
133 Neighbor on "Seinfeld"

DOWN
1 Perjurer, e.g.
2 Leer at
3 Earned more points than
4 — Bo (fitness system)
5 Register, to a Brit
6 Rushed toward
7 Pimple
8 Start for dermis
9 Many a fiction book
10 Newborn
11 Egyptian — (certain cat)
12 In the blink of —
13 Grinding tooth
14 "You said it!"
15 Transparency film
16 "MIB" part
17 Ride to bust
18 Plains tribe
21 Fashion
24 Caribbean isle
30 "El —" (1961 epic film)
32 Oct. 24 observance
33 Count (on)
34 Besides that
35 Boisterous merriment
36 Hail — (yell "Taxi!")
37 Western mil. alliance
42 Dancer Duncan
43 Roman despot
44 Global financial gp.
46 Reaches
47 Jacuzzi sigh
49 Honshu port
50 Saltpeter
51 Fork out
54 Purple-brown
55 School lobby gp.
58 Soaking spot
60 One way to serve ham or pastrami
61 "It's Pat" star Julia
62 Tic-toe linkup
64 Leaves alone
65 "Yes, sorry to say"
68 Former fillies
69 Entertain
70 Tailed orbiter
71 Engine noise
73 Dancing girl in "Return of the Jedi"
74 VII times II
77 Boss of a cpl.
80 Actor Bert of "The Wizard of Oz"
82 A, to Wilhelm
83 — -cone (frozen treat)
85 Actor — Zimbalist Jr.
86 Robbed
87 Stitched line
88 Counts up
92 Wave-tossed bobber
93 Voting "no"
96 Exclusive group of people
97 Lack of a response
99 Fancy tie
100 Copier ink
102 Agent, for short
104 "The nerve!"
107 Wafers, e.g.
108 Prelim
109 Fine fiddle
110 Prone to tilt
111 "The Wire" actor Elba
112 Trendy again
113 Earthen pot
114 Comparable (with)
119 Feminizing suffix
120 Batik artisan
123 Feminizing suffix
124 Ending for cannon
125 Cribbage pin
126 Green-minded gp.



celebrity extra

by Dana Jackson

Q: Is "Mr. Mayor" coming back for a second season? I thought it was pretty good, but mainly because I've always loved Ted Danson. I hope the network gives it another chance. – *S.P.*

A: Despite mixed reviews from critics, the latest Ted Danson series, "Mr. Mayor," will return to NBC's Tuesday night comedy lineup this spring. Hopefully you didn't miss its holiday special on Dec. 15 titled "Mr. Mayor's Magical Christmas Eve." The new season will begin on March 15 at 8 p.m. ET, followed by "Young Rock" at 8:30 pm.

This is the fourth network sitcom Danson has headlined. He played a retired baseball player turned bar owner in "Cheers," a grumpy physician in "Becker" and a demon with a heart of gold in "The Good Place." In his newest project, he plays a wealthy businessman who successfully runs for mayor of Los Angeles – even though he has no idea what he's doing. He's joined by Oscar-winner Holly Hunter and former "Saturday Night Live" star Bobby Moynihan. The show also has good pedigree behind the camera with Tina Fey and Robert Carlock, the creative team behind "30 Rock."

***

Q: Whatever happened to the actor who played Sayid in the TV series "Lost"? He was so good in that and had such great chemistry with his co-stars, but I haven't seen him in anything since. – *A.S.*

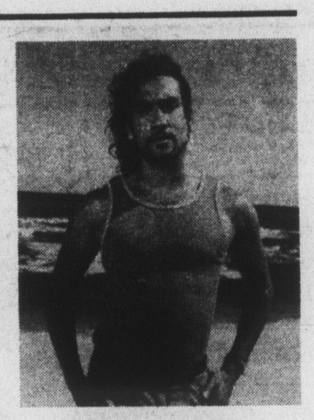
A: The main cast of "Lost" became household names shortly after it premiered in 2004, including Naveen Andrews, who played one of the heroic survivors of the fictional Oceanic Flight 815. He's worked steadily ever since in short-lived series like "Sense8" and "Instinct."

Next up, he'll co-star alongside Amanda Seyfried in "The Dropout" on Hulu, which is based on Elizabeth Holmes, the young biotech company owner who was on trial for fraud. Andrews will play Holmes' older Svengali-esque boyfriend and business partner, Sunny Balwani. Look for the eight-episode limited series to debut on Hulu beginning March 3.

***

Q: Is it true that Denise Richards is returning to "The Real Housewives of Beverly Hills"? I hope they get rid of Erika Jayne and invite Denise back. – *R.V.*

A: After just two seasons on the Beverly Hills chapter of Bravo's "The Real Housewives," actress Denise Richards had had enough. Playing Shauna on the daytime soap



Naveen Andrews
Photo Credit: ABC

"The Bold and the Beautiful" is a walk in the park compared to the drama she was involved in on "RHoBH," and she has vowed not to return. However, cast member Garcelle Beauvais later told producer Andy Cohen that Richards was open to returning, but that "somebody's gotta go." That person is likely Lisa Rinna, who caused Richards so much grief.

Richards later told "Entertainment Tonight" that she really did enjoy working on the show and "had fun with most of the women – not all." It's probably too late though for her to rejoin in time for the upcoming 12th season, as it's already started filming.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Sanctify	__ __ E __ __	Nirvana	__ __ I __ __
2. Wisconsin player	__ __ __ __ __ R	Tiny ketchup container	__ __ __ __ __ T
3. Clamor	__ __ I __ __	Like Odin or Thor	__ __ R __ __
4. Group of longhorn	__ __ T __ __ __	Palace	__ __ S __ __ __
5. Frighten	__ C __ __ __	Gaze into space	__ T __ __ __
6. Intermediate	__ I __ __ __ __	Jumble, confuse	__ U __ __ __ __
7. Semi or pick-up	__ __ U __ __	Runner's course	__ __ A __ __
8. Endowment	__ R __ __ __	Titan	__ I __ __ __
9. Spaceship	R __ __ __ __ __	Electrical outlet	S __ __ __ __ __
10. Loom user	__ __ __ V __ __	Not as strong	__ __ __ K __ __

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Weekly SUDOKU

by Linda Thistle

		7	5			3		
	6				4		8	
5				8		1		9
		4	2					3
1				4		7		
	9	8			7		5	
		3		5	1			2
9			7			6		
	2			6			3	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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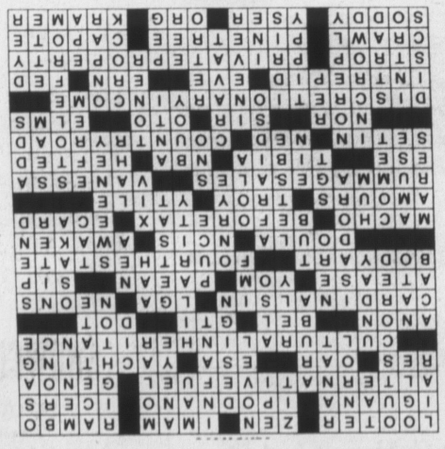
Super Crossword — Answers



Even Exchange answers

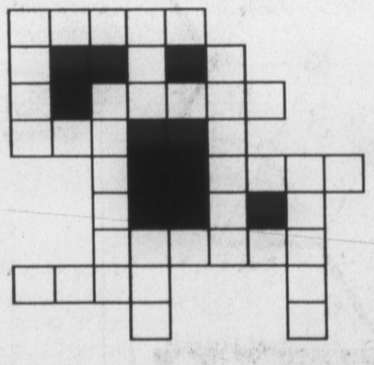
1. Bless, Bliss
2. Packer, Packet
3. Noise, Norse
4. Cattle, Castle
5. Scare, Stare
6. Middle, Muddle
7. Truck, Track
8. Grant, Giant
9. Rocket, Socket
10. Weaver, Weaker

FEAR KNOT™

By: rj johnson

DOUBT? ...OR DARE!

OFE
DRAFEO
KROST
OOLS
♥FOSFET
♥ELE
ECFL
FELYA
♥TAF
♥SORFEC
♥TELCA
♥EIFL



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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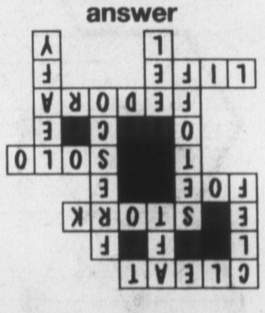
FEAR KNOT answer



Weekly SUDOKU — Answer

4	2	1	8	6	9	5	3	7
9	8	5	7	2	3	6	1	4
6	7	3	4	5	1	8	9	2
2	9	8	6	3	7	4	5	1
1	3	6	9	4	5	7	2	8
7	5	4	2	1	8	9	6	3
5	4	2	3	8	6	1	7	9
3	6	9	1	7	4	2	8	5
8	1	7	5	9	2	3	4	6

DEC 29 2021

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas

R.F.D.

by Mike Marland

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Later **TERAF** ___ ☐ ___ ___ ☐ ___

Fervent **RANTED** ☐ ___ ☐ ___ ___ ___

Blanket **EARLY** ___ ☐ ___ ___ ___ ___

Temple **SHINER** ___ ___ ___ ☐ ___ ___

"It's the ones you were _____ it would be."

TODAY'S WORD

___ ___ ___ ___ ___ ___

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	(5)	3	■	(2)
(5)	■	(1)	3	4
3	4	■	1	(5)
4	■	(2)	■	(3)
(2)	(1)	(5)	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	4	4	1	3	2
4	5	2	3	2	6
5	6	6	6	2	4
5	3	5	6	2	1
3	2	1	1	4	3
2	6	4	2	1	3

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Paw's corner

by Sam Mazzotta

Cat Voices Displeasure With Zoom Meeting Ban

DEAR PAW'S CORNER: During the pandemic, my cat "Rusty" would jump into my lap or roam across my keyboard during Zoom meetings with the rest of my team. Everyone thought it was funny. Last month I was hired to work remotely for a new company. My supervisor told me the cat cannot appear on screen. If I put Rusty into the bathroom during video calls (I have a studio apartment), he yowls loudly until I let him out. What can I do? I need to keep this job. – *Jake V., Alexandria, Virginia*

DEAR JAKE: Pets can be a lot of fun to introduce in casual business meetings, but they can't always be present, especially if your boss has forbidden it. Here are some things you can try:

– Create a "go to work" routine. We tend to follow the same format every morning (wake up, drink coffee, get dressed, sit at our computer), so add two things to the routine: attention time with Rusty, and leaving for work. Give Rusty 10-15 minutes of undivided attention somewhere between coffee and getting dressed. Once you're dressed, say "I'm going to work!" loudly, and ignore Rusty for several minutes.

– Make Rusty more comfortable when separated from you. Put his favorite cat bed, toys and drinking water into the bathroom when he's sequestered.

– Teach "go away" signals. Make a hissing noise or snap your fingers when Rusty tries to jump up.

– Set up physical barriers around the desk, like sticky-side-up duct tape.

– Wear headphones during calls if Rusty continues to meow.

– Incorporate "attention breaks" during the day where Rusty gets your undivided attention, away from the desk.

The more structure you can build into a remote workday, the better. If Rusty can count on a comfortable, sequestered space during meetings, plus regular attention breaks from you, he may settle down – and save your job.

Send your tips, questions or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of December 27, 2021

Video On Demand

1. Shang-Chi and the Legend of the Ten Rings (PG-13) Simu Liu
2. Cry Macho (PG-13) Clint Eastwood
3. Copshop (R) Gerald Butler
4. Jungle Cruise (PG-13) Dwayne Johnson
5. Free Guy (PG-13) Ryan Reynolds
6. Candyman (R) Yahya Abdul-Mateen II
7. Stillwater (R) Matt Damon
8. Old (PG-13) Gael García Bernal
9. Malignant (R) Annabelle Wallis
10. The Last Son (R) Sam Worthington

DVD, Blu-ray Sales

1. Shang-Chi and the Legend of the Ten Rings (PG-13) Disney/Marvel
2. The Grinch* (PG) Universal
3. How the Grinch Stole Christmas* (PG) Universal
4. Elf* (PG) Warner
5. Jungle Cruise (PG-13) Disney
6. The Polar Express* (G) Warner
7. Cry Macho (PG-13) Warner
8. National Lampoon's Christmas Vacation* (PG-13) Warner
9. A Charlie Brown Christmas* (TV-G) Warner
10. Ron's Gone Wrong (PG) Disney/20th Century

*Re-release

Source: Comscore/ Media Play News

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Hitori answer

2	6	4	2	1	3
3	2	1	1	4	3
5	3	5	6	2	1
5	6	6	6	2	4
4	5	2	3	2	6
2	4	4	1	3	2

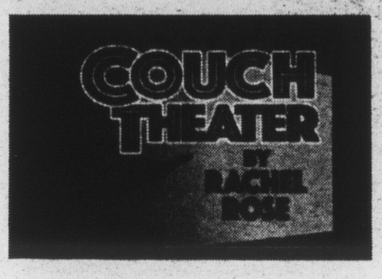
SCRAMBLERS solution

AFRAID

Today's Word

1. After 2. Ardent; 3. Layer; 4. Shrine

MORE FUN



Cobra Kai (TV-14) — One of the most popular binge-watch selections of the entire pandemic time arrives at its final season. When Season 3 left off, the students of dueling dojos Miyagi-Do, Eagle Fang and Cobra Kai had an epic group fight at the LaRusso house, with one of the biggest feuds being that between Sam LaRusso and instigator Tory. No doubt this ongoing animosity will elevate in Season 4. We also know Jon Kreese's old buddy Terry Silver (from Karate Kid III) shows up to lend a heavy hand toward Kreese's plot to raise Cobra Kai dojo back to champion level at the All-Valley Karate Tournament. What remains to be seen is whether Daniel and Johnny will finally work together to defeat Kreese once and for all. So pop a cold Coors Banquet and pick your team; this series will no doubt end with a bang. (Netflix)

Sergio Mendes in the Key of Joy (NR) — This documentary about Brazilian musical legend Sergio Mendes debuted at the 2020 Santa Barbara International Film Festival but bears another mention. Fellow musicians including John Legend and Quincy Jones honor Mendes' achievements and catalog of work over the past 60 years. The composer, vocalist and musical pioneer credited with bringing Brazilian music to the world is heralded and honored for his creative contributions and inspiration to musicians everywhere. (Peacock)

Lady of the Manor (R) — Starring Melanie Lynskey (who will always be to me the one who had "a baby ... in a bar" in "Sweet Home Alabama"), this movie is cleverly original. Lynskey plays Hannah, an unenthusiastic, costumed docent at a historical estate. When she begins seeing and conversing with the ghost of the woman whom she portrays on her tours, she gains a new motivation to change her act. Judy Greer as the spirit Lady Wadsworth is both charming and snarky, ping-ponging between instructing Hannah on the proper history of the manor and being mystified by present-day technology. (Prime Video)

Netflix

Ralph Macchio is Daniel LaRusso in "Cobra Kai"

Head of the Class (TV-PG) — Of all the 1980s sitcoms I watched growing up, this was not one I ever wished would make a comeback, but here we are. In the reboot, Howard Hesseman has been replaced by Isabella Gomez as the unlikely new teacher of an ethnically and orientationally diverse class of gifted overachievers. The high school is now located in L.A. instead of Manhattan, but the basic plot remains the same: smart kids who need an adult friend to guide them through life's non-academic problems. Original cast member Robin Givens returns to reprise her role as Darlene, now the parent of a student in the class. (HBOMax)

The '80s: Top Ten — I don't even care what he's counting down; if Rob Lowe is hosting, I'm watching. In each of six episodes, Lowe will count down a different top 10 list about various 1980s pop culture topics, with input from celebrities of "the decade that we just can't quit," including Jon Lovitz and Joan Collins. After debuting Dec. 31 on Disney+, the series will switch over to NatGeo. (Disney+)

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Puzzles4Kids

by Helene Hovanec

RIDDLE SEARCH – UNUSUAL HAMBURGER TOPPINGS

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **What do snowmen put on their burgers?**

AVOCADO
BACON
CHIPS
CORN
EGGPLANT
HAM
KALE
KETCHUP
LETTUCE
MAYO
MUSTARD
OKRA
OLIVE
ONION
PEPPERS
PESTO
PICKLE
SALSA
SALT
TOMATO

P	I	C	K	L	E	V	I	L	O	
E	E	G	G	P	L	A	N	T	D	
P	C	S	O	T	A	M	O	T	A	
P	K	E	T	C	H	U	P	S	C	
E	M	A	Y	O	H	S	I	A	O	
R	L	E	C	U	T	T	E	L	V	
S	L	O	Y	M	L	A	L	S	A	
S	R	A	A	U	A	R	A	A	R	
N	C	H	I	P	S	D	K	C	K	
E	B	A	C	O	N	O	I	N	O	

Riddle answer: _ _ _ _ _ _ _ _ _ _ _ _ _ _ _.

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Less Mercury in Flu Shot Than in Can of Tuna

DEAR DR. ROACH: How much mercury is safe? -- *A.C.*

ANSWER: The chemical element mercury exists in three forms: elemental mercury, which is the kind in thermometers; inorganic mercury, especially mercuric chloride; and organic mercury, including methyl and ethyl mercury. All of these have toxicities, but the types of toxicities are different for each, and the safe level depends on which type it is.

Elemental mercury is dangerous primarily when it is inhaled, which occurs mainly in occupational settings. Accidental swallowing of the small amount of mercury in a thermometer has very low toxicity, but I still don't recommend it. Inorganic mercury is seldom a problem, as it is almost never used these days in the U.S. and Canada. Most products containing this form of mercury have been banned.

Methyl mercury is the major concern for consumers, as this is found in fish. It accumulates in the environment, and tends to be worst in larger fish, which eat the smaller fish and over their lifetime accumulate the methyl mercury, which was formerly used as a fungicide. The Environmental Protection Agency warns an average-size person not to exceed 70 mcg per day of methyl mercury: Below this dose, toxicity is unlikely. This translates to two to three servings of fish per week, but no more than one serving of highest-risk fish for methyl mercury per week. High-risk sources include most tuna, halibut and snapper.

Ethyl mercury is significantly less toxic than methyl mercury, as it is removed from the body more quickly. There is no EPA recommendation for ethyl mercury levels. Ethyl mercury has been used as a preservative in vaccines, but it has been removed from all childhood and most adult vaccines. It is still used in some flu vaccines -- the ones in multidose vials: Single-use vials do not need a preservative. The amount of ethyl mercury in a flu shot is less than the more dangerous methyl mercury found in a can of tuna.

***

DEAR DR. ROACH: I have been experiencing spells of dizziness (not spinning), along with tiredness and feeling out of breath. I take tamoxifen to prevent breast cancer. When I started, my red blood cell count was normal at 3.95, but now it is low at 3.61. Could tamoxifen be causing the dizziness? -- *J.Z.*

ANSWER: Tamoxifen has both estrogen-like and anti-estrogen effects, and has been shown to reduce risk of breast cancer in high-risk women. However, it has many potential side effects, including hot flashes, blood clots, endometrial disease and coronary artery disease risk.

Two less-common side effects are dizziness and anemia. Dizziness can mean vertigo (often described as spinning), but also lightheadedness, which is what I think you mean.

I suspect your case is due to the tamoxifen relaxing your blood vessels (called vasodilation), which leads to flushing and low blood pressure. However, about 5% of women taking tamoxifen will have anemia. (A low red blood cell count is a sign of anemia, although it is more common to follow hemoglobin level or hematocrit percentage.) The combination of vasodilation and anemia could certainly cause dizziness.

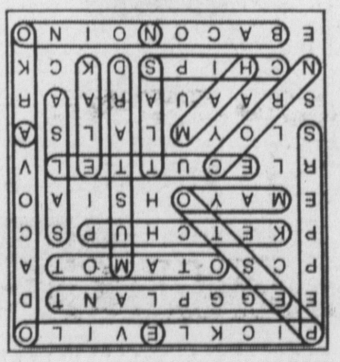
If continuing the tamoxifen is important to you in preventing breast cancer, you could try increasing your salt and water intake. Discuss this with your doctor ahead of time to be sure your blood pressure can handle that.

Puzzles4Kids

Answer

Chilly sauce.

Riddle Answer:



Comfort foods

Made fast and healthy

by Healthy Exchanges

Biscuit Breakfast Scramble

When my grandkids stay overnight, I like to serve them dishes like this. It doesn't take very long to prepare, but they think I've made a big fuss over them. Let them keep on thinking that!

- *6 eggs, beaten or equivalent in egg substitute*
- *1/2 teaspoon lemon pepper*
- *2/3 cup nonfat dry milk powder*
- *2/3 cup water*
- *2 teaspoons prepared yellow mustard*
- *1 tablespoon dried parsley flakes*
- *3/4 cup shredded reduced-fat Cheddar cheese*
- *1 cup diced extra-lean ham*
- *1 (7.5-ounce) can refrigerated buttermilk biscuits*

1. Preheat oven to 375 F. Spray an 8-by-8-inch baking dish and a large skillet with butter-flavored cooking spray. In the skillet, combine eggs and lemon pepper. Cook over medium heat until eggs are set, stirring often. Set aside.

2. In a medium saucepan, combine dry milk powder and water. Stir in mustard and parsley flakes. Add Cheddar cheese. Mix well to combine. Cook over medium heat until cheese is melted, stirring constantly. Remove from heat.

3. Fold in ham and cooked eggs. Spread mixture into prepared baking dish. Separate biscuits and cut each into 4 pieces. Evenly sprinkle biscuit pieces over top of egg mixture. Lightly spray tops of biscuit pieces with butter-flavored cooking spray.

4. Bake for 15 to 20 minutes or until biscuits are golden brown. Place baking dish on a wire rack and let set for 5 minutes. Makes 6 servings.

• Each serving equals: 262 calories, 10g fat, 20g protein, 23g carb., 839mg sodium, 2g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Starch.

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1. Which Eagles song netted a Grammy for Record of the Year in 1978?
2. What did Bob Dylan, George Harrison, Jeff Lynne, Roy Orbison and Tom Petty have in common?
3. Which Neil Sedaka tune was released as both a slow ballad and a fast pop song?
4. Who released "Tighten Up"?
5. Name the song that contains this lyric: "Lonely rivers flow to the sea, to the sea, To the open arms of the sea."

Answers

1. "Hotel California." Rolling Stone magazine rated it at No. 49 on the list of "The 500 Greatest Songs of All Time."
2. They joined together in 1988 as the Traveling Wilburys and released two albums.
3. "Breaking Up Is Hard to Do," in 1962 and 1975. The "doo-be-doo" words at the beginning of the fast version were a place holder, before the lyrics were written. Sedaka decided to keep it as part of the finished song.
4. Archie Bell & the Drells, in 1968.
5. "Unchained Melody," most notably by the Righteous Brothers in 1965. The song was originally written as the theme song for the 1955 film "Unchained," about a prisoner who has to decide whether to escape ... or not.

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Contract Bridge

BELIEVE IT OR NOT!

South dealer.
Neither side vulnerable.

NORTH
♠K J 9 8 6 3 2
♥K
♦10 7 4
♣A 6

WEST
♠A
♥9 8 4
♦A J 2
♣J 10 9 7 5 3

EAST
♠10 5 4
♥J 10 7 5 2
♦Q 9 8 3
♣4

SOUTH
♠Q 7
♥A Q 6 3
♦K 6 5
♣K Q 8 2

The bidding:

South	West	North	East
1 NT	Pass	4♥	Pass
4♠			

Opening lead — jack of clubs.

This remarkable deal cropped up during the final of the Senior Swiss Teams at the 2012 Summer North American Bridge Championships.

At the first table, North used a Texas Transfer to make his partner declarer at four spades. After West led a club and dummy was tabled, East was surprised that North had not at least explored the possibility of a slam and felt a big swing might be in the offing.

South no doubt thought he was in for an easy time of it, expecting to lose no more than the two missing aces. He won the club with dummy's ace, cashed the heart king and led a club toward his hand. He was planning to win with the king, discard two diamonds from dummy on the A-Q of hearts and then another diamond on the queen of clubs before tackling the trump suit.

That was when the roof caved in. East ruffed the club lead at trick three and returned the queen of diamonds, hoping to find declarer with the king and his partner with the ace and jack.

South misguessed the diamond position by playing low, and East's diamond continuation allowed West to score the A-J. West then led a third round of clubs, ruffed by declarer with dummy's jack. South, who was already down one, now led a spade to the queen, losing to East's ace, whereupon West returned another club. Regardless of what declarer chose to play from dummy, East could not be prevented from scoring a trick with his now-singleton ten of spades, so South finished down three!

At the other table, North-South did make an attempt to get to slam, stopping in five spades when North learned there were two aces missing. Here the defense was not quite as sharp, so declarer escaped for down three to match the result at the first table and gain a tie on the board.

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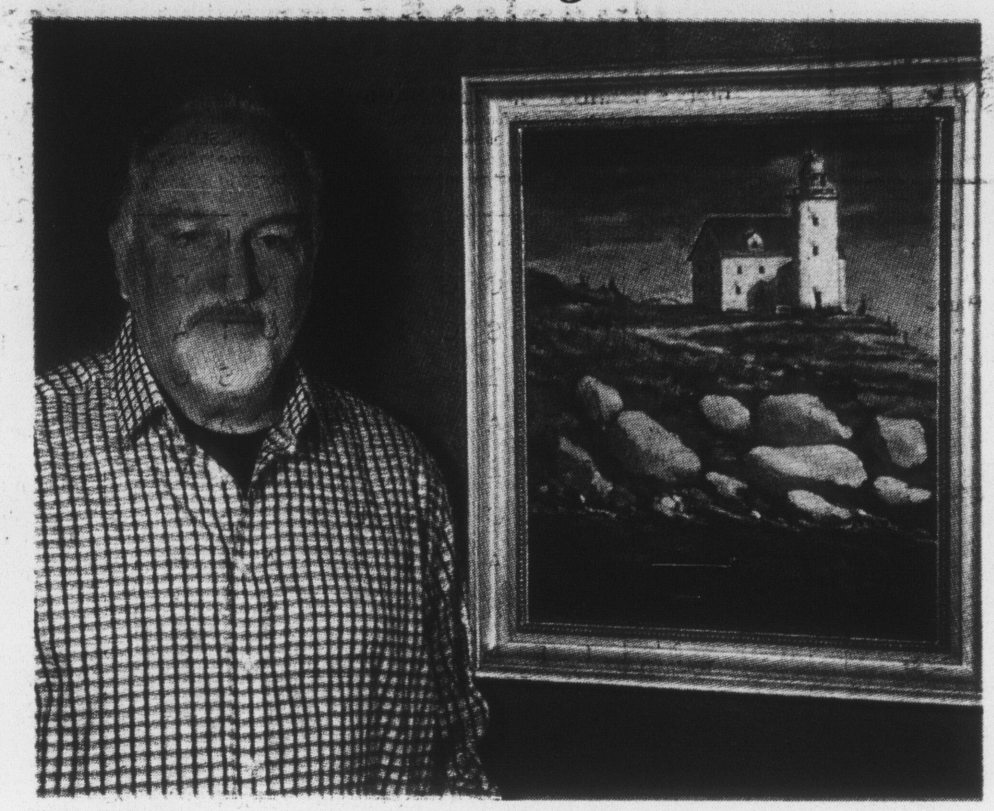
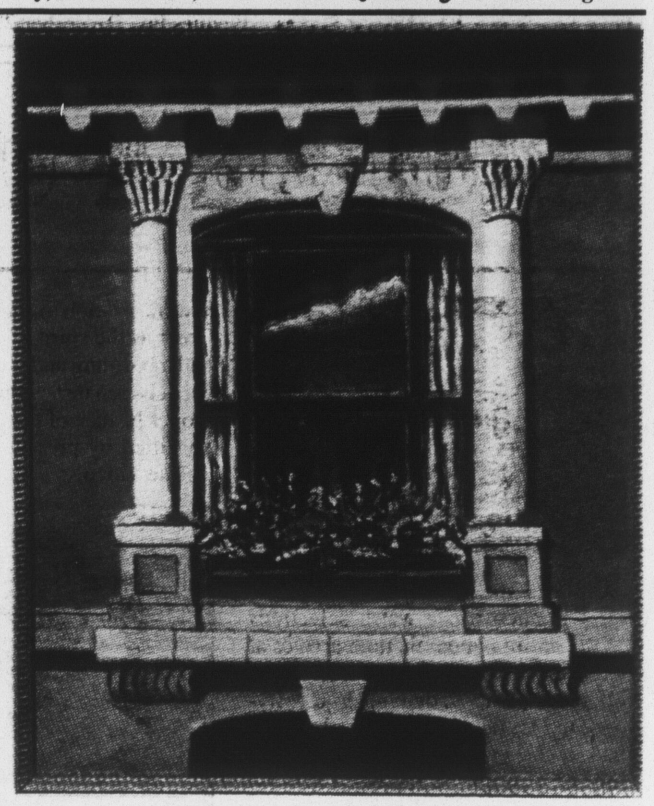
by Steve Becker

DEC 29 2021

Artist Showcase: Phil Johnson





PHIL JOHNSON, artist, with his "Rockland Maine Light." At right is another painting entitled "Beacon Street Morning."
Photos Courtesy Quincy Art Association

Is there any better place than New England to be an artist, not many. Our four full seasons and interesting cities provide endless beach, rocky coast, mountain, foliage, winter and architectural scenes to paint.

I was raised in Boston but have lived in Squantum for the last 35 plus years which is a fantastic place to raise a family and to experience nature year round.

Like most artists as a kid I always enjoyed drawing and especially doodling during classes. It was in college a friend urged me to take a painting class and it was like magic being able to mix paints and create a whole other world on a two dimensional surface. Something from nothing!

I knew then that I wanted to always incorporate painting in my life.

I went on to Architecture school and had a 20 year plus career as a consulting engineer designing hospitals, bio and research laboratories followed by several more years as a manager for a large local construction management firm. However, even with a demanding career and coaching hockey I was still able to keep my finger in the art world and found time to paint on a limited basis. I took various classes and workshops with some amazing local artists.

Having retired 7 years ago and turning my son's bedroom into a studio has allowed me the time and space to paint without a lot of hassles. It's also provided opportunities to spend time on the cape especially around Truro and in Maine to do plein air painting but for the most part I'm a studio artist.

My works are representational but I try to make them painterly using color values and clear brushstrokes to hopefully create an emotional response with the viewer. I'm trying to move towards an even more simplified design and looser approach, as they say in design less is more!

Painters I admire and try to incorporate their impact are Winslow Homer, Bo Bartlett, Richard Schmid and Jackson Pollock among others.

I'm a member of several local art associations especially Quincy and over the years I've had a couple of individual shows but it's through the associations that I primarily show and sell my work.

And if you are not aware QAA now has a fantastic gallery thanks to the city right down town so do yourself a favor and drop by, the local talent is amazing.

I don't currently have a website yet but you can see a few of my works at the gallery.

philjohnson@gmail.com

Paintings Of Artist Stephanie Van Riet Featured At MPL Gallery

The Wotiz Gallery of the Milton Public Library will host the paintings of local artist Stephanie Van Riet from Jan. 6-31.

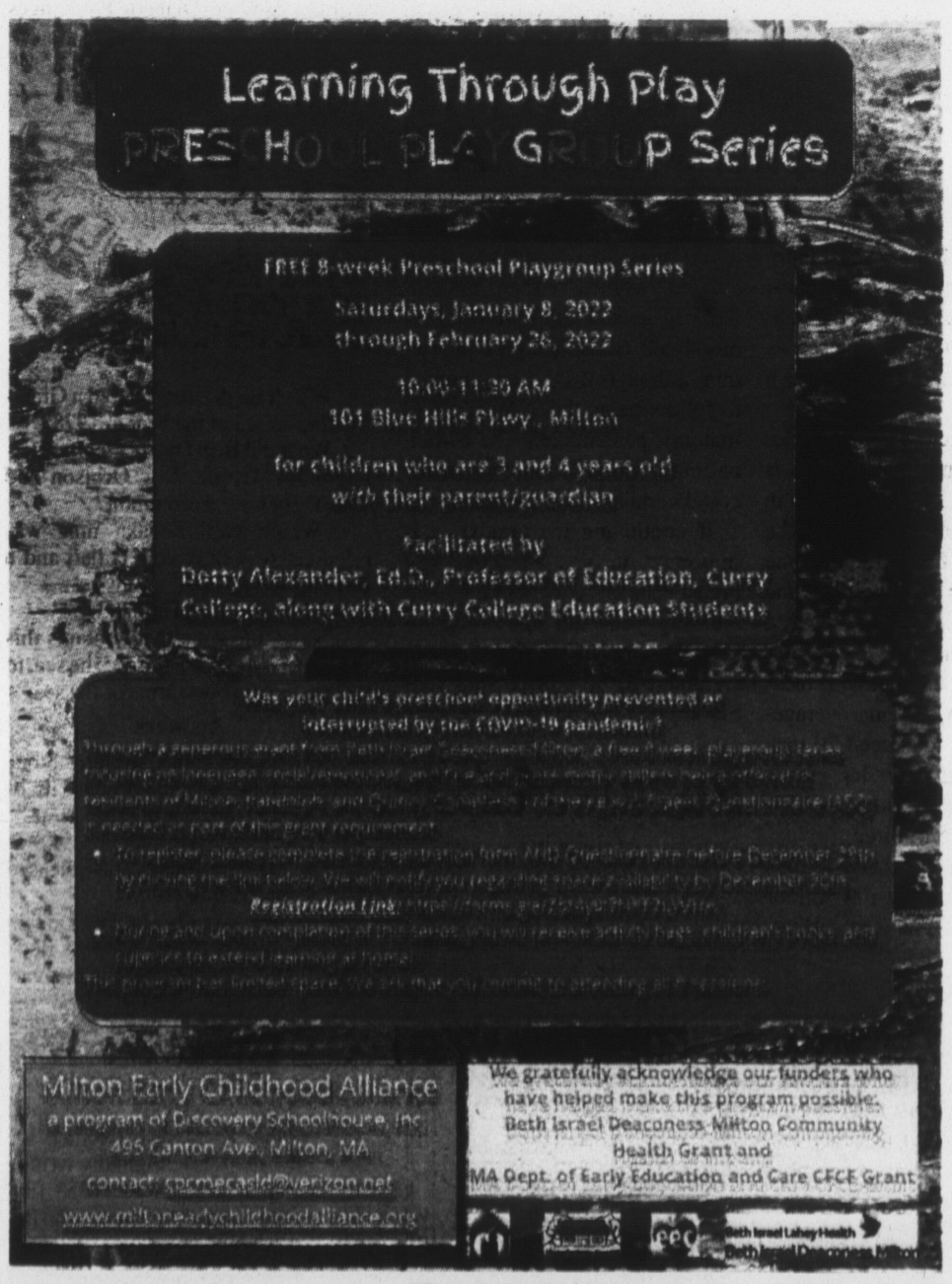
Van Riet will be showing 15 illustrative works composed of gouache, watercolor and colored pencil on paper that focus on the characteristic details of classical architecture and the beauty of the Italian landscape, inspired by her studies of art history and conservation work in the cities of Perugia and Rome in Italy.

Van Riet has a B.A. in Studio Art and Anthropology from Connecticut College and is currently working towards a Post-Baccalaureate certificate in Fine Arts from Brandeis University. Her art practice is informed by her experience in material preservation and exploration of culture, as she examines the world around her through her prints, paintings and paper sculpture. She has taught various art mediums at the Philly Art Center in Philadelphia, PA and at the Charles River Creative Arts Program in MA. In addition to teaching, Van Riet has worked at many art institutions including the Philadelphia Museum of Art, Lyman Allyn Museum of Art in New London, CT, Zullo Gallery in Medfield, MA and The Print Center in Philadelphia, PA.

Her work has been included in several group exhibitions, both in the Boston area and in Connecticut, and she was awarded Juror's Best in Show in her senior Thesis Exhibition, at Connecticut College in 2019. Her ornate and colorful paintings are fun to see, as her affinity for whimsical design and keenness for playful detail evokes a rich nostalgia in each of her creations.

"VISIT TO ASSISI" painting by artist Stephanie Van Riet will be among her artworks on display in the Wotiz Gallery of the Milton Public Library Jan. 6-13.

For more information about applying for an MPL art display, email jhlady@ocln.org or call Jean Hlady at (617) 898-4964, Reference Department. The Milton Public Library is located at 476 Canton Ave., Milton.



ARTIST STEPHANIE VAN RIET

ANOTHER GREAT CROWD was on hand for the 68th annual Quincy Christmas Parade Nov. 28. Here healthcare workers and volunteers from Manet Community Health Center and the Quincy Health Department wave to parade goers. They were honored as the parade's grand marshal for all their work and service during the pandemic. The Grand Marshal Float won the George White Award for Best Quincy Commercial Float. *Quincy Sun photo/Tom Gorman*

QUINCY VETERANS COUNCIL Commander Charles Hurd, left, and Junior Vice Commander Steve Dunlea, center, prepare to place a memorial wreath at the Quincy World War II Memorial in observing the 80th anniversary of the attack on Pearl Harbor Dec. 7.

Quincy Sun Photo/Tom Gorman

Average Residential Property Tax Bill Up $229 To $6,510

Cont'd From Page 26

issues to deal with in our system, and we're dealing with it."

In the same interview, Koch said he planned to start public conversations about the future of the Munroe Building in Quincy Center in the new year. Koch said he still believed Quincy College would be better served if it had a home of its own on that site rather than continuing to rent space at Presidents Place.

2020 The Year in Review

The city held a solemn wreath-laying ceremony at Mount Wollaston Cemetery to mark the 80th anniversary of the Attack on Pearl Harbor.

"There are days that our country should never forget. One would be this day: Dec. 7, 1941," said Charles Hurd, commander of the Quincy Veterans Council. "There are men on this day that we as a people and a nation are forever indebted to."

Supt. Kevin Mulvey said expected the state Department of Secondary and Elementary Education would extend its public school mask mandate past its Jan. 15 expiration date. The mandate had been put in place in late August and was set to expire on Nov. 1 before it was extended into 2022.

Quincy's residential and commercial tax rates were set to decrease again in 2022, but the average owner of a single-family would see their tax bill increase by $229 as home values continue to rise, as city councillors approved a series of measures, introduced by Koch, to help shape the tax rates.

The new residential tax rate for next year is $11.98 per $1,000 of assessed value, down from $12.14 this year. The new rate for commercial, industrial and personal property, also known as the CIPP rate, will decrease from $24.22 to $23.86.

The average assessed value of a single-family home in the city was $543,400, according to city assessor Colleen Healy, up from $517,300 last year, an increase of $26,100 or about 5 percent. As a result of the increase in property values, the tax bill for the average single-family homeowner in the city will increase by $229 to $6,510.

Gov. Charlie Baker announced plans to distribute 2.1 million rapid COVID-19 tests to 100 communities statewide. Quincy was among those communities to receive the tests, getting 18,900 two-test kits to be distributed the city's Health Department and community partners.

Deaths during December included:

George J. Wagner, 92, Eucharist minister, Sacred Heart Church; Donald J. McHugh, 94, general foreman, Boston Globe electrical department; Richard Lombardi, 77, president, Quincy Babe Ruth Baseball; and Jean F. Doyle, 79, coach's secretary, New England Patriots.

Edward Jones

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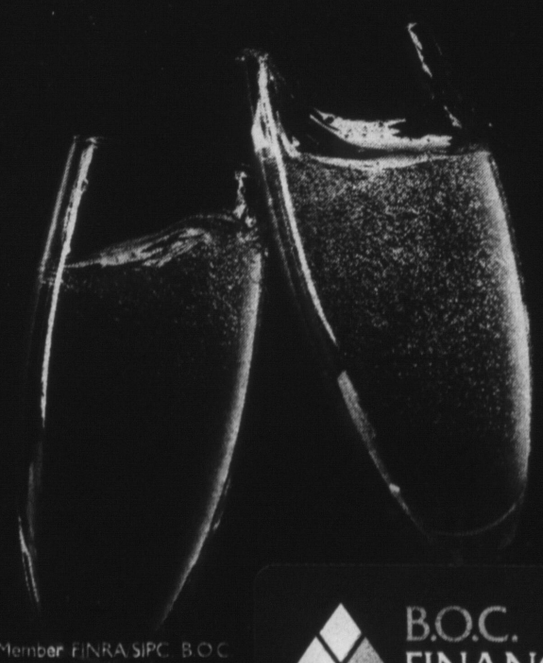

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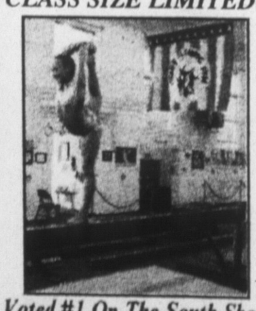

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